



*Washington's*

# **Mental Health Transformation Project**

*Partnerships for Recovery & Resiliency*



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## Goals of Transformed System



# State Comprehensive Plan Goals

- Goal 1: Americans understand that mental health is essential to overall health
- Goal 2: Mental health care is consumer and family driven
- Goal 3: Disparities in mental health services are eliminated
- Goal 4: Early mental health screening, assessment and referral to services are common practice
- Goal 5: Excellent mental health care is delivered and research is accelerated
- Goal 6: Technology is used to access mental health care and information
- Goal 7: Individuals with mental illnesses have stable housing in the communities where they live
- Goal 8: Employment is an expectation and a priority in Washington for people with mental illness





# Overview

- ❖ **Washington one of seven (first round) states nationwide to be awarded a SAMHSA Mental Health Transformation State Incentive grant (MHT-SIG)**
- ❖ **\$2.73 million per year for 5 years (begun Oct 2005)**
- ❖ **State has completed and submitted first year plan ([www.MHTransformation.wa.gov](http://www.MHTransformation.wa.gov))**
- ❖ **Transformation is: Recovery Oriented Model, Consumer/Family-Driven and Outcome Focused**



# Overview

- ❖ Engaged in a extensive public input process
- ❖ Conducted a statewide Inventory of Resources and Needs Assessment
- ❖ Developed a Comprehensive Mental Health Plan (CMHP)
- ❖ Years 2-5: Implement CMHP and continue to build sustainable transformation statewide
- ❖ Conduct ongoing program evaluation of State's transformation efforts

# Phase 1 Priority Outcomes



1. Decreased number of people with mental illness from entering into the criminal justice system.
6. Increased system collaboration and service integration is prevalent across all allied systems and services.
27. A system that is more proactive than reactive. Serve the whole family with a full continuum of community based services, starting with prevention and early intervention.



# TWG Responses



- TWG and Governor's office has authorized 15 funded strategies as year 2 activities.
- Additional strategies and results from the 2007 Legislative Session have been examined for continued efforts for year three.
- Legislative and agency reports of value to Transformation will be analyzed by the TWG to develop additional strategies going forward.



# Current Strategies



- Develop State-wide Approach for Crisis Intervention Training (CIT) for First Responders
- Training for Mental Health Providers on Employment Strategies
- Depression Screening for Older Adults
- Technical Assistance to Schools for Integrated Mental Health Services and Response to Intervention (RTI) Training
- Study of Offender Re-Entry and Community Reintegration
- Training Consumers to Participate in Clinical Team Decisions
- Evaluation of Consumer Employee Effectiveness



# Current Strategies



- Expanded Use of Peer Counselors in Provider Settings
- Study of Mental Health Services Disparities
- Creation of Technical Assistance Center Supporting Consumer-Run Organizations
- Analysis of Prevention and Early Intervention Activities
- Recovery and Resiliency Training
- Development of Web-Based Cultural Competency Training
- Study of Effects of Deployment on Children/Families in the National Guard
- Development of Culturally Specific Post-Partum Screening







# The Future

- Children's Mental Health and Prevention will be Highlighted in Year Three
- Responding to Technical Assistance Needs in the Areas of Criminal and Juvenile Justice
- Support for All Systems as they Transform and Work with Partners
- Assisting in the Development of a Clear Legislative Agenda for the '09 Session





For More Information

**MHTransformation.wa.gov**

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