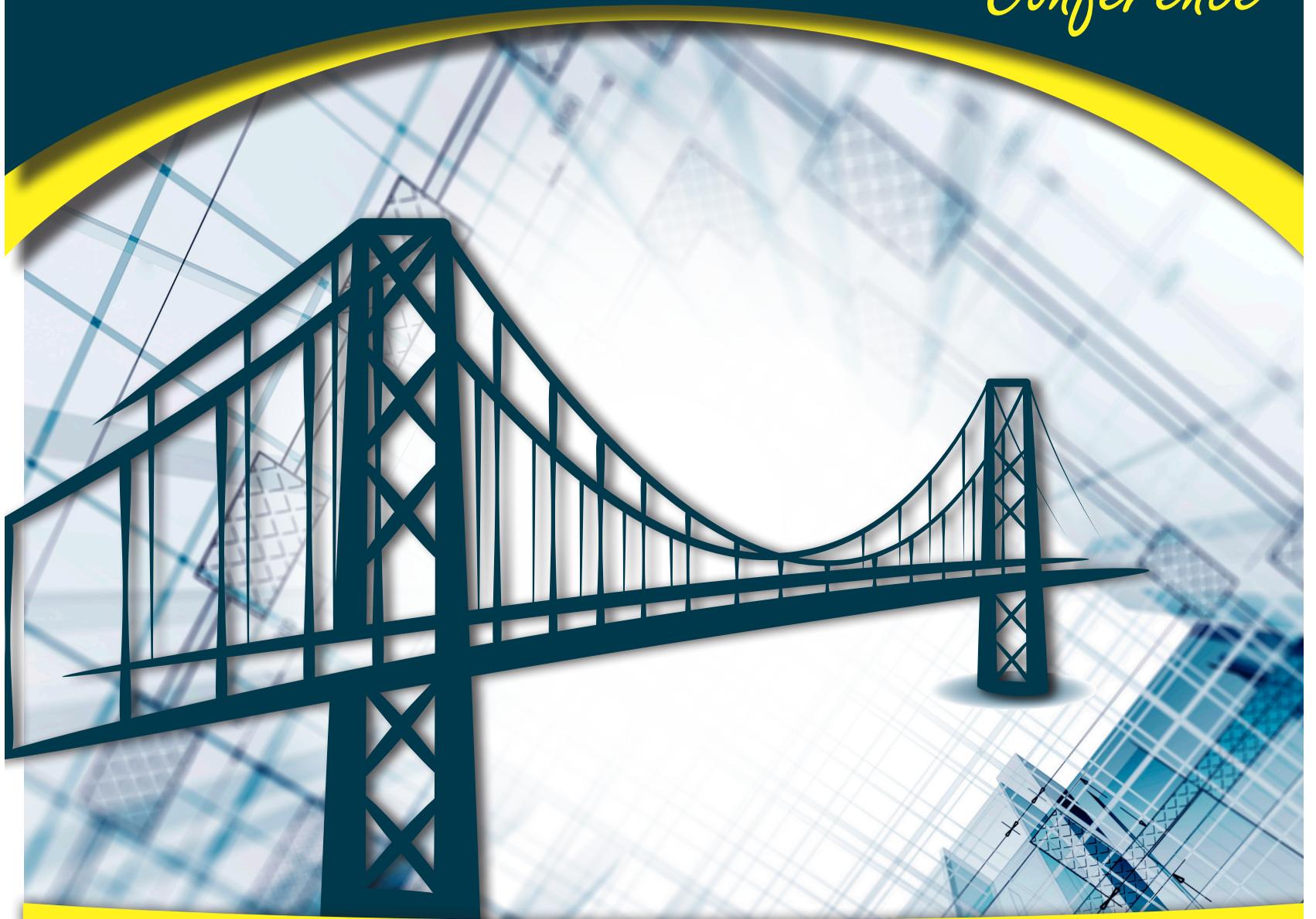


Washington State

Co-Occurring Disorders & Treatment
Conference



September 16-17, 2013 | *Yakima, WA*

Integrated Treatment
-A Bridge to Healthcare Reform

www.co-occurringdisorders-wa.org

Yakima Convention Center Map

Welcome to the
28th Annual Conference

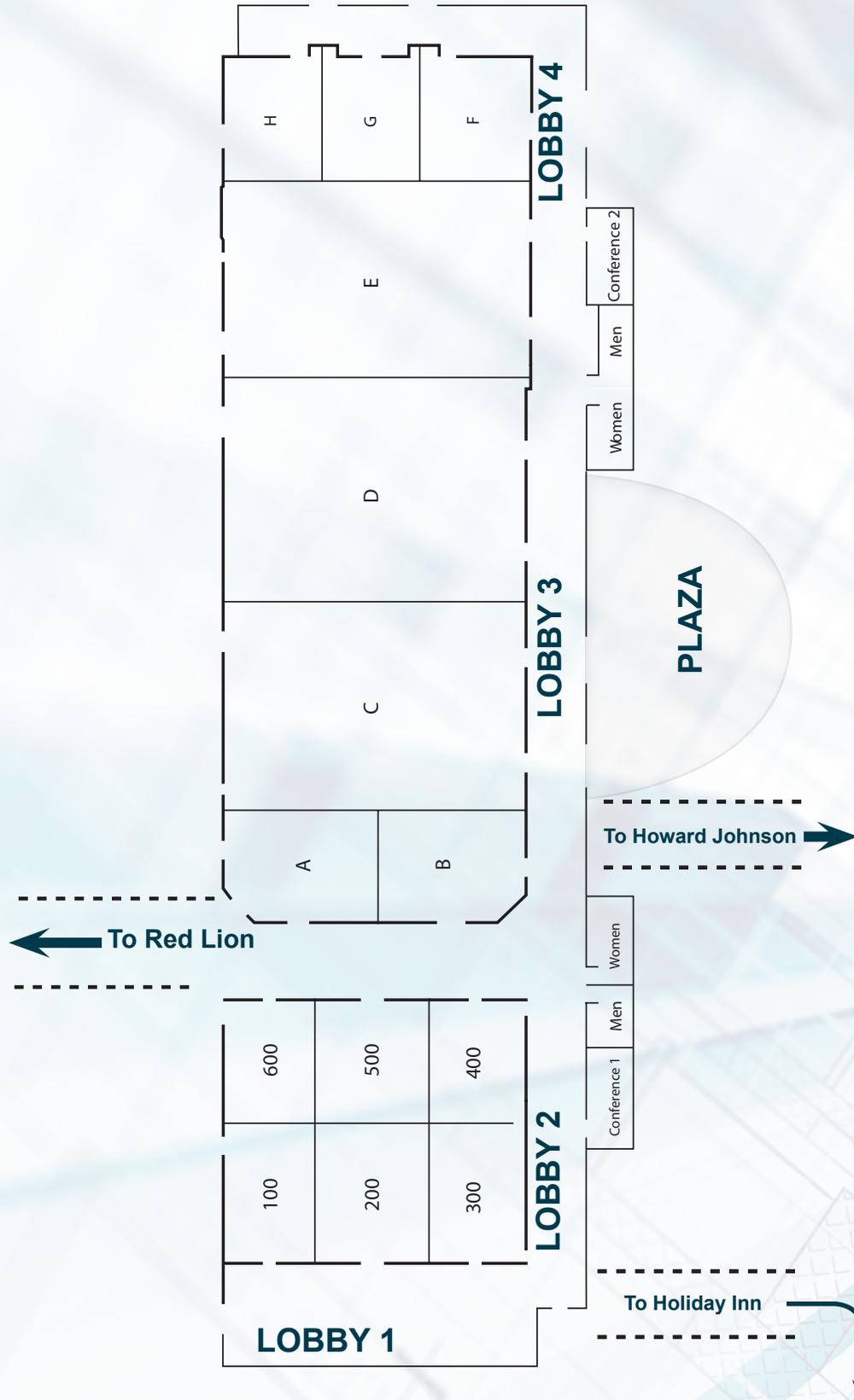


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Committee Members

Tina Burrell, Division of Behavioral Health and Recovery

George Calderon, Pioneer Human Services

Deb Cummins, Division of Behavioral Health and Recovery

Michael Cunningham, Comprehensive/Dependency Health Services

Jennifer Howard, Division of Behavioral Health and Recovery

David Jefferson, Northwest Frontier ATTC, Department of Public Health and Preventive Medicine, Oregon Health and Science University

Michael Kreilkamp, Department of Social and Health Services, Eastern State Hospital

Pam Sacks-Lawler, Juvenile Rehabilitation Administration

Ruth Leonard, Division of Behavioral Health and Recovery, Conference Chair

Gene McConnachie, Development Disabilities Administration

Cheryl Mogensen, Co-occurring Disorders Program Coordinator, Kitsap Mental Health Services

Monica Reeves, Division of Developmental Disabilities

Joseph Rinehart, Greater Lakes Mental Healthcare

Tom Saltrup, Department of Corrections

Ronnie San Nicholas, Division of Behavioral Health and Recovery

Jacob Towle, Juvenile Rehabilitation Administration

Lauri Turkovsky, Division of Behavioral Health and Recovery

2013 Exemplary Service Awardees

Lifetime Achievement: Ron Jackson, M.S.W., LCSW, Executive Director (recently retired), Evergreen Treatment Services

Innovative Program: Juvenile Justice and Rehabilitation Administration ART Program

Innovative Program: True North Student Assistance Program Education Service District 113 (ESD113)

Innovative Program: SeaMar VISIONS

Outstanding Collaborator: Angela Ball, Daybreak Youth Services, Vancouver, Washington

Outstanding Collaborator: Joe Beckett, Spokane County Regional Support Network

Outstanding Service, Individual: Dennis Ballinger, Kent Youth and Family Services, Kent, Washington

Outstanding Service, Individual: Chris Johnson, North West Resources, Olympia, Washington

Sponsors



Washington State
Department of Social
& Health Services

BHSIA Behavioral Health and
Service Integration Administration



DDA Developmental
Disabilities Administration

Exhibitors

ADAI Clearing House
www.adaiclearinghouse.org

**Brain Injury Association of
Washington**
www.braininjurywa.org

**Crisis Clinic - Washington
Recovery Helpline**
www.warecoveryhelpline.org

**Washington State Department
of Social and Health Services/
Behavioral Health and Service
Integration Administration**
www.dshs.wa.gov

Harbor Crest Behavioral Health
www.harborcrestbh.org

Hazelden
www.hazelden.org

Hidden Spring Book Company
206-526-0775,
sammccracken1@comcast.net

**Highline Medical Center/
Specialty Campus**
www.highlinemedicalcenter.org

Kilimanjaro Imports
253-241-1642

**Lakeside-Milam Recovery
Centers**
www.lakesidemilam.com

Meditations Limited
360-556-5889

Meier Clinics
www.meierclinics.com

Millennium Labs
www.millenniumlabs.com

**Northwest Addiction Technology
Transfer Center (NWATTC)**
www.attcnetwork.org/northwest

Nystrom & Associates, Ltd.
www.nystromcounseling.com

Olalla Recovery Centers
www.olalla.org

Oxford House
www.oxfordhouse.org

Residence XII
www.residencexii.org

Sierra Tucson
www.sierratucson.com

Sound Recovery
www.soundrecoverycenters.com

Spectrum Health Systems Inc.
www.spectrumhealthsystems.org

The Change Companies
www.changecompanies.net

The Moore Center
www.moorecenterclinic.com

