



**COD & Treatment**  
WASTATE CONFERENCE

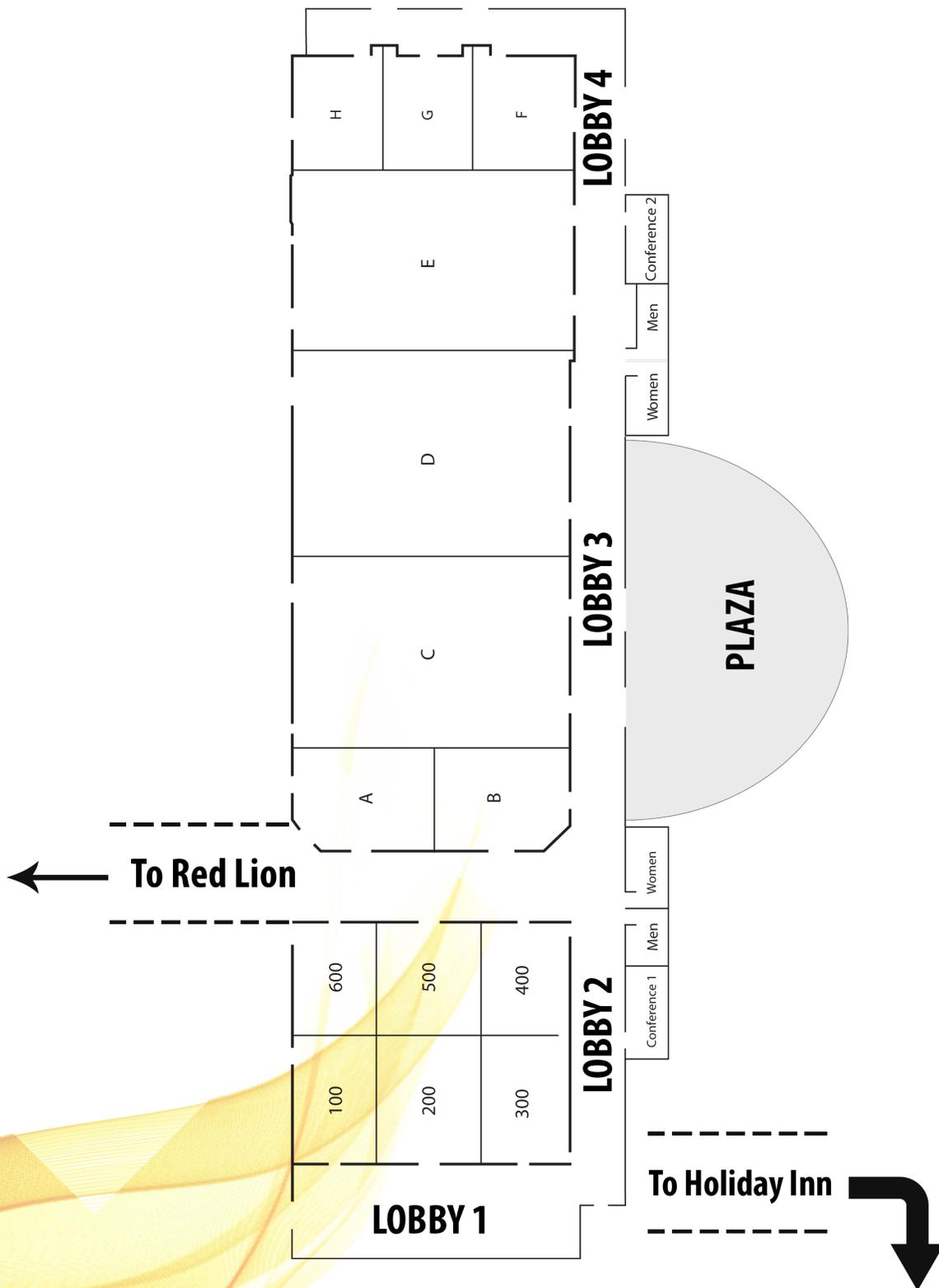
# Advances in Care and Recovery

October 16-17, 2017  
Yakima, WA

[www.WACODTX.org](http://www.WACODTX.org)

