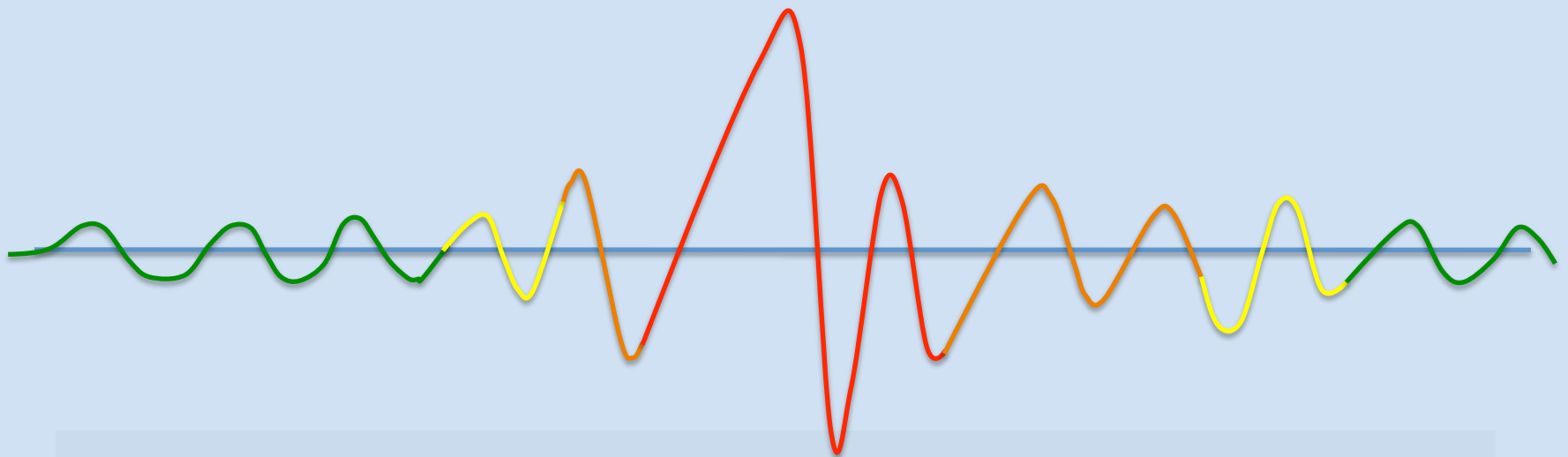


Dr. Phil Diaz
Developmental Disabilities
Administration



ANATOMY OF A MELTDOWN

Anatomy of a Meltdown

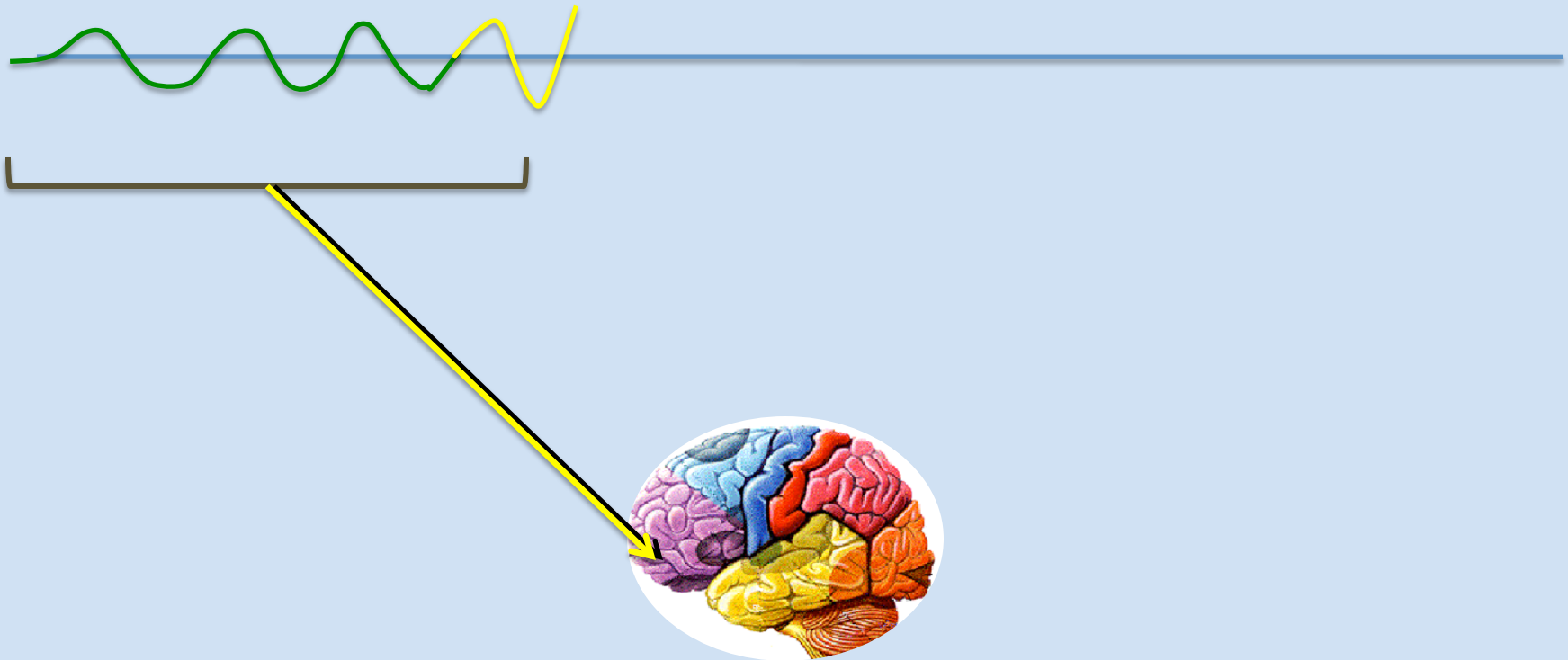
Reasoning, training, rules work well here
Expectations we have learned
Explore new skills we are learning



Little “bumps” are easily fixed

Baseline

Anatomy of a Meltdown



Anatomy of a Meltdown



Anatomy of a Meltdown

Grumpy, indications that some sort of rash is developing

Things can still turn around



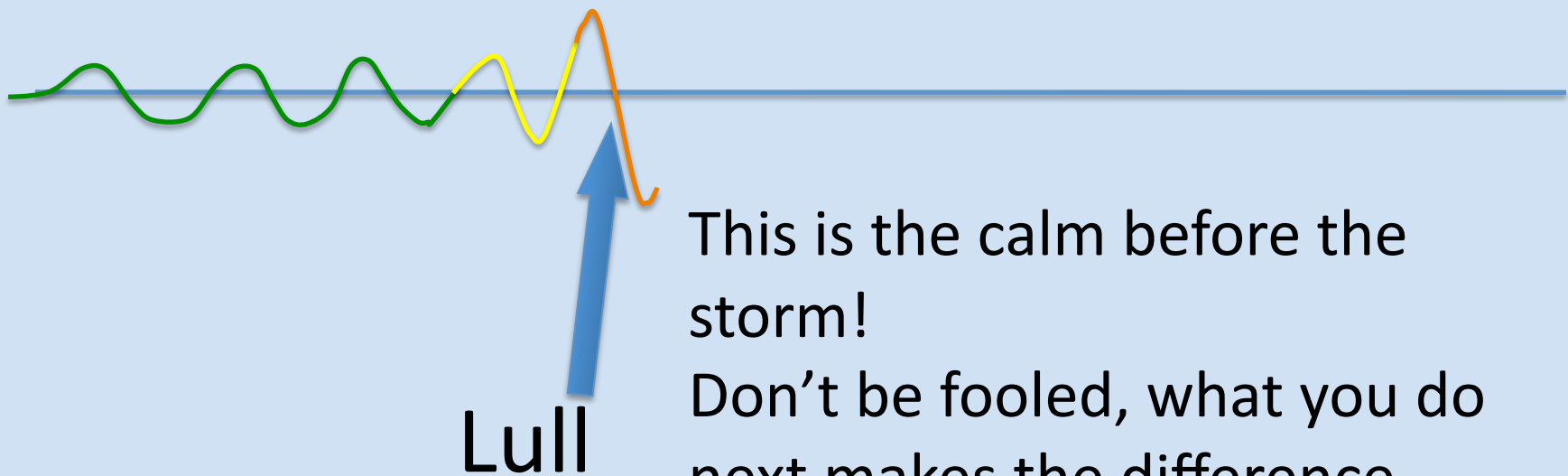
Transition

You will have to help me
I need to be cued in to using skills
I need to practice what you have
been teaching

Anatomy of a Meltdown

Now is not the time to talk.

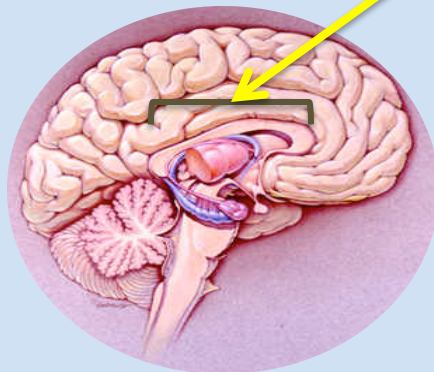
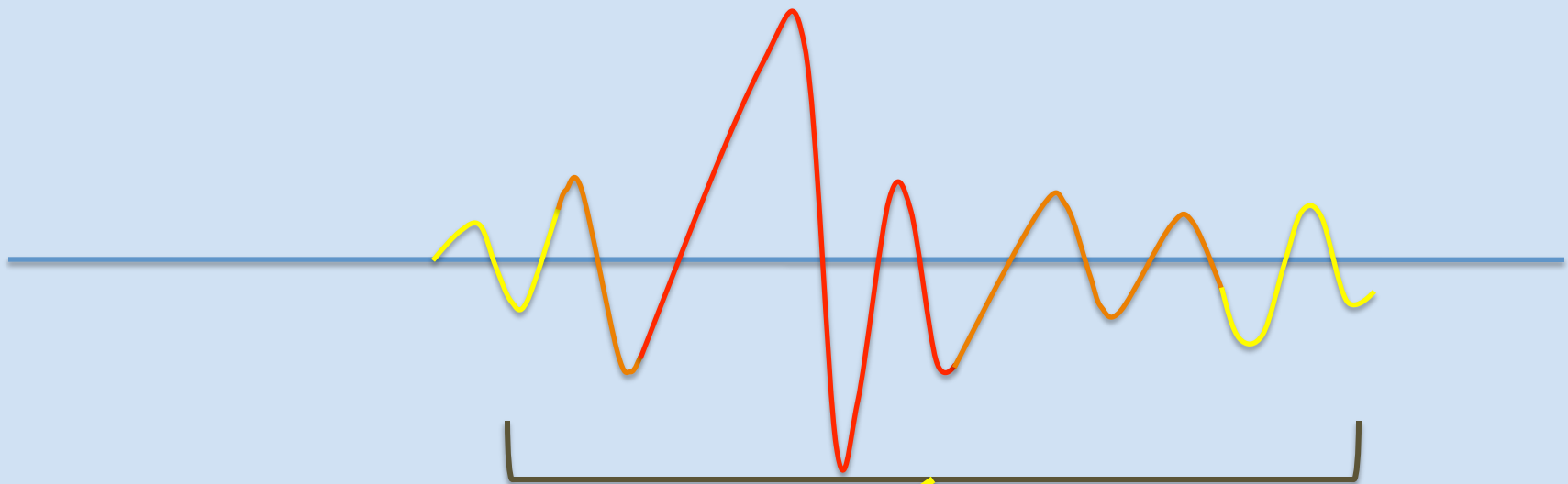
Now is the time to cool the environment down,
remove stimuli, and allow energy to dissipate.



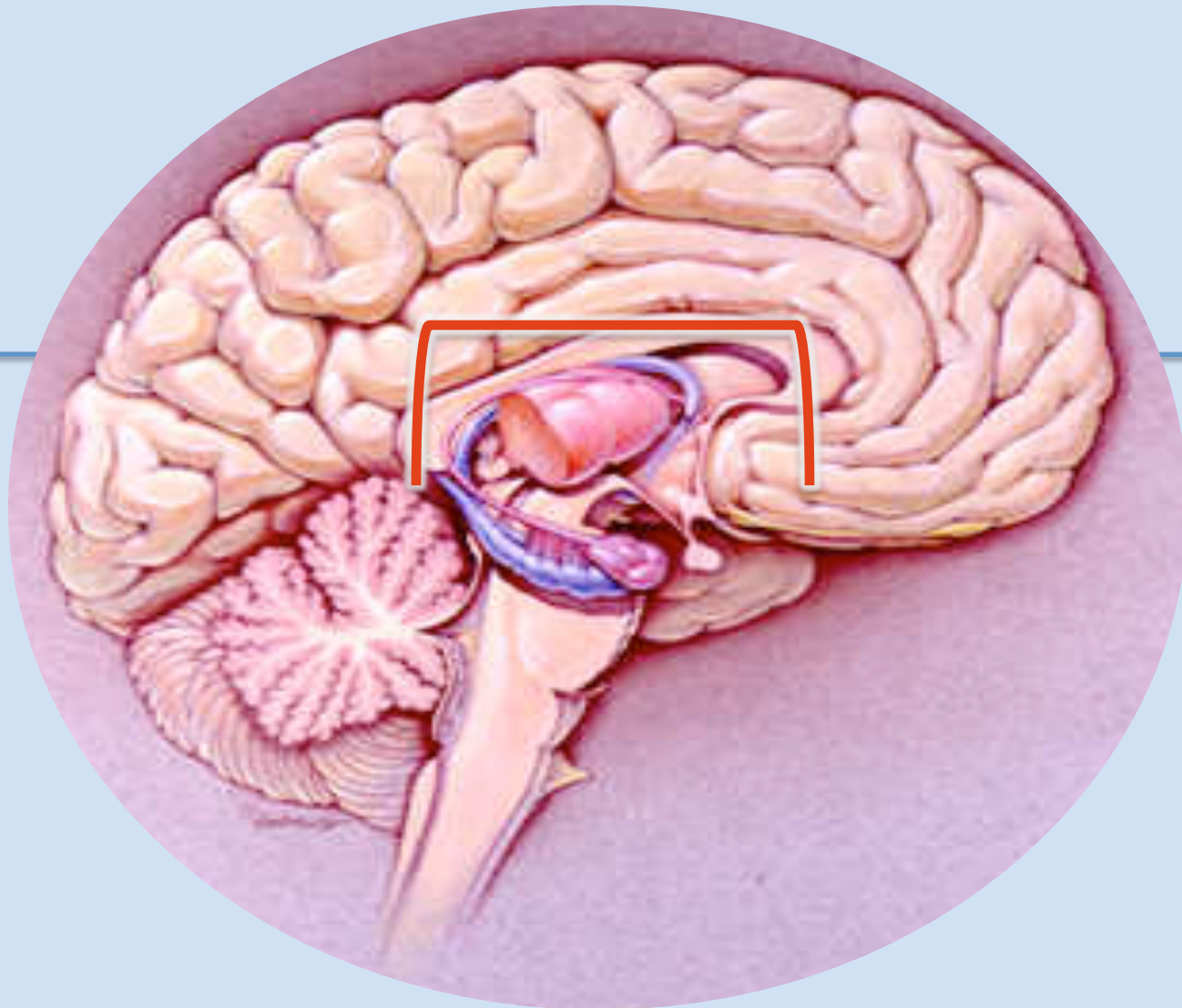
This is the calm before the storm!

Don't be fooled, what you do next makes the difference

Anatomy of a Meltdown



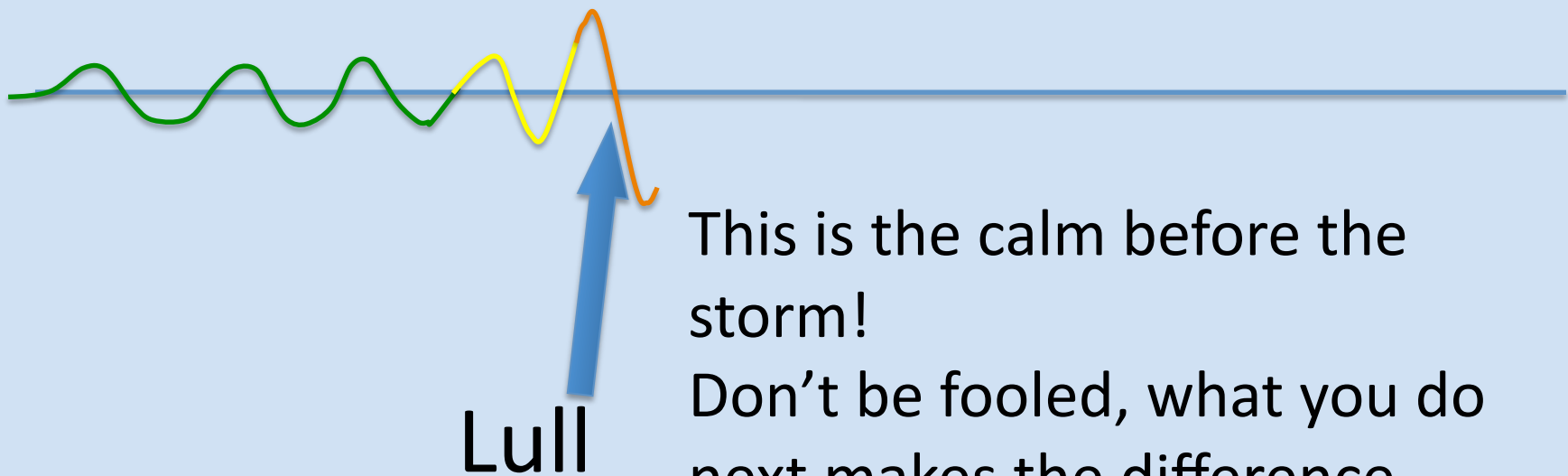
Anatomy of a Meltdown



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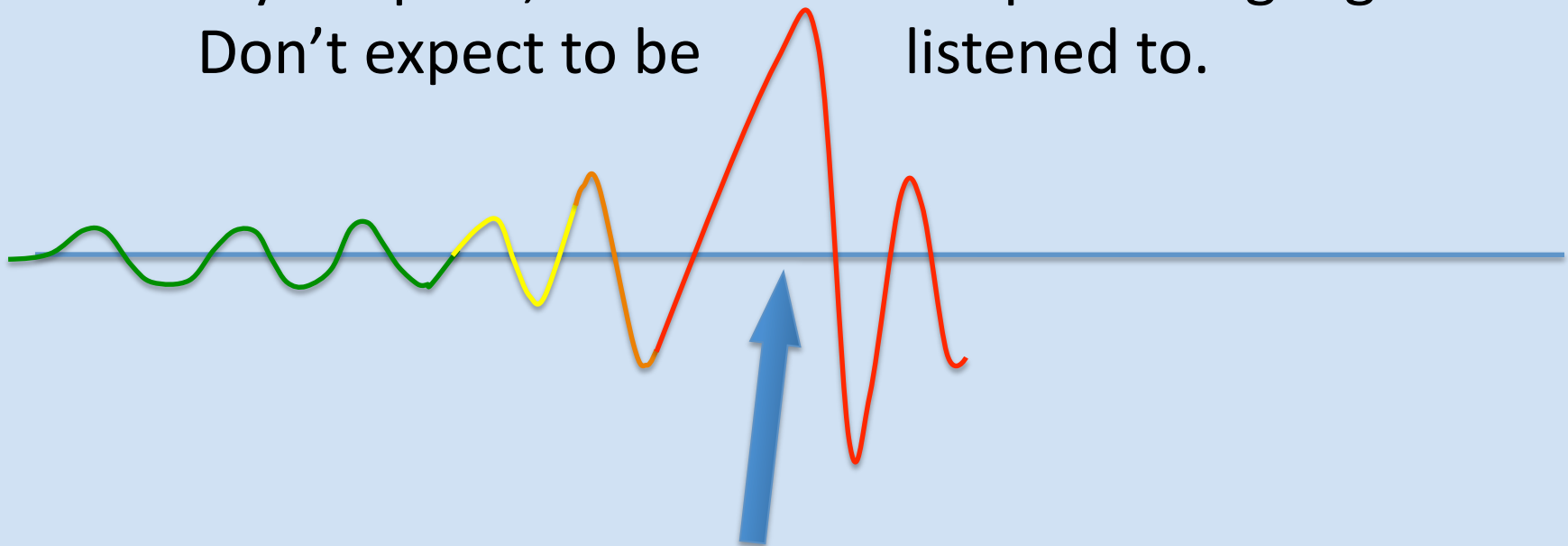
Don't be fooled, what you do next makes the difference

Anatomy of a Meltdown

Now is waiting out the storm.