**The Recovery Center at Valley
General**
[www.valleygeneral.com/services/
Chemical_Dependency.asp](http://www.valleygeneral.com/services/Chemical_Dependency.asp)

Touch of Harmony
360-621-2684

Logistics

Continuing Education Hours and Sign-In Requirement

Participants can earn up to 14 Continuing Education Hours (CEHs) for the conference. In order to provide proof of attendance, participants must sign in at the registration desk each morning. Certificates will be adjusted for non-attendance.

Continuing Education Hours (CEHs) have been approved for the National Association of Alcoholism and Drug Abuse Counselors (NAADAC, #279). Participants may use the certificate to apply for CEHs from other certification/licensing boards.

- Monday: 8.25 hours
- Tuesday: 5.75 hours

Additionally, the Department of Social and Health Services (DSHS) has approved Developmental Disabilities Case Managers to receive 11 CEHs for the general conference.

Ethics Workshop, September 18

An additional 4 or 6 ethics hours may be earned at an Ethics workshop being held at the Yakima Convention Center on Wednesday, September, 18 from 8:00am to 3:00pm, additional fee and registration applies. Participants may register at the general conference desk on a first-come, first-served basis. Those who did not register in advance will receive a digital certificate by email in 10-15 business days following the workshop.

- Wednesday: 4 or 6 hours of Ethics, additional fee and registration applies

Certificate Pick Up

Participants will need to stop by the registration/service desk on Tuesday after the final session in order to pick up a paper/printed certificate. Those who do not pick up a certificate onsite will only receive them by email, and by request only.

Conference Evaluations

Feedback from participants is valuable for many reasons. Please complete and return all conference evaluations for workshops attended. The overall conference evaluation will be available in the closing general session, or at the registration/service desk. You may return a completed evaluation to a conference volunteer or submit one to a representative at the registration/service desk.

Prizes

All participants will receive a raffle ticket in their nametag for a chance to win a prize.

Raffle tickets will be drawn during lunch on Tuesday, September 17 during the closing general session. Must be present to win.

Convention Center Internet Access

The Yakima Convention Center offers complimentary wireless Internet. No password is required. There is also a computer kiosk in Lobby 2 for the convenience of conference participants.

Presentation Handouts and Resources

Participants may download presentation resources and handouts from the conference website. Downloads will be added, as presenters make them available, in alphabetical order by schedule, then the last name of the presenter. A link will be made available from the homepage:

www.co-occurringdisorders-wa.org

CASAT

 Center for the Application of
Substance Abuse Technologies
University of Nevada, Reno

Conference services provided by the Center
for the Application of Substance Abuse
Technologies (CASAT) | 866.617.2816

Featured Speakers



Overview of Post-Traumatic Stress Disorder (PTSD) and Complex Trauma

Monday, September 16 | 8:30 - 9:30am | Ballrooms C/D

Gabriella Grant, M.A., Director, California Center of Excellence for Trauma Informed Care, Santa Cruz, California

Gabriella Grant's plenary session will provide an overview of trauma-informed services for people with co-occurring mental health and substance abuse issues. This presentation will address an overview of PTSD/Complex Trauma and the Adverse Childhood Experiences (ACE) Study findings.

About Gabriella Grant:

Gabriella Grant trains professionals in the social services field an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse. She has worked with criminal justice agencies, the courts, social service agencies and public health departments. As a trained policy analyst, Ms. Grant looks at how understanding the neurobiological effects of trauma, safety and coping can be adapted for effective programming, staff training and policies and procedures to create a therapeutically beneficial milieu for a variety of treatment modalities and outcomes. Her background includes heading the nation's first community corrections-based victim advocacy program for the Maryland Division of Parole and Probation [1996-1999] and running a three-year project funded by the California Department of Public Health to increase access to domestic violence shelters by women with mental health and/or substance abuse issues [2006-2009]. She has a bachelor's degree from Amherst College, a Latin teaching certificate from the Pontifical Gregorian University in Rome, Italy, and a Masters of Arts in Public Policy from the Johns Hopkins University. She has taught at the primary, secondary and university levels and has trained professionals, advocates and consumers in a wide variety of settings. Ms. Grant started working with Dr. Najavits in 2006, when she oversaw a statewide project in California to increase access to domestic violence shelters by women with mental health and/or substance abuse issues. She coordinated the trainings on Seeking Safety and helped guide and evaluate its implementation within domestic violence shelters. She currently conducts Seeking Safety in a community setting.



What's New in the DSM-5 and the New ASAM Criteria? New Directions, New Criteria

Monday, September 16 | 11:30 - 12:30pm | Ballrooms C/D

David Mee-Lee, M.D., Chief Editor, ASAM (American Society of Addiction Medicine) Criteria and Senior Vice President, The Change Companies

David Mee-Lee's plenary session will cover the new DSM-5 and ASAM publications. He will highlight what is new in DSM-5 and the ASAM Criteria since the last published editions, as well as explain how DSM-5 impacts both diagnostic assessments and ASAM Criteria.

About David Mee-Lee:

David Mee-Lee, M.D., is a board-certified psychiatrist, and is certified by the American Board of Addiction Medicine (ABAM). Based in Davis, California, he trains and consults both nationally and internationally. Dr. Mee-Lee has over thirty years of experience in person centered treatment and program development for people with co-occurring mental health and substance use conditions.

Featured Speakers



Stand Up for Mental Health

Monday, September 16 | 1:30 - 2:30pm | Ballrooms C/D

David Granirer, Counselor; Stand-Up Comic; Speaker; Founder, Stand Up for Mental Health; and, Author, *The Happy Neurotic: How Fear and Angst Can Lead to Happiness and Success*

David Granirer will be doing a comedy hour focused on the fields of substance abuse and mental health.

About David Granirer:

David Granirer has taught stand-up comedy to recovering addicts and cancer patients. Stand Up For Mental Health is a program teaching stand-up comedy to mental health consumers as a way of building confidence and fighting public stigma. His work is featured by media throughout the world and in the Voice Award winning documentary, *Cracking Up*. He is the recipient of a Life Unlimited Award from the Depression Bipolar Support Alliance and a Welcome Back Award from the National Council for Behavioral Healthcare. He also received a Champion of Mental Health Award, a national award recognizing individuals who have made outstanding contributions to the advancement of the mental health agenda in Canada.



Emerging Natural and Synthetic Drugs of Abuse

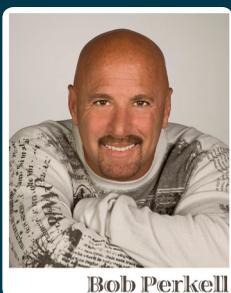
Monday, September 16 | 4:30 - 5:30pm | Ballrooms C/D

Maria G. Guevara, Pharmacist, Clinical Assistant Professor, University of Florida and Clinical Research Educator, Millennium Research Institute and Millennium Laboratories

Maria Guevara will speak to the dangerous trend in substance abuse in the U.S. of “Synthetic” or “designer drugs.” These drugs can be widely available, very potent and dangerous. They are also very difficult to identify and detect. Meanwhile, science and the legal system struggle to catch up. This presentation focuses on synthetic cannabinoids (“spice”), synthetic cathionones (“Bath Salts”), and mitragynine alkaloids (Kratom). The presenter hopes the presentation will help all clinical, medical, and counselor audiences to better understand prevalence and use trends, pharmacologic actions, clinical presentations and urine drug testing implications.

About Maria G. Guevara:

Maria G. Guevara is a pharmacist who has completed specialty residency training in pain management and palliative care. She has practiced as a Clinical Specialist in Pain Management as part of a pharmacy-based consult service for inpatient pain management. She has managed various types of acute and chronic pain, including patients with comorbid psychiatric and substance abuse disorders. She is passionate about education and has given numerous lectures on pain management and substance use and abuse to pharmacists, nurses, counselors, mid-level practitioners and physicians.



Bob Perkell

“Clean and Sober” Comedy Night Featuring Bob Perkell

Monday, September 16, 2013 at 7:00pm | Ballrooms C/D

Bob’s high energy and unpredictable approach to comedy has taken this 24-year veteran of stand-up around the world. From comedy clubs and well over 200 12-step conventions and treatment centers in the U.S. and England, to multiple overseas comedy tours for our military troops in over 10 countries, Bob has kept them laughing every step of the way. He’s appeared on Comedy Central, Showtime and B.E.T.

Bob looks at his comedy as “sharing all the voices in his head out loud.” Audiences look at it as, “just plain funny.”

Featured Speakers



Medicaid Expansion and the Affordable Care Act (ACA) Continuum of Coverage

Tuesday, September 17 | 8:15 - 9:15am

Nathan Johnson, M.A., Policy Director, Washington State Health Care Authority

Nathan Johnson's presentation will be an overview of coverage and benefit implications from the state's decision to implement Medicaid expansion, update implementation activities and how the broader coverage opportunities under the Affordable Care Act (ACA) will extend meaningful, affordable insurance coverage to up to 85% of our adult population.

About Nathan Johnson:

Nathan Johnson serves as the Policy Director at the Washington State Health Care Authority providing leadership for strategic planning and development efforts across state agencies, and in close collaboration with community and business partners, to transform the way Washington purchases and receives health care services toward better health outcomes, improved value and lower costs. Nathan also serves as the state's Health Information Technology Coordinator with responsibility for coordinating statewide programs and activities under the HITECH Act. Nathan previously served four sessions as a research analyst with the Washington State Senate with assignments to the Health Care and Human Services Committees and holds a Master of Arts in Government from Regent University in Virginia Beach, Virginia.



The Increasing Roles of Technology in Diagnosis of, and Recovery from, Behavioral Disorders

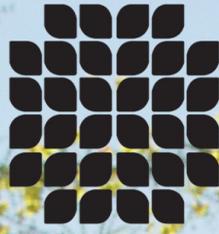
Tuesday, September 17 | 12:30 - 1:30pm

Dennis Moore, Ed.D., Professor Emeritus, Department of Community Health, Boonshoft School of Medicine, Wright State University, Dayton, Ohio

Dennis Moore's plenary session will be an overview of computer- and electronic-assisted recovery, which will address what is currently in use and what is on the horizon. Several real world examples of tools for electronically assisted recovery will be presented. These tools have the promise to improve the quality of recovery, especially for those who struggle to succeed in traditional community-based programs, such as those with cognitive impairments, other disabilities, minority status, or geographic or transportation inaccessibility. As with any tool, technology can have both positive and negative aspects. The drawbacks, limitations, and ethical considerations with these new technologies also will be addressed.

About Dennis Moore:

Dennis Moore's research interests focus on behavioral health issues for persons with disabilities, minority health, substance abuse interventions and drug policy. He has authored or co-authored approximately 50 refereed journal articles relating to rehabilitation, and he has consulted with several federal agencies and numerous states regarding substance abuse policies. He is the former Director of Substance Abuse Resources and Disability Issues (SARDI) and the Rehabilitation Research and Training Center on Substance Abuse, Disability, and Employment (RRTC). He received the 2013 Distinguished Service Award from NARRTC, a national organization comprised of rehabilitation researchers and knowledge translation specialists.



SIERRA TUCSON®

“Compassionate Care, Clinical Excellence”

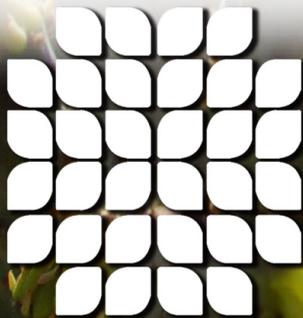
Since 1983, SIERRA TUCSON has been helping people rebuild their lives. Dually licensed as a Special Hospital and Behavioral Health Residential Treatment Center, Sierra Tucson is internationally respected as a leader in the treatment of **co-occurring disorders**. Located near the Santa Catalina Mountains near Tucson, Arizona, Sierra Tucson offers a beautiful healing environment and the highest level of confidentiality.

Sierra Tucson’s multidisciplinary treatment team is comprised of professional, caring staff who utilize a bio-psycho-social-spiritual approach to assure accurate diagnosis and create effective, individualized treatment plans. Sierra Tucson combines Twelve-Step philosophy and psychology with Western and Eastern Medicine, providing a full range of traditional, experiential, and integrative therapies. A dynamic Family Program is included with each person’s treatment to enhance long-term recovery and extend healing to the family. Alumni Services provide follow-up for patient and family member alumni.

Specialized programs include:

- ◆ Addictions / Co-occurring Disorders
- ◆ Eating Disorders
- ◆ Mood & Anxiety Disorders
- ◆ Pain Management
- ◆ Trauma / PTSD
- ◆ Complex Assessment & Diagnosis

Please call for more information!



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Workshop Session I

Monday, September 16, 2013 | 9:45 - 11:15am

Juvenile Justice and Rehabilitation Administration

Suite 100

Behavioral Health Treatment Services: A Comprehensive Approach

Jake Towle, M.P.A., Acting Mental Health Program Administrator, Department of Social and Health Services/Juvenile Rehabilitation Administration (DSHS/JRA) and Pam Sacks-Lawler, M.H.A., CDP, Substance Abuse/Evidenced-Based Program Administrator, Washington State Juvenile Justice and Rehabilitation Administration (JJ&RA)

The co-occurrence of substance use disorders and mental health disorders adversely impact youth involved in the Juvenile Justice System. This workshop provides a fundamental overview of Evidence-Based and Promising Practices incorporated in Juvenile Rehabilitation's Integrated Treatment Model. Participants will explore the impact of both addiction and mental illness, an overview of the theoretical frameworks for both issues, and how to integrate strategies in a way that supports health and change within the Juvenile Justice System.

Health Care Reform

Suite 200

Rhonda Hauff, HCH Coordinator, The Yakima Neighborhood Health

The intent of this workshop is to provide a brief overview on the implementation of the Affordable Care Act and how to get individuals who are seeking services you/your agency provides enrolled in the expanded Medicaid program or on the exchange programs.

"I'm Anxious and Other Tales from the Klonopin Chronicles"

Suite 300

Paul Grekin, M.D., Medical Director, Evergreen Treatment Services and Seattle Counseling

This workshop will explore the phenomenon of anxiety, Anxiety Disorders and their intersection with Substance Use Disorders (SUDs). This workshop will also discuss the pharmacology of benzodiazepines, their therapeutic use and their non-therapeutic use.

Service Systems, Therapeutic Encounters and Culture: Melding Care with the Consumer

Suite 400

Fransing Daisy, Ph.D., LCP, HIV Behavioral Health Educator, Consultant, NW AETC and Cornell Cebrian, M.S.W., ACSW, Harborview Mental Health Services

The healing process from long-term substance abuse and mental illness is a challenge for both consumers and service providers, which invites and requires a collaborative response. Cultural identities manifest in varying communication styles, inter-intra relationships, expectations and expressions of lifestyle, which can be severely affected by the existence of chronic illness and by unilateral treatment interventions. A culturally competent, safe and respectful health care service provider and delivery system can benefit from recognizing and utilizing individual consumer's strengths toward positive health and wellness. This workshop will explore the dynamics of cultural identity and the impact of a chronic illness such as HIV, alteration of life's experience due to substance abuse and mental illness, and how health care providers can effectively initiate and sustain a transformative and healing relationship.

Peers Building the Healthcare Reform Bridge

Suite 500

Clifford Thurston, Founder, Worldbridgers; Rebecca Thornton, Office of U.S. Senator Patty Murray; Max Rowland, Recovery Innovations

Participants will explore environmental change, development of a peer workforce, advocacy, public policy and consumer roles in various settings for systems transformation.

Workshop Session I

Monday, September 16, 2013 | 9:45 - 11:15am

Six Keys to Success for the Client with Intellectual and Developmental Disabilities (IDDs)

Suite 600

David O'Neal, M.S., Department Manager, Sound Mental Health and Letha Fernandez, Star Program, Sound Mental Health

In serving clients with co-occurring substance abuse, mental health problems, and intellectual disability, the STAR program has identified six key facets that make the difference between successful recovery and an unsuccessful discharge. These key points can be generalized to any Chemical Dependency (CD) program and will facilitate client engagement and recovery. Other issues related to substance use in this population will also be explored in this workshop.

Understanding DSM-5: Concepts, Criteria and Implications

Room A

David Mee-Lee, M.D., Chief Editor, ASAM (American Society of Addiction Medicine) Criteria and Senior Vice President, The Change Companies

With changes in the concepts and criteria in DSM-5, clinicians and programs have raised questions about implications for assessment, treatment and payment. What will be the impact on admission criteria and reimbursement? How will the collapsing of Substance Abuse and Dependence into Substance Use Disorders (SUDs) impact access to care and reimbursement? With no multi-axial diagnostic system, how do we present a full picture of a client? What are the implications of changes in Autism Spectrum Disorder and other pervasive developmental disorders for developmental disabilities? This workshop will address these and other issues relevant to addiction and mental health treatment.