# YAKIMA CONVENTION CENTER MAP

WELCOME TO THE  
32nd Annual Washington State Co-Occurring  
Disorders and Treatment Conference



# TABLE OF CONTENTS

Sponsors/Exhibitors	4
Conference FAQs	5
Keynote Speakers	6
Workshop Information	10
Agenda	Back Cover

---

## COMMITTEE MEMBERS

**Ruth Leonard**, Division of Behavioral Health and Recovery, Conference Chairperson

**Amy Martin**, Thurston Mason Behavioral Health Organization

**Andrea Ray**, Comprehensive Healthcare

**Angela Clark**, Department of Corrections

**Diana Cockrell**, Division of Behavioral Health and Recovery

**Gene McConnachie**, Development Disabilities Administration

**Jacob Towle**, Juvenile Justice Rehabilitation Administration

**Jennifer Castaneto**, Northwest Resources II, Inc

**Jennifer Wyatt**, King County

**Mark Kreilkamp**, Department of Social and Health Services, Eastern State Hospital

**Melinda Trujillo**, Division of Behavioral Health and Recovery

**Monica Reeves**, Division of Developmental Disabilities

**Natalie Fryar**, Evergreen Manor-Seattle

**Pamala Sacks**, Lawlar, Juvenile Justice Rehabilitation Administration

**Rick Ries**, University of Washington

**Sarah Pine**, Division of Behavioral Health and Recovery

**Stacey Devenney**, Kitsap Mental Health Services

**Tiffany Villines**, Division of Behavioral Health and Recovery

---

## 2017 EXEMPLARY SERVICE AWARDS

Outstanding Service, Individual: **Amber Teichroeb**

Innovative Program: **David O'Neal**

Lifetime Achievement: **Beth Dannhardt**

# SPONSORS

The Co-Occurring Disorders and Treatment Conference is presented by the Washington State Department of Social and Health Services.



Washington State  
Department of Social  
& Health Services

*Transforming lives*



Washington State  
Department of Social  
& Health Services

**DDA** Developmental  
Disabilities Administration



# qualifacts

## EXHIBITORS

**Alkermes**

[www.alkermes.com](http://www.alkermes.com)

**Advanced Recovery Systems**

[www.advancedrecovery.com](http://www.advancedrecovery.com)

**American Addiction Centers**

[americanaddictioncenters.org](http://americanaddictioncenters.org)

**Cascade Behavioral Health**

[www.cascadebh.com](http://www.cascadebh.com)

**Coordinated Care**

[www.coordinatedcarehealth.com](http://www.coordinatedcarehealth.com)

**Crisis Clinic/WA Recovery  
Help Line**

[www.warecoveryhelpline.org](http://www.warecoveryhelpline.org)

**Daybreak Youth Services**

[daybreakyouthservices.org](http://daybreakyouthservices.org)

**Evergreen Council on  
Problem Gambling**

[www.evergreencpg.org](http://www.evergreencpg.org)

**Evergreen Health  
Recovery Center**

[www.recoverycentermonroe.com](http://www.recoverycentermonroe.com)

**Hidden Spring Book Company**

[www.mkt.com/shirtsandbooks](http://www.mkt.com/shirtsandbooks)

**Lifeline Connections**

[www.lifelineconnections.org](http://www.lifelineconnections.org)

**Millennium Health**

[www.millenniumhealth.com](http://www.millenniumhealth.com)

**NorthPoint Recovery**

[www.northpointrecovery.com](http://www.northpointrecovery.com)

**Oxford House Inc.**

[www.oxfordhouse.org](http://www.oxfordhouse.org)

**Relitrax EHR/Practice  
Management System**

[www.reliatrax.com](http://www.reliatrax.com)

**Residence XII**

[www.residencexii.org](http://www.residencexii.org)

**Schick Shadel Hospital**

[www.schickshadel.com](http://www.schickshadel.com)

**Singing Shaman Traders**

[www.facebook.com/  
singingshