



COD & Treatment
WASTATE CONFERENCE

WORKSHOP SESSION 2 – MONDAY, OCTOBER 12, 2015, 2:30-3:45 PM

The ASAM Criteria and Its Application in the ADIS Journal

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The Change Companies®



The **Change** Companies®



Train for **Change** Inc.™

Welcome



The ASAM Criteria & Its Application in ADIS

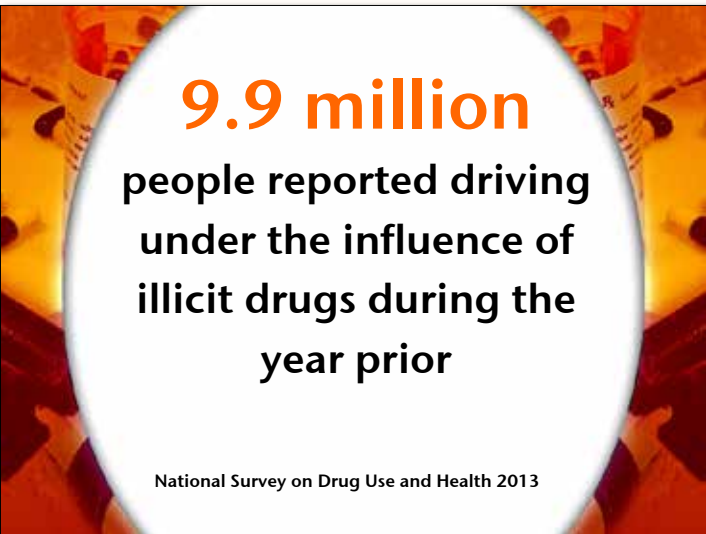
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VP of Early Intervention Services

The Change Companies® Train for Change Inc.™



28.7 million
people reported driving under the influence of alcohol at least once in the prior year

SAMHSA 2014



9.9 million
people reported driving under the influence of illicit drugs during the year prior

National Survey on Drug Use and Health 2013

22.5% of weekend
nighttime drivers had
evidence of drugs in
their systems

Roadside Survey of Alcohol & Drug Use by Drivers 2014

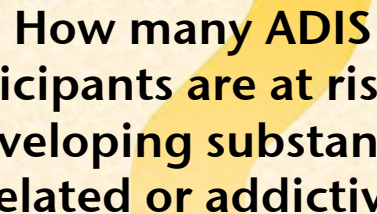
The number of
drivers with
marijuana in their
systems grew by
50%

Roadside Survey of Alcohol & Drug Use by Drivers 2014

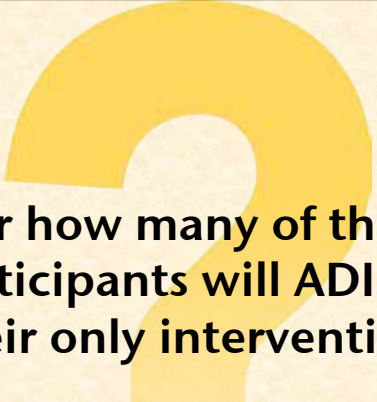
Statistic

- **21 million** people age 12+ needed treatment in the past year, but didn't receive it
- **95.5%** did not feel they needed treatment & did not seek it
- **3%** felt they needed treatment
- **1.5%** made the effort to seek help

SAMHSA National Survey on Drug Use & Health



How many ADIS participants are at risk for developing substance-related or addictive behavior problems?



For how many of these participants will ADIS be their only intervention?

Lost Opportunity

- Education & compliance only
- SBI focus only on brief intervention & not referral to treatment
- Occupational hazard to reinforce compliance perception
- Critical provider function

EXERCISE: Role Definition

List three things that define the role & responsibility of an ADIS instructor.

1. _____

2. _____

3. _____

List your number one challenge in delivering ADIS.

Role Definition

- List three things that define the role & responsibility of an ADIS instructor.
- List your number one challenge in delivering ADIS.

EXERCISE

Criminal Justice Offence

RWC 46.61.502 Driving under the influence

(5) Except as provided in subsection (6) a violation is a gross misdemeanor

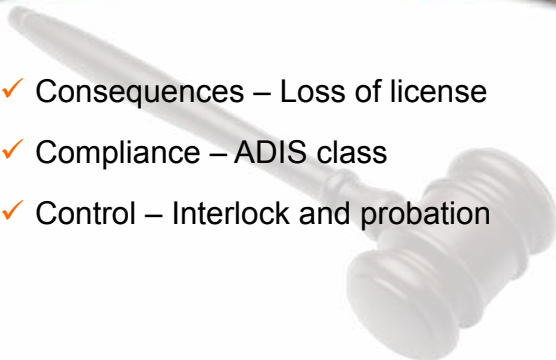
Agents of Compliance versus Agents of Change

“Both drinking-driving programs and outpatient treatment facilities for the DUI/DWI mandated client have in many cases become mirrors of the criminal justice system, especially the probation system.”

David Mee-Lee, MD, 2009

Criminal Justice Three Cs

- ✓ Consequences – Loss of license
- ✓ Compliance – ADIS class
- ✓ Control – Interlock and probation



Consequences

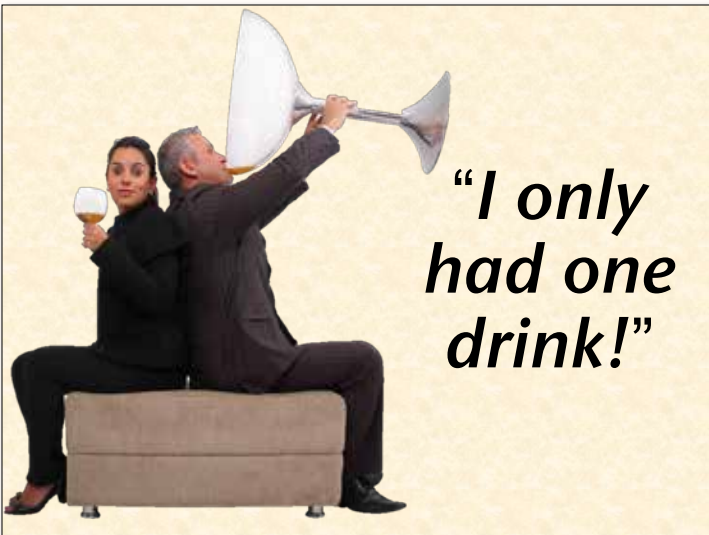
- Jail time
- Fines
- Revocation
- AOD assessment
- ADIS



Consequences

“The obligation of providers in impaired driving programs is to ensure individuals are exposed to accurate information and practical strategies that can enhance their investment in making behavioral changes.”

David Mee-Lee, MD, 2009





ADIS
example of
accurate
information
& practical
strategies
for behavior
change



ADIS
example of
accurate
information
& practical
strategies
for behavior
change



Compliance



- Probation
- Judge
- YOU!

Compliance

“Services should be designed to address participant needs along a continuum of care, not to meet compliance with ‘doing time.’”

David Mee-Lee, MD, 2009

ADIS
example of
addressing
participant
needs along
a continuum
of care



EXERCISE: Compliance vs. Change

List three examples of being an ADIS agent of compliance.

1. _____

2. _____

3. _____

List three examples of being an ADIS agent of change.

1. _____

2. _____

3. _____

Circle the activity you find most difficult to fulfill.

Square the activity you find easiest to fulfill.

Compliance vs. Change

- List three examples of being an ADIS agent of compliance.
- List three examples of being an ADIS agent of change.
- Circle the activity you find most difficult to fulfill.
- Square the activity you find easiest to fulfill.

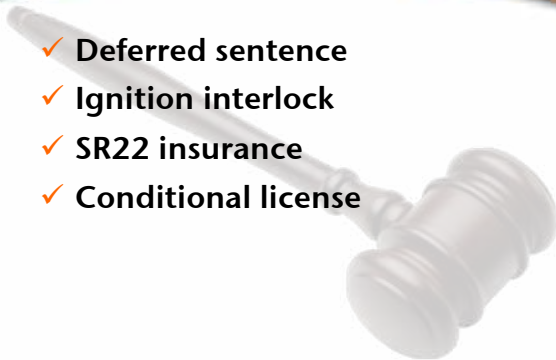
EXERCISE

True or False: Drinking rum before 10:00 a.m. makes you a pirate, not an alcoholic.



Control

- ✓ Deferred sentence
- ✓ Ignition interlock
- ✓ SR22 insurance
- ✓ Conditional license



“I know you don’t want to be here, but the judge says you have to be, so you might as well try to get something out of it.”

Impaired driving
program instructor

Control

- ✓ Providers are focused on a collaborative intervention & engaging the individual in behavioral change.
- ✓ Empowerment replaces control.

ADIS
example of
empowering
participants
& engaging
them in
behavior
change



Doing Time vs. Doing Change

“Whether a person is safe to drive should not depend on ‘time done’ but on evidence that lasting change has been initiated.”

Attitudinal... behavioral... functional

David Mee-Lee, MD, 2009

EXERCISE: Time vs. Change

List three strategies for getting participants to "do change" rather than "do time" during your ADIS course.

1. _____

2. _____

3. _____

Time vs. Change

- List three strategies for getting participants to "do change" rather than "do time" during your ADIS course.

EXERCISE

SBIRT

Screening, Brief Intervention and Referral to Treatment

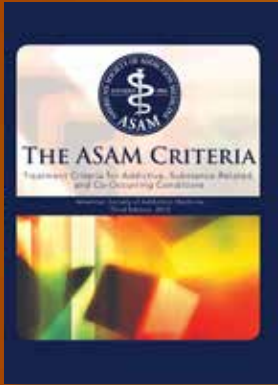
- ✧ Emergency rooms
- ✧ Trauma centers
- ✧ Primary care
- ✧ Impaired driving intervention

The ASAM Criteria p:179

SBIRT attempts to intervene early with nonaddicted people and to identify those who do have a substance use or addictive disorder & need linking to formal treatment.

Washington
Alcohol and Other Drug
Information School
is an
ASAM Level 0.5 Early Intervention





Dimensions & Levels of Care

Diagnostic & Dimensional Assessment

- ✓ Imminent danger – transfer to appropriate level of care
- ✓ Appropriate level of care & 0.5 service concurrently
- ✓ Complete 0.5 services and then transfer to appropriate level of care

Levels of Care

- Level 0.5: Early Intervention Services
- Level 1: Outpatient Services
- Level 2: Intensive Outpatient – Partial Hospitalization Services
- Level 3: Residential – Inpatient Services
- Level 4: Medically Managed – Intensive Inpatient Service

Level 0.5: Early Intervention Services

“Designed to explore and address problems or risk factors that appear to be related to substance use and addictive behavior, *and help the individual recognize the harmful consequences of high-risk substance use and/or addictive behavior.*”

The ASAM Criteria p:179

Level 0.5: Early Intervention Services

“Level 0.5 constitutes a service for specific individuals who, for a specific reason, are at risk of developing substance-related or addictive behavior problems, *or those for whom there is not yet sufficient information to document a substance use or addictive disorder.*”

The ASAM Criteria p:179



Length of Service

Mandated –
eight hours



“We have solutions for problems you don’t even know you have.”

ASAM Dimensions

- 1 Acute Intoxication and/or Withdrawal Potential
- 2 Biomedical Conditions and Complications
- 3 Emotional, Behavioral and Cognitive Conditions and Complications
- 4 Readiness to Change
- 5 Relapse, Continued Use or Continued Problem Potential
- 6 Recovery Environment

1 Acute Intoxication and/or Withdrawal Potential

- The individual’s withdrawal conditions and problems, if any, are stable.

2

Biomedical Conditions and Complications

- The individual's biomedical conditions and problems, if any, are stable or are being actively addressed, and thus will not interfere with therapeutic interventions.

3

Emotional, Behavioral and Cognitive Conditions and Complications

- The individual's emotional, behavioral or cognitive conditions and complications, if any, are being actively addressed through appropriate mental health services and thus will not interfere with therapeutic interventions.

4

Readiness to Change

- Expresses willingness to gain understanding of current addictive behavior that may be harmful or impair ability to meet/achieve goals

4 Readiness to Change

- Includes individuals who are ambivalent about exploring behavior
- Includes those whose motivation is to achieve goals other than substance use modification

ADIS & ASAM Dimension 4

The image shows a screenshot of a clinical assessment form for ADIS & ASAM Dimension 4. It is divided into two columns. The left column is titled 'Other negative consequences' and includes a list of examples such as 'Legal consequences', 'Job loss', 'Relationship problems', 'Financial problems', 'Health problems', 'Family problems', and 'Social problems'. The right column is titled 'Another arrest' and contains text about the consequences of another arrest, including 'Loss of freedom', 'Loss of income', and 'Loss of reputation'. Both columns have a scale from 0 to 100 and a section for 'Notes'.

5 Relapse, Continued Use or Continued Problem Potential

- Individual does not understand the need to alter his/her current behavior or pattern of use...
- OR
- Individual needs to acquire specific skills to change current pattern of use or behavior

ADIS & ASAM Dimension 5

Risky business

JUDGMENT BAC
VISION BAC
RESPONSES BAC

Likelihood of a crash

It takes time

Item	Subtotal	Score
Item 1	100	100
Item 2	100	100
Item 3	100	100
Item 4	100	100
Item 5	100	100
Item 6	100	100
Item 7	100	100
Item 8	100	100
Item 9	100	100
Item 10	100	100
Item 11	100	100
Item 12	100	100
Item 13	100	100
Item 14	100	100
Item 15	100	100
Item 16	100	100
Item 17	100	100
Item 18	100	100
Item 19	100	100
Item 20	100	100
Item 21	100	100
Item 22	100	100
Item 23	100	100
Item 24	100	100
Item 25	100	100
Item 26	100	100
Item 27	100	100
Item 28	100	100
Item 29	100	100
Item 30	100	100
Item 31	100	100
Item 32	100	100
Item 33	100	100
Item 34	100	100
Item 35	100	100
Item 36	100	100
Item 37	100	100
Item 38	100	100
Item 39	100	100
Item 40	100	100
Item 41	100	100
Item 42	100	100
Item 43	100	100
Item 44	100	100
Item 45	100	100
Item 46	100	100
Item 47	100	100
Item 48	100	100
Item 49	100	100
Item 50	100	100

6 Recovery Environment

- Individual's social support network consists of individuals whose substance use prevents them from meeting obligations (family, work, etc.)
OR
- Individual's family members are currently addictively using substances
OR
- Individual's significant other condones/encourages high-risk behavior and/or substance use

ADIS & ASAM Dimension 6

Alcohol/other drugs & relationships

Breaking the family cycle

EXERCISE: Back at the Office

After this workshop, where do you see ADIS as part of the continuum of care?

How might this knowledge change how you facilitate ADIS in the future?

Back at the Office

- After this workshop, where do you see ADIS as part of the continuum of care?
- How might this knowledge change how you facilitate ADIS in the future?

EXERCISE

Thank You!

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Thank You!

Questions? We Can Help:

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