Trauma Informed Services

Room B

Gabriella Grant, M.A., Director, California Center of Excellence for Trauma Informed Care, Santa Cruz, California

This workshop provides a brief assessment for participants to develop an awareness of areas to address. Specific attention will be paid to the neurobiology of trauma to focus interventions in helpful directions. A brief look at trauma-informed rules will also be provided.

S.A.F.E. Suicide Awareness for Everyone (Part I)

Room F

Jim Pinnell, M.A., Community Education Coordinator, Central Washington Comprehensive Mental Health

This workshop presents information on suicide prevalence, risk factors, protective factors and common warning signs. The Question, Persuade, Refer (QPR) processes emphasizes that both professionals and non-professionals can effectively intervene to prevent suicides. Part II of S.A.F.E. will cover risk reduction, safety planning and treatment planning. S.A.F.E. Part II will be held on Tuesday, September 17, during Workshop Sessions III and IV, and will be presented by Paul Nagle-McNaughton.

Workshop Session I

Monday, September 16, 2013 | 9:45 - 11:15am

Behavioral Health Licensing, Chapter 388 - 877 WAC:

Room G

New Behavior Rules for Behavioral Health Agencies

Facilitator: Dennis Malmer, Acting Office Chief, Certification Licensing and Customer Relations, Division of Behavioral Health and Recovery (DBHR)

Panel: Julian Gonzales, Supervisor, Certification Section, Division of Behavioral Health and Recovery (DBHR); Pete Marburger, Licensing Supervisor, Division of Behavioral Health and Recovery (DBHR); Amie Roberts, Community Policy Program Administrator, Division of Behavioral Health and Recovery (DBHR); Judy Holman, Mental Health Licensing and Certification Administrator, Division of Behavioral Health and Recovery (DBHR); and Monica Jordan, Mental Health Program Administrator, Division of Behavioral Health and Recovery (DBHR)

The Behavioral Health and Service Integration Administration (BHSIA), Division of Behavioral Health and Recovery (DBHR), has adopted new rules to integrate administrative and program-specific standards for licensing and certifying agencies that provide chemical dependency, mental health, and problem and pathological gambling services. The new rules will streamline administrative requirements for behavioral health agencies, and improve client care. This workshop will provide an overview of the new administrative requirements found in Chapter 388-877 WAC.

Workshop Session II

Monday, September 16, 2013 | 2:45 - 4:15pm

A New Statewide Research Project Focusing on Improving Treatment Performance

Suite 100

Andrea Acevedo, Institute for Behavioral Health, Brandeis University; Deborah Garnick, Institute for Behavioral Health, Brandeis University; Fritz Wrede, Division of Behavioral Health and Recovery (DBHR); Eric Larson, Division of Behavioral Health and Recovery (DBHR)

The Division of Behavioral Health and Recovery (DBHR) is working with researchers at Brandeis University on a study examining the impact of financial incentives and client-specific alerts on agency performance. Substance abuse treatment agencies across the state will be randomly assigned to receive one, both or neither intervention. The presenters will provide a general overview of the study as well as detailed information on the alerts and incentives.

Addiction and Pregnancy

Suite 200

Jim Walsh, M.D., Medical Director, Addiction Recovery Service, Swedish Medical Center

In this workshop, the presenter will review issues in providing comprehensive treatment for pregnant women with substance use problems including coordinating medical care and mental health care with opiate maintenance, as well as outpatient and inpatient addiction treatment options.

Workshop Session II

Monday, September 16, 2013 | 2:45 - 4:15pm

Developmental Disability Administration Crisis Response Services

Suite 300

Monica Reeves, M.Ed., Mental Health and Crisis Services Program, Developmental Disabilities Administration

This workshop will cover newly funded crisis services through the Developmental Disabilities Administration, as well as provide a broad overview of all crisis services offered by the Administration. Newly funded services include Children's Enhanced Respite and Community Crisis Stabilization Services (CCSSs).

Getting the Laughs You Need!

Suite 400

Lead Presenter: David Granirer, Founder, Stand Up For Mental Health

Co-Presenters: Stephanie Lane, Eric Johnson, Michael Haan, Laure Lemke, Peter Loveland

In today's world of mental health, change, stress and tension are major challenges to everyone's wellbeing. Laughter is the cure, the best medicine. It is cod liver oil for the soul. Unlike cod liver a dose of laughter is not only good for you, it also feels good to take! You'll learn how to use humor to overcome burnout, reduce stress, how to use humor at work, build self-esteem, how to use humor as a form of self-care, and how to use humor to cope with change and adversity.

Adverse Childhood Experiences (ACEs)

Suite 500

Judy Hall, Ph.D., Department of Social and Health Services (DSHS), Mental Health Division

Adverse Childhood Experiences (ACEs) are common in Washington State. Sixty-two percent of adults have at least one ACE. ACEs are tied to changes in brain development and increased risk of substance use and abuse. However, recent advances in trauma informed care and resiliency research highlight possible strategies to reduce the impact of ACEs in adults, and reduce the number of ACEs experienced by children. This presentation reviews ACEs in Washington State, provides an overview of the effects on brain development and highlights resiliency and ACE reduction treatment research.

Recovery Memoir: Flatfoot Vertigo

Suite 600

Jane Selkye, Author, *Flatfoot Vertigo*

Flatfoot Vertigo chronicles a naive, troubled 19-year-old's odyssey from cookie-cutter Orange County to punk Hollywood circa 1980 and to the resultant residency on the locked ward. She details her decades – a long recovery through therapy, medication, and Alcoholics Anonymous. In this workshop, Jane will read excerpts, finishing with related live music.

The New ASAM Criteria: Tobacco, Gambling and Special Populations

Room A

David Mee-Lee, M.D., Chief Editor, ASAM (American Society of Addiction Medicine) Criteria and Senior Vice President, The Change Companies

This presentation will inform participants what is new since the last edition of the ASAM PPC-2R (2001). Besides updating participants on what is coming in the new edition in October 2013, this workshop will also help participants apply the Criteria across a wide variety of settings with different populations, including older adults, criminal justice settings, parents with children and safety sensitive occupations. Participants will get a preview of new criteria for Tobacco Use Disorder and Gambling Disorder.

Workshop Session II

Monday, September 16, 2013 | 2:45 - 4:15pm

Overview of PTSD and Complex Trauma

Room B

Gabriella Grant, M.A., Director, California Center of Excellence for Trauma Informed Care, Santa Cruz, California

This workshop looks at how to connect issues related to substance abuse to trauma, stay in the present, address unsafe behaviors and focus on safety. Participants will practice trauma themes and use safety to create a strengths-based approach.

S.A.F.E. Suicide Awareness for Everyone (Part I) (Repeated)

Room F

Jim Pinnell, M.A., Community Education Coordinator, Central Washington Comprehensive Mental Health

This workshop presents information on suicide prevalence, risk factors, protective factors and common warning signs. The Question, Persuade, Refer (QPR) processes emphasizes that both professionals and non-professionals can effectively intervene to prevent suicides. Part II of S.A.F.E. will cover risk reduction, safety planning and treatment planning. S.A.F.E. Part II will be held on Tuesday, September 17, during Workshop Sessions III and IV, and will be presented by Paul Nagle-McNaughton.

Behavioral Health Licensing: WAC 388-877A - Mental Health

Room G

Facilitator: Pete Marburger, Division of Behavioral Health and Recovery (DBHR)

Panel: Dennis Malmer, Acting Office Chief, Certification Licensing and Customer Relations, Division of Behavioral Health and Recovery (DBHR) and Julian Gonzales, Supervisor, Certification Section, Division of Behavioral Health and Recovery (DBHR)

This is an informational review of the new Washington Behavioral Health Licensing and Certification rules that were implemented on September 1, 2013. The Department of Behavioral Health and Recovery (DBHR) staff will present the new or changed WAC standards affecting community mental health agencies. The topics covered will include: outpatient mental health services, crisis mental health services and recovery support services requiring program specific certification. Participants will be given the opportunity to ask questions.

Youth and Family Leadership in Developing FYSPRTs (Family, Youth and System Partner Roundtables)

Room H

Jeanette Barnes, Family Liaison, Division of Behavioral Health and Recovery (DBHR) and Andres Arano, Certified Peer Support Specialist Intern

This workshop presentation will share how the FYSPRT Model creates a platform for family, youth and system partnership based on the following values: respect, equity, reciprocity, partnership, support and empowerment.



Oxford House Incorporated
1010 Wayne Ave. Suite 300
Silver Spring, MD 20910
301-587-2916
www.oxfordhouse.org

Oxford House, Inc., a service organization that serves as the umbrella organization for the worldwide network of Oxford Houses, is dedicated to establishing and maintaining disciplined self-help housing that supports long term recovery from alcoholism, drug addiction and co-occurring mental illness.

In its simplest form, an Oxford House describes a democratically-run, self-supporting and drug free home. Parallel to this concept lays the organization structure of Oxford House, Inc. This publicly supported 501© 3 corporation provides the network connecting all Oxford Houses and allocates resources to duplicate the Oxford House concept where needs arise.

The Oxford House Model provides housing and rehabilitative support for adults recovering from alcohol and/or drug use and who want to remain abstinent. The model is a confederation of chartered community-based, self-supported rental homes that are operated under the umbrella of Oxford House World Services.

Each house is self-governed and has at least six same-sex residents, who have all shared responsibility for adherence to the Oxford House Traditions, on-time payment of household expenses, completion of chores, and successful integration into the community neighborhood. Oxford House Model has no maximum length-of-stay restriction, and on average, a resident stays in an Oxford House for a little more than a year.



Workshop Session III

Tuesday, September 17, 2013 | 9:30 - 11:00am

A New Statewide Research Project Focusing on Improving Treatment Performance

Suite 100

Andrea Acevedo, Institute for Behavioral Health, Brandeis University; Deborah Garnick, Institute for Behavioral Health, Brandeis University; Fritz Wrede, Division of Behavioral Health and Recovery (DBHR); Eric Larson, Division of Behavioral Health and Recovery (DBHR)

The Division of Behavioral Health and Recovery (DBHR) is working with researchers at Brandeis University on a study examining the impact of financial incentives and client-specific alerts on agency performance. Substance abuse treatment agencies across the state will be randomly assigned to receive one, both or neither intervention. We provide a general overview of the study as well as detailed information on the alerts and incentives.

Medication Assisted Treatment (MAT) for Substance Use Disorders (SUDs)

Suite 200

Ron Jackson, M.S.W., LCSW, Executive Director (recently retired), Evergreen Treatment Services

Participants in this presentation will learn about the variety of medications used to treat addiction, how those medications work and, most importantly, how the use of medications fits into a recovery plan. The presentation will also explore the various issues that arise in the implementation and use of Medication Assisted Treatment (MAT), including access to medications, duration of medication usage, coordination of providers, and the interaction between MAT and fellowship support groups.

Medication Assisted Treatment and Recovery (MATR)

Suite 300

Richard Ries, M.D., Professor, Department of Psychiatry, University of Washington and Director, Addictions Division, Harborview Medical Center

Increasingly medications are being used in addiction treatment to facilitate better withdrawal treatment, treatment engagement, early stabilization, and longer term treatment and recovery for certain patients. This review will use both PowerPoint presentations and some short videos to review some of the newest medications, as well as how they can best be integrated into more typical addictions treatment.

Addressing Addiction Issues in Primary Care

Suite 400

David L. Beck, M.D., Chief Medical Officer, Kitsap Mental Health Services

Primary care providers have a vital role in the care of patients with Substance Use Disorders (SUDs). Participants in this workshop will explore the complexities of identifying and providing care for patients with SUDs across the lifespan, including seniors. Tips and tools for evaluation and management will be provided in this workshop.

S.A.F.E. Suicide Awareness for Everyone (Part II)

Room F

Paul Nagle-McNaughton, M.S., Vice President, Central Washington Comprehensive Mental Health

A continuation of S.A.F.E Part I (attendance at Part I is required to attend Part II). S.A.F.E. Part II will briefly review Question, Persuade, and Refer (QPR) Principles as they apply to suicide risk reduction, safety planning and treatment planning. Participants will apply what they have learned to a detailed case study and will have the opportunity to identify risk and protective factors and develop an appropriate safety plan.

Workshop Session III

Tuesday, September 17, 2013 | 9:30 - 11:00am

Supported Employment and the Basics of How Working Affects Supplemental Security Income and Social Security Disability Insurance (SSI/SSDI) and the Work Incentive

Suite 500

Melody Pazolt, Supported Employment/Supported Housing Program Administrator, Division of Behavioral Health and Recovery (DBHR)

This presentation addresses the basics of how working affects SSI and SSDI and the work incentives created by the Social Security Administration to assist individuals obtain assets and continue on their journey of recovery through competitive employment, self-employment and education. Participants in this workshop will learn the basics of how working impacts governmental benefits and how work incentives can remove barriers for those seeking independence, self-sufficiency, and a better quality of life through working – while maintaining access to critical services. Participants will learn about Healthcare for Workers with Disabilities and how this work incentive helps maintain access to health care services.

Covering the Bases: Making Sure Your Clients Get Good Medical Care in the Outpatient Setting

Suite 600

June Bredin, M.D., FAACP, DDD, Department of Social and Health Services (DSHS)

Dr. Bredin will present a template for ensuring that staff and parent caregivers will not overlook common medical problems in the Intellectual and Developmental Disabilities (IDD) population and discuss how to advocate with primary care providers for a full medical workup when suspecting medical issues are being missed. Dr. Bredin is a physician serving the Division of Developmental Disabilities' (DDD) clients at the Rainier School and is a board member of the Washington Academy of Family Physicians.

Behavioral Health Licensing: WAC 388-877B - Chemical Dependency and WAC 388-877C - Problem Gambling

Room A

Facilitator: Julian Gonzales, Supervisor, Certification Section, Division of Behavioral Health and Recovery (DBHR)

Panel: Pete Marburger, Licensing Supervisor, Division of Behavioral Health and Recovery (DBHR) and Cheryl Wilcox, Problem Gambling Program Manager, Division of Behavioral Health and Recovery (DBHR)

This is an informational review of the new Washington Behavioral Health Licensing and Certification rules that were implemented on September 1, 2013. The Department of Behavioral Health and Recovery (DBHR) staff will present the new or changed WAC standards effecting chemical dependency agencies. The topics covered will include: detoxification, residential, outpatient, assessment and other chemical dependency services requiring program specific certification. Participants will be given the opportunity to ask questions in this workshop.

Substance Abuse and Trauma

Room B

Gabriella Grant, M.A., Director, California Center of Excellence for Trauma Informed Care, Santa Cruz, California

This workshop looks at how trauma is a strong risk factor for substance abuse and dependency, yet it is often (though less so than before) ignored or referred out by treatment providers. Attendees will learn more about trauma and its intersection with substance abuse.

Workshop Session III

Tuesday, September 17, 2013 | 9:30 - 11:00am

Behavioral Health Care: Relevance in a Post-Reform World

Room G

DJ Wilson, M.A., President/CEO, Wilson Strategic Communications

This workshop will cover how health plans and medical providers are being forced to re-evaluate how they integrate behavioral health into patient care delivery. From Accountable Care Organizations (ACOs) to bundled payments, from fully capitated provider contracts to shared savings arrangements, the landscape of health care under reform is changing. That change offers a new relevance for behavioral health care of which providers and agencies can take advantage.

System of Care and Children's Mental Health Redesign Integration

Room H

Margarita Mendoza de Sugiyama, Children's Mental Health Program Manager, Division of Behavioral Health and Recovery (DBHR) and Andrea Parrish, M.A., Children's Mental Health Program Administrator, Division of Behavioral Health and Recovery (DBHR)

In 2011 the Division of Behavioral Health and Recovery (DBHR) was awarded a one year Systems of Care (SOC) planning grant and in 2012 DBHR was awarded a 4-year SOC implementation grant. This workshop will provide a brief overview of this process, the governance structure that was developed and how this governance structure will be the vehicle that supports and maintains the system change efforts from policy to practice.



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Workshop Session IV

Tuesday, September 17, 2013 | 1:45 - 3:15pm

Should Your Program Provide Youth Care Management Services?

Suite 100

David Jefferson, M.S.W., CDP, Research Associate, Northwest Addiction Technology Transfer Center (NWATTC)

Participants will learn about the research leading to a Care Coordination Model and the skills associated with a high performing care coordinator. Attendees will have a chance to contrast current practice and explore the advantages and disadvantages of implementing a Care Coordination program. Learn about the key competencies needed to be a care coordinator and the specific roles of practitioners.

Screening and Brief Interventions and Referral to Treatment

Suite 200

Denna Vandersloot, M.Ed., L.A.C., Director, Northwest Addiction Technology Transfer Center (NWATTC), Oregon Health and Science University and Keri Acker-Peltier, Washington Screening Brief Intervention and Referral to Treatment (WASBIRT) Program Coordinator, King County

This workshop will introduce participants to the Screening Brief Intervention and Referral to Treatment (SBIRT) Model in Primary Care Settings. The workshop will build awareness of the value and rationale for SBIRT and introduce participants to its key components. The presenters will share lessons learned from the SBIRT Washington Primary Care Integration project.

New Contracting Models in a Health Care Reform Environment

Suite 300

Karianna Wilson, MHA, Senior Healthcare Consultant, Wilson Strategic Communications

This workshop will walk through the challenges of contracting with commercial health plans in the post-health care reform world. From understanding the strategic approaches plans take and the needs they have related to behavioral health to working through the differences between traditional medical plan contracts and those of the Medicaid world. Karianna will teach participants what they need to know to build paying relationships with health plans today.

“This Guy Just Doesn’t Get It!” - The Effects of Prenatal Alcohol Exposure in Patients

Suite 400

Lauri Turkovsky, Ed.D., Behavioral Health Program Manager, Division of Behavioral Health and Recovery (DBHR)

Sometimes treatment providers wonder, “We just went over that, why does she keep making the same mistakes over and over again?” Most providers can think of one or more patients who they would guess have effects of prenatal alcohol exposure. Fetal Alcohol Syndrome (FAS) and the broader range of effects from prenatal alcohol exposure, Fetal Alcohol Spectrum Disorder (FASD), dramatically affect a patient’s ability to engage in treatment and receive its benefits. This workshop will cover the physical and behavioral characteristics of FAS/FASD in children and adults, diagnosis of the disability, and suggestions for modifying chemical dependency treatment to increase its effectiveness.

Workshop Session IV

Tuesday, September 17, 2013 | 1:45 - 3:15pm

Picking Up the Pieces

Suite 500

Carol Gartin, CPS, AAS, Peer Case Manager 1, Greater Lakes Mental Healthcare

How do you help put the puzzle back together of someone's life with a co-occurring disorder? It is more than the addiction and mental health diagnoses piece. Gleaned from the presenter's own recovery journey and interviewing others, Ms. Gartin will provide a perspective that she hopes will alleviate frustration and helplessness some feel when guiding someone putting their puzzled life back together.

Substance Dependence: Diagnosis and Treatment for Persons with Developmental Disabilities and/or Low Cognitive Functioning

Suite 600

Dennis Moore, Ed.D., Professor Emeritus, Department of Community Health, Boonshoft School of Medicine, Wright State University, Dayton, Ohio

This workshop will review what is known about the prevalence and patterns of substance use and dependence among persons with low cognitive functioning or developmental disabilities. It will introduce screening and diagnostic approaches for identifying potential problems, and the resources necessary for a supported recovery will be reviewed. Examples of programs that specifically offer substance abuse treatment for these populations will be described, including Internet and electronic tools that can assist with psychoeducation and recovery.

Marijuana Panel

Room A

Facilitator: Michael Langer, Office Chief, Prevention and Treatment Services, Division of Behavioral Health and Recovery (DBHR)

Panel: K. Todd Wagner, LCSW, CDP, Clinical Director, Blue Mountain Counseling; Trooper Trevor Downey, Washington State Patrol (WSP); Mary Segawa, Liquor Control Board; Richard Ries, M.D., Department of Psychiatry, University of Washington Medical School; Steven Freng, Northwest High Intensity Drug Trafficking Area (HIDTA)

This panel discussion will address concerns relating to the legalization of marijuana in Washington State. The panel discussion will include points by each speaker: Mary Segawa will provide an overview of I-502 rules; Michael Langer will review a role update on survey and evaluation, as well as treatment and prevention; Trevor Downey will discuss the impact of I-502 since December, 2012 on traffic and accidents or effects, as well as traffic violations; Steven Freng will discuss marijuana prevalence in the state as well as trends and community concerns; Dr. Ries will discuss the health effects of marijuana; and, Todd Wagner will talk about providers and how they are responding to the new rules and medical marijuana.