If you speak, it is short to the point language.

Don't expect to be listened to.

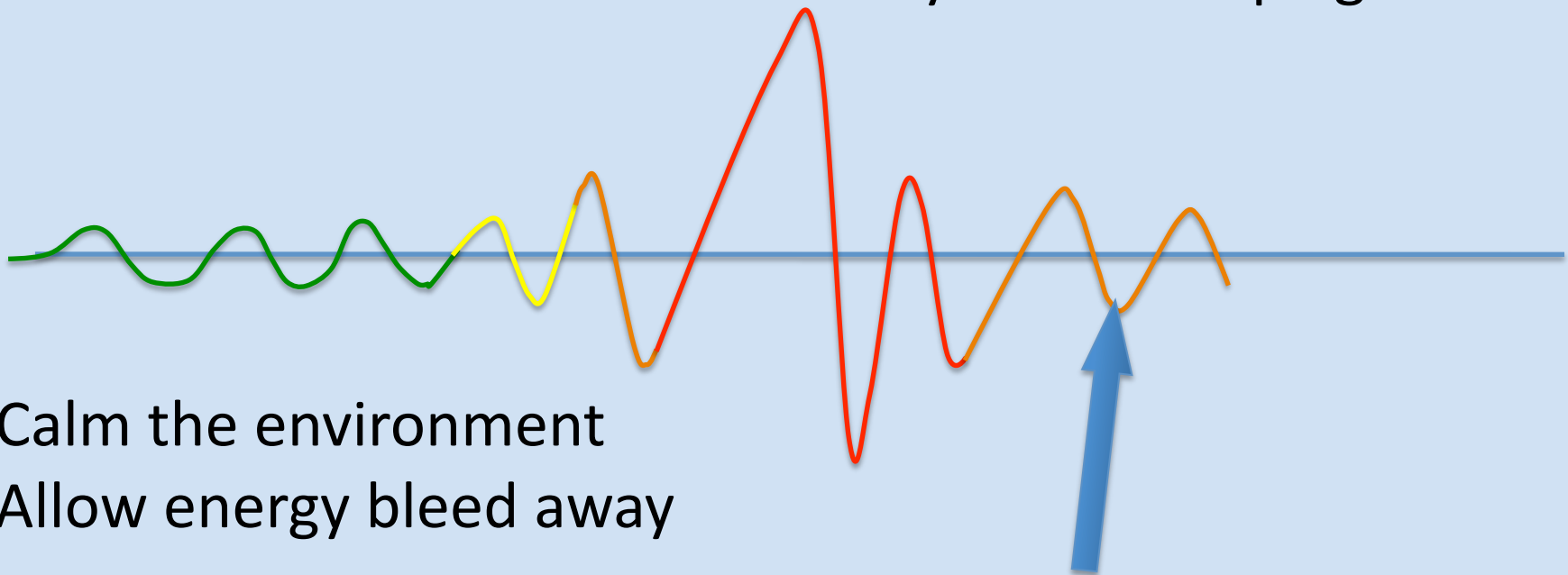


Meltdown
Blowup

Anatomy of a Meltdown

Emotional bleed off.

Emotions still fuel the fire & they can flare up again.

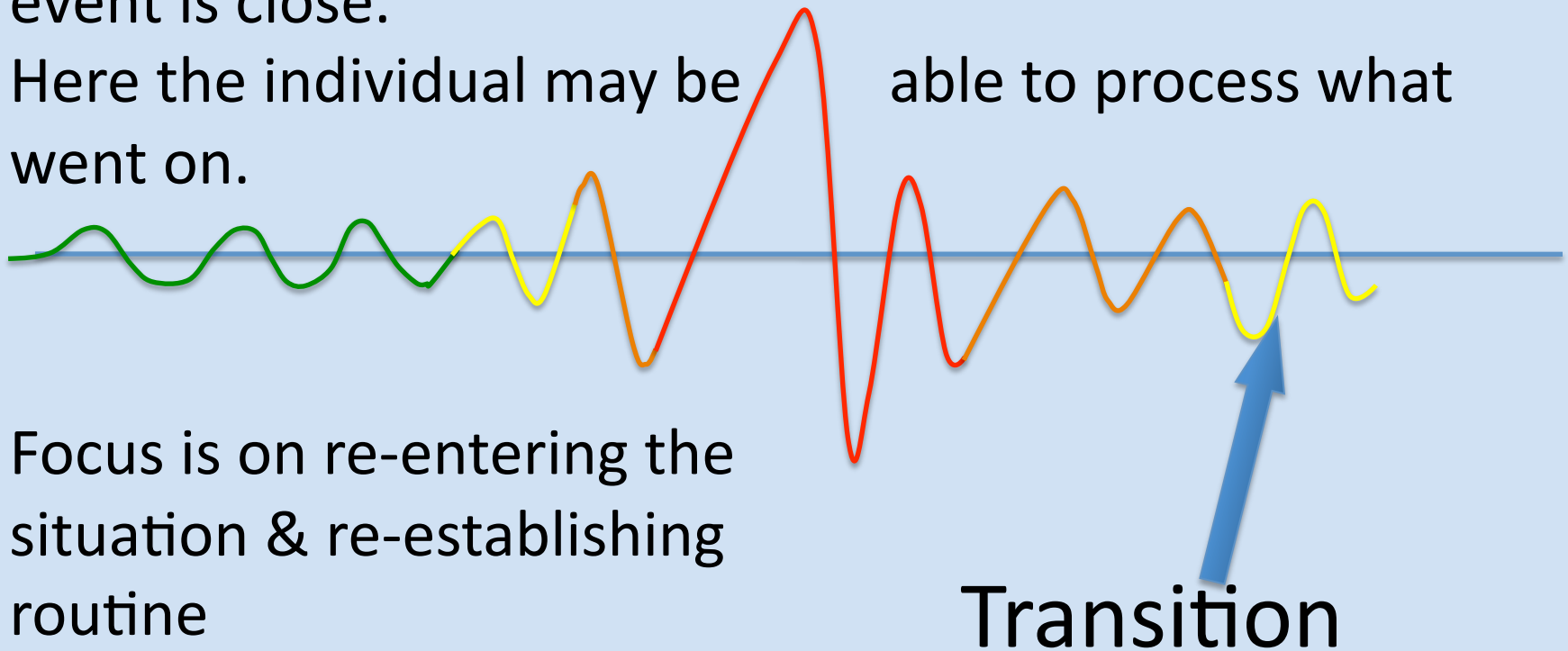


Refractory
Period

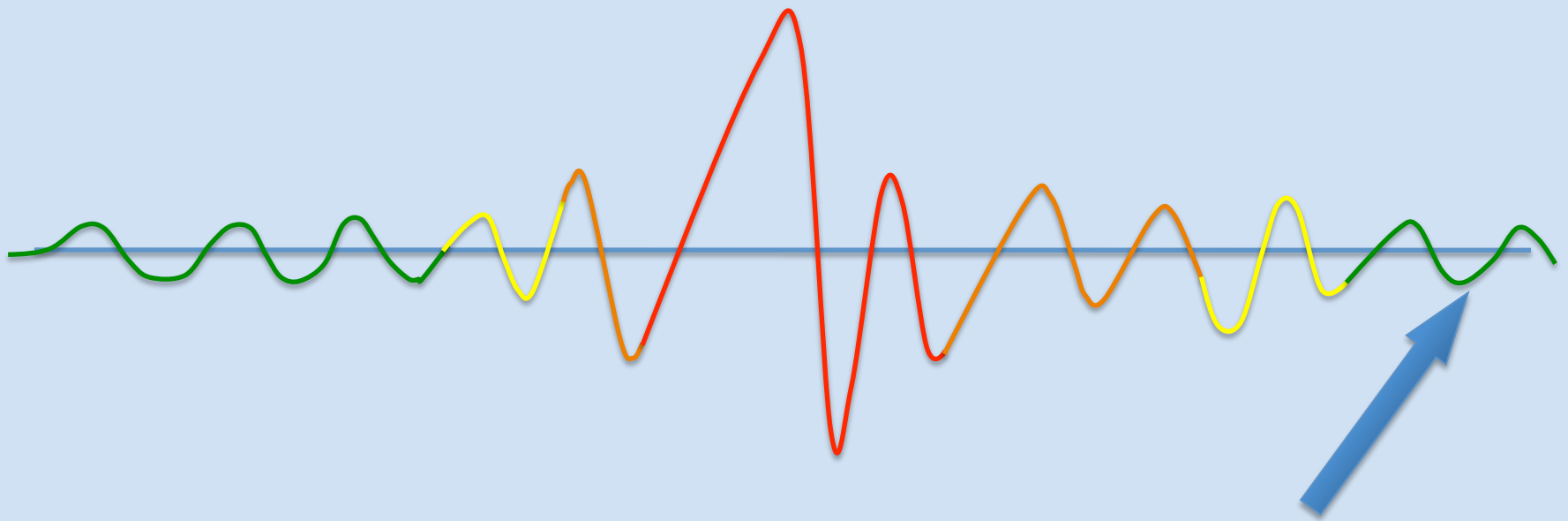
Anatomy of a Meltdown

Here the energy is coming down but the memory of the event is close.

Here the individual may be able to process what went on.

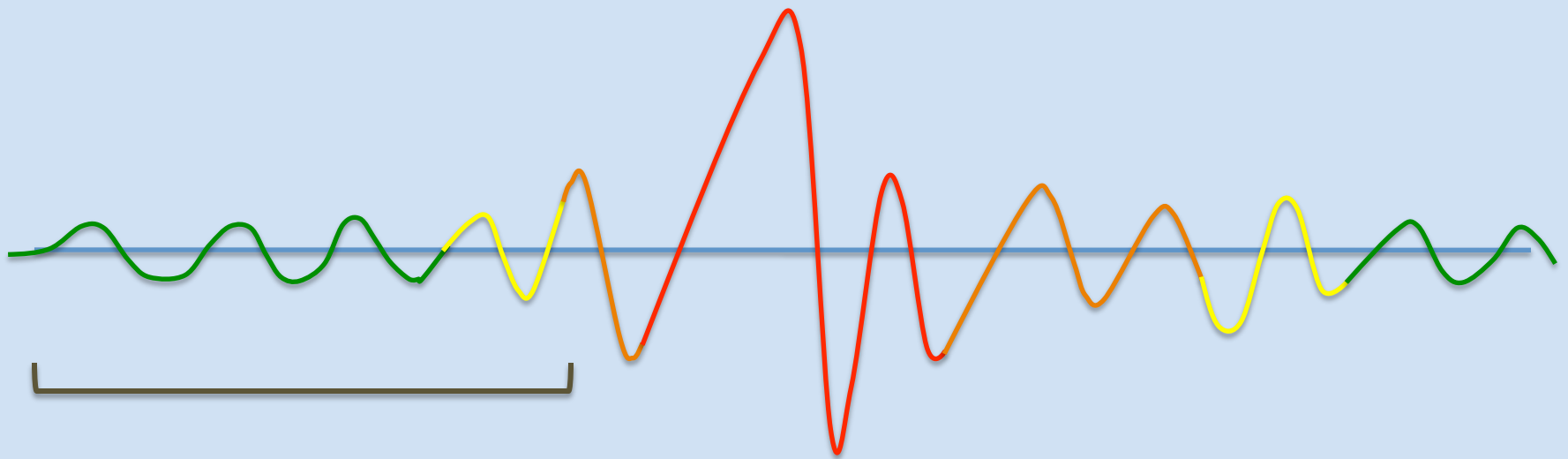


Anatomy of a Meltdown



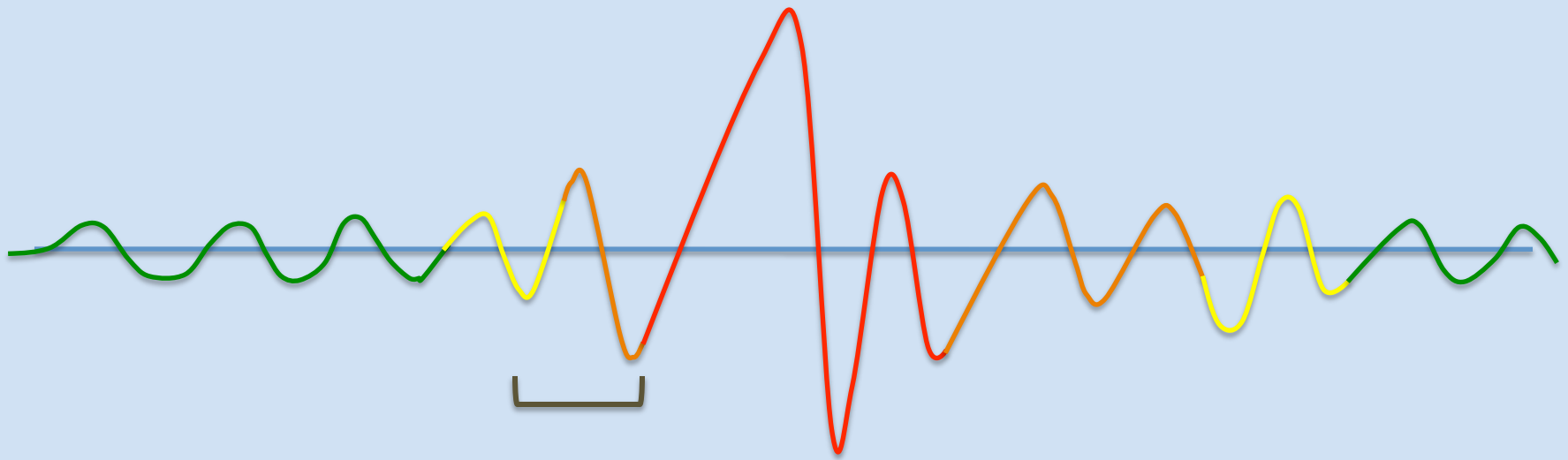
Return to Baseline

Anatomy of a Meltdown



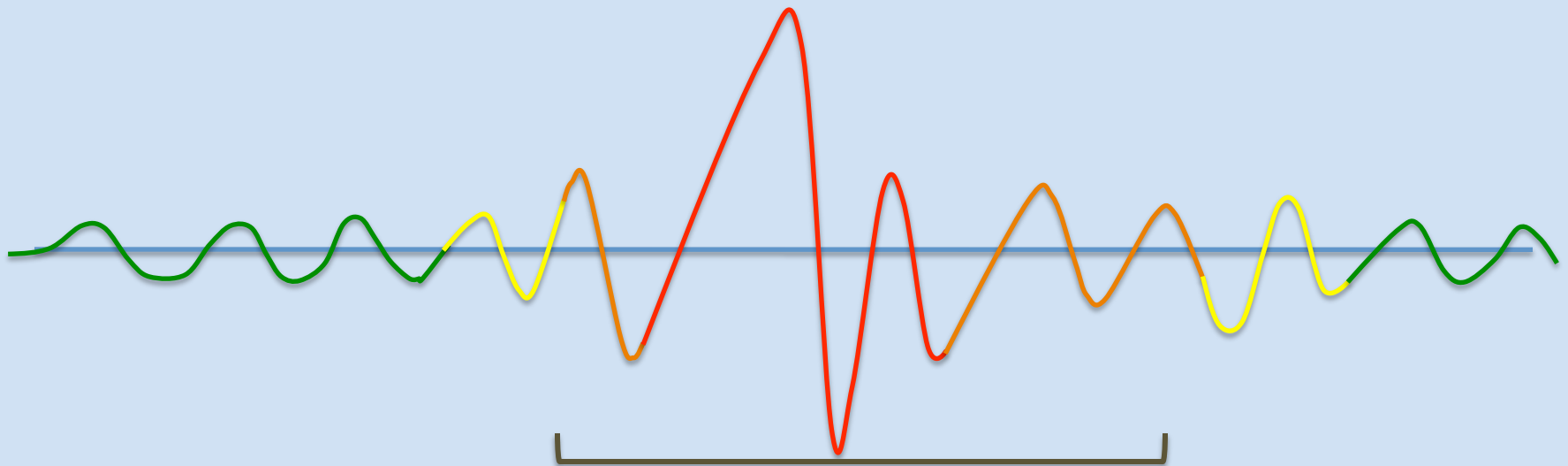
Positive Behavior Support
Response to Intervention
Cognitive Interventions
Training Period

Anatomy of a Meltdown



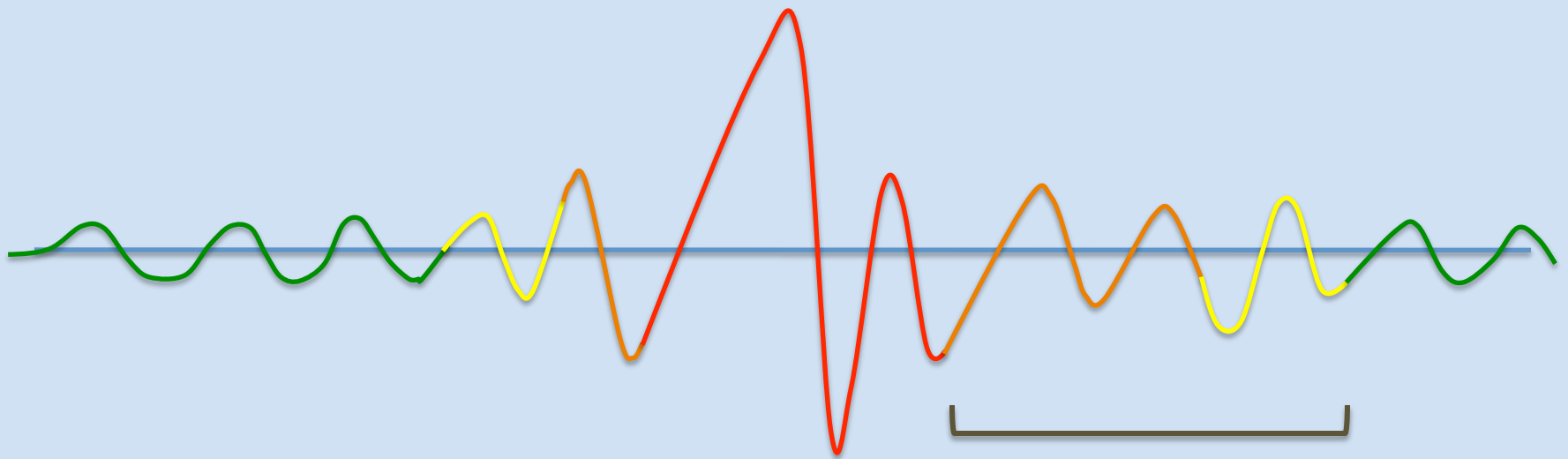
Intervention Plan
Behavior Management Plan
Crisis Stabilization Plan

Anatomy of a Meltdown



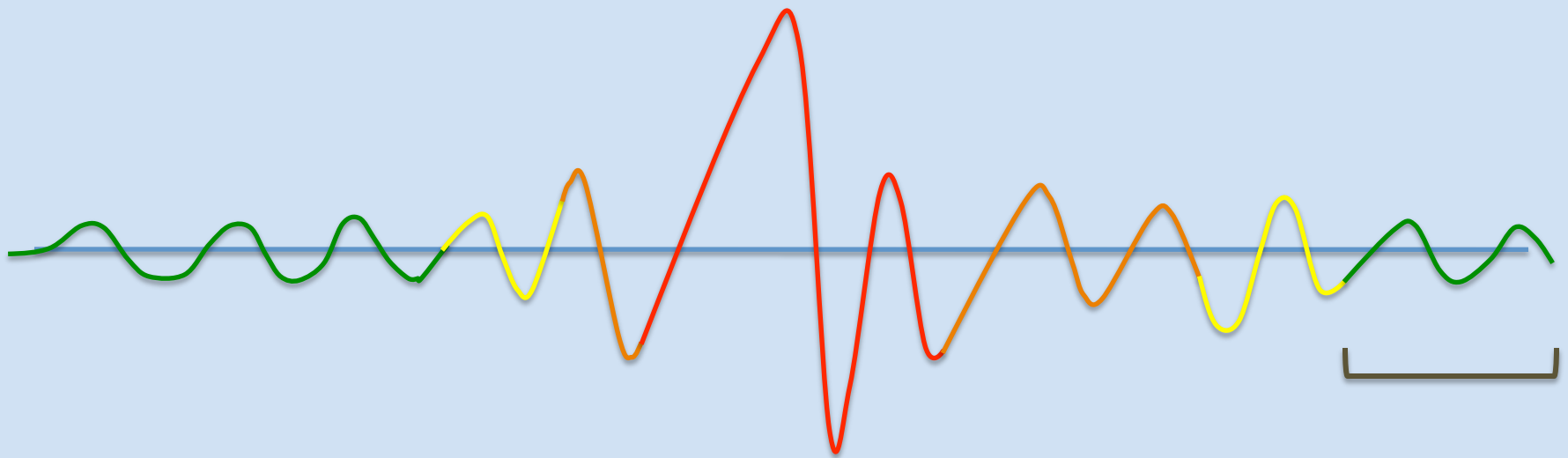
Safe Environment
Weather the storm

Anatomy of a Meltdown



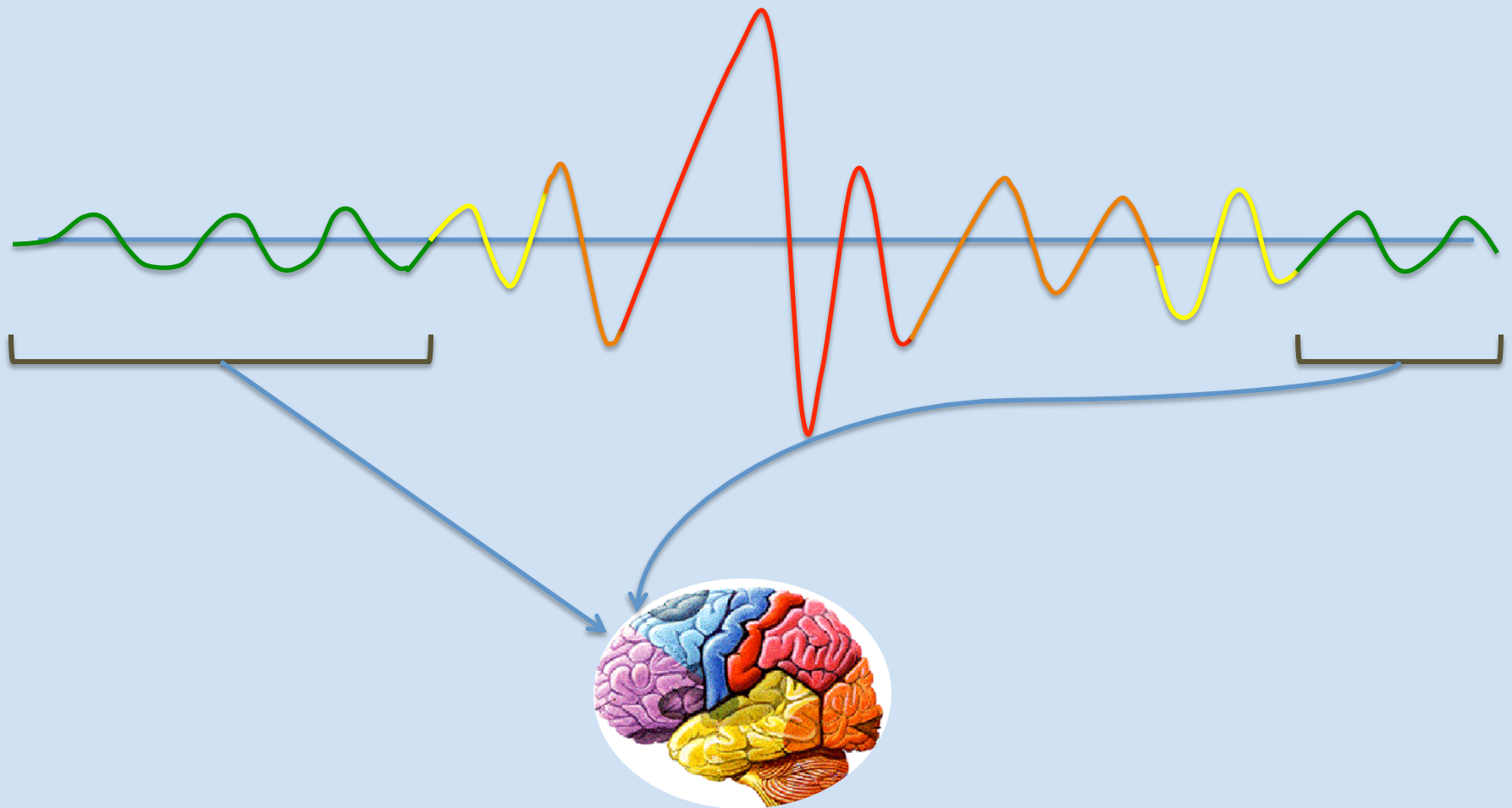
Life Space Intervention
Post Crisis Debriefing
Stage for re-entry
Expectation generation

Anatomy of a Meltdown

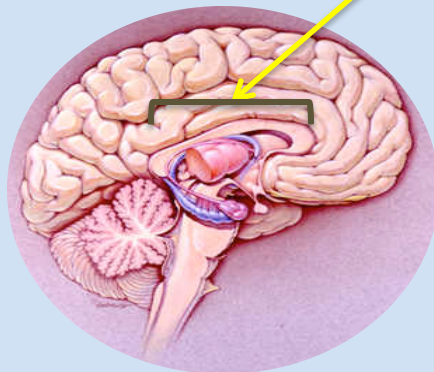
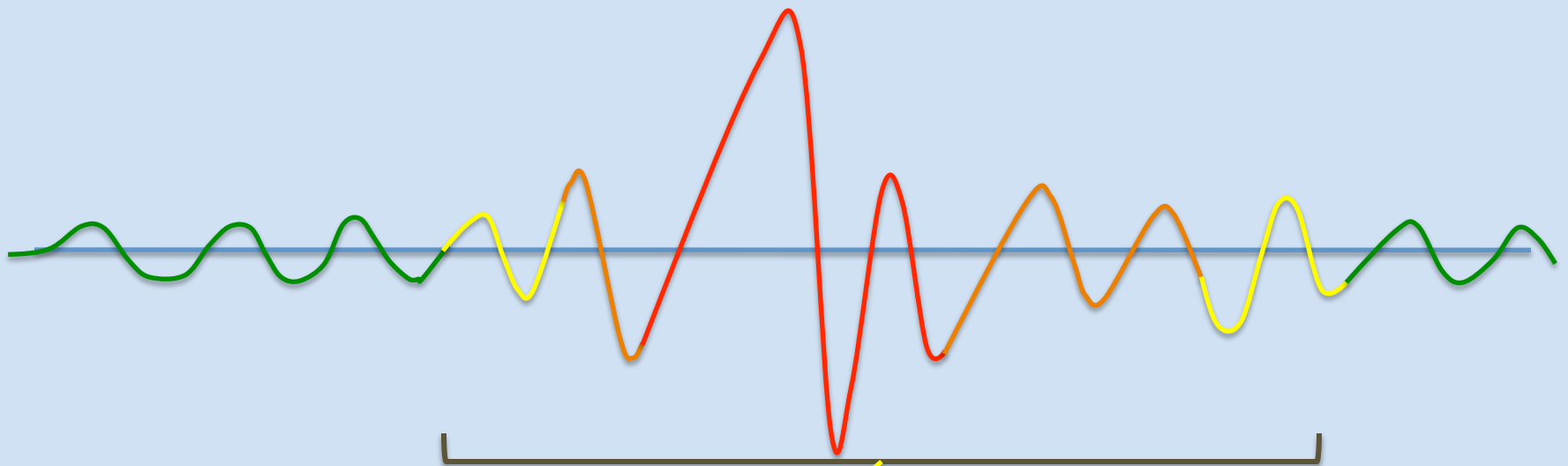


Positive Behavior Support
Response to Intervention
Cognitive Interventions
Training Period

Anatomy of a Meltdown



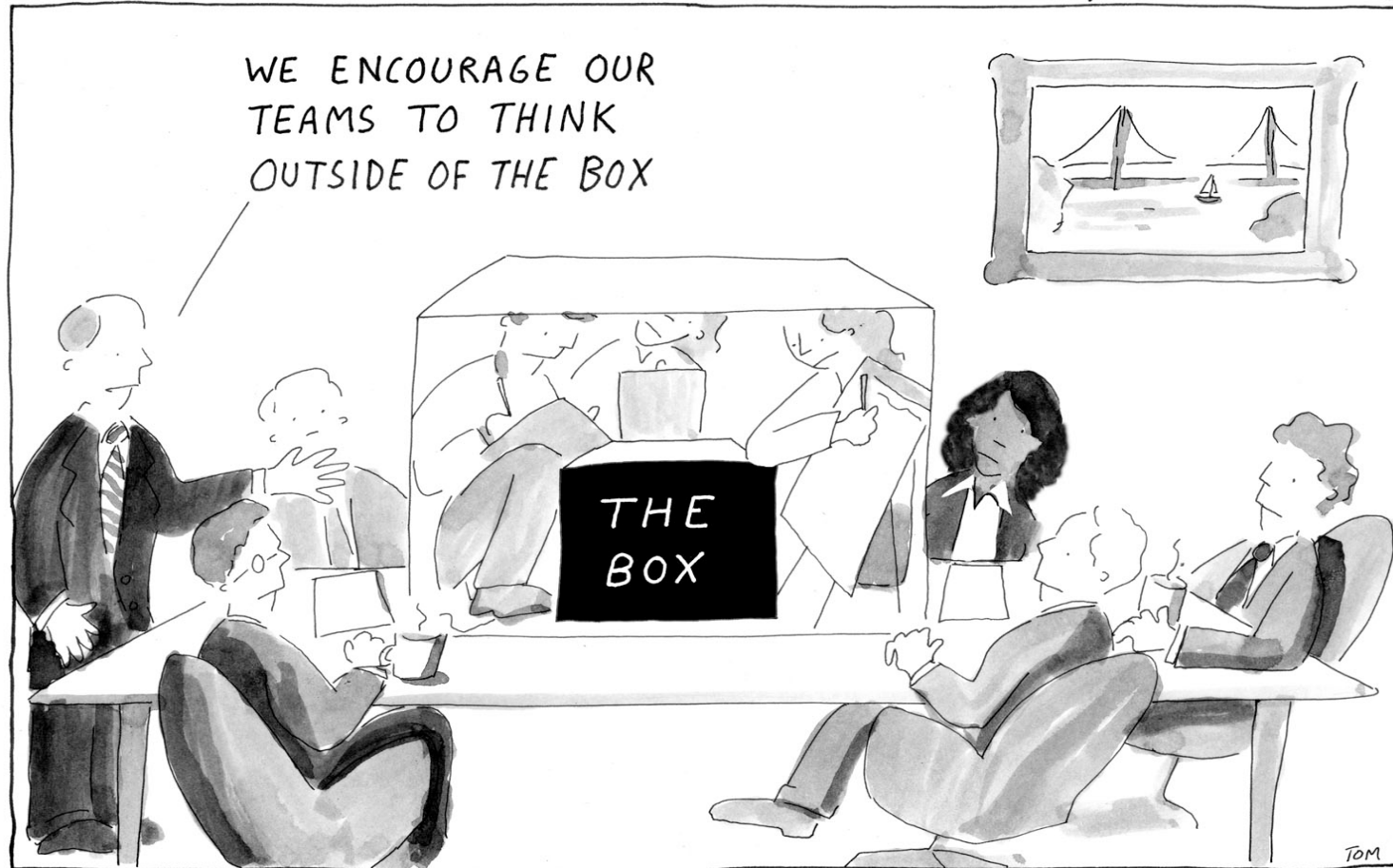
Anatomy of a Meltdown



Positive Behavior Support

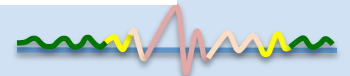
BRAND CAMP

by Tom Fishburne



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What typically guides decision making?