Workshop Session IV

Tuesday, September 17, 2013 | 1:45 - 3:15pm

Elder Abuse and Neglect

Room B

Gabriella Grant, M.A., Director, California Center of Excellence for Trauma Informed Care, Santa Cruz, California

A trauma-informed approach to addressing elder abuse and neglect, including self-neglect. A present-focus, collaborative process focused on safe coping and reducing risk/increasing safety for elders. A short screening tool, recommended by the Academy for Professional Development for Adult Protective Services will be discussed and practiced.

S.A.F.E. Suicide Awareness for Everyone (Part II) (Repeated)

Room F

Paul Nagle-McNaughton, M.S., Vice President, Central Washington Comprehensive Mental Health

A continuation of S.A.F.E Part I (attendance at Part I is required to attend Part II). S.A.F.E. Part II will briefly review Question, Persuade, and Refer (QPR) Principles as they apply to suicide risk reduction, safety planning and treatment planning. Participants will apply what they have learned to a detailed case study and will have the opportunity to identify risk and protective factors and develop an appropriate safety plan.

Providing Resource Management to Adults and Children After Traumatic Brain Injury

Room G

Cheryl Myers, M.Ed, Brain Injury Association of Washington

The presentation will cover a general overview of brain injury, how service providers can more effectively support those whose lives are affected by brain injury and co-occurring Alcohol and Other Drug Use (AODA) diagnoses, our organization, and the services provided through the Washington Traumatic Brain Injury (TBI) Resource Center.

Supporting Children Affected by Parental Co-occurring Disorders: Substance Abuse, Mental Illness, HIV



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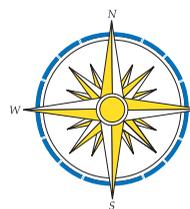
You are invited to attend a national symposium tasked with formulating an informed response to address the needs of children whose parents have co-occurring disorders. Besides increasing your knowledge of these children's needs and circumstances, you will walk away with practical methods and strategies for enhancing these children's protective factors and adapting your agency's policies and practices.

Partial list of featured keynotes:

- Hortensia Amaro, PhD
- Robert Anda, MD, MS

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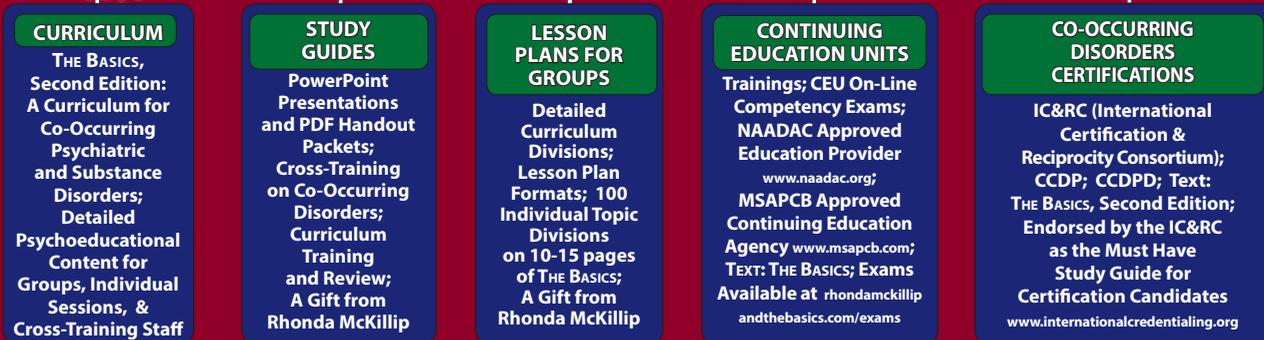
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Rhonda, I am delighted to be able to recommend THE BASICS, Second Edition to both the mental health and addiction treatment fields. Kenneth Minkoff, MD

Ms. McKillip - I am a clinician developing a CDIOP curriculum for CeDAR Center in Aurora, CO. I happened across your "THE BASICS" curriculum and wanted to convey my sincere admiration and respect for your work. The content is so rich yet concrete and applicable by my clients. It is absolutely the best curriculum I have come across in my 10 years as a clinician. Thank you for your hard work. Well done! Jay Voigt M.Ed, LPC, CAC III

Consistency in the psychoeducational material and the approach is crucial in treatment. Yet, where is the comprehensive program content written in an motivational interviewing style? THE BASICS eliminates the "gap" between the system and the professionals providing the services, and between the science and the person seeking services. THE BASICS is a compendium of evidence-based materials designed to help clinicians teach the essential psychoeducation to persons with co-occurring disorders while utilizing the principles of empathy and hope.

Agenda at a Glance

Monday, September 16, 2013

7:00 – 8:00am	Registration/Continental Breakfast
8:00 – 8:15am	Announcements: David Jefferson, NWATTC Ballroom C/D
8:15 – 8:30am	Welcome: Chris Imhoff, Director, DBHR Ballroom C/D
8:30 – 9:30am	Plenary 1: Gabriella Grant, M.A. Overview of PTSD and Complex Trauma Ballroom C/D
9:30 – 9:45am	Break
9:45 – 11:15am	Workshop Session I See page 10 for locations and descriptions
11:15 – 11:30am	Break
11:30 – 12:30pm	Plenary 2: David Mee-Lee, M.D. What's New in the DSM-5 and the New ASAM Criteria? New Directions, New Criteria Ballroom C/D
12:30 – 1:30pm	Lunch - Ballroom C/D
1:30 – 2:30pm	Plenary 3: David Granirer Stand up for Mental Health Ballroom C/D
2:30 – 2:45pm	Break
2:45 – 4:15pm	Workshop Session II See page 12 for locations and descriptions
4:15 – 4:30pm	Break
4:30 – 5:30pm	Plenary 4: Maria G. Guevara, Pharm.D. Emerging Natural and Synthetic Drugs of Abuse Ballroom C/D
5:30 – 7:00pm	Dinner on Your Own - Enjoy Yakima!
7:00 – 8:30pm	Comedy Night with Bob Perkell! Ballroom C/D

Tuesday, September 17, 2013

7:00 – 8:00am	Registration/Continental Breakfast
8:00 – 8:15am	Welcome/Announcements: David Jefferson, NWATTC Ballroom C/D
8:15 – 9:15am	Plenary 5: Nathan Johnson, M.A. Health Care Reform Ballroom C/D
9:15 – 9:30am	Break
9:30 – 11:00am	Workshop Session III See page 16 for locations and descriptions
11:00 – 12:00pm	Lunch - Ballroom C/D
12:00 – 12:30pm	Awards/Door Prizes - Ballroom C/D
12:30 – 1:30pm	Plenary 6: Dennis Moore, Ed.D. The Increasing Roles of Technology in Diagnosis of and Recovery From Behavioral Disorders Ballroom C/D
1:30 – 1:45pm	Break
1:45 – 3:15pm	Workshop Session IV See page 19 for locations and descriptions
3:15pm	Conference Adjourns - Drive Home Safely!

Wednesday, September 18, 2013

8:00 - 3:00pm	Ethics* Room A/B
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*Please note: Additional fee and registration applies.
Post-workshop may be full, please check with the registration/
service desk about availability and price.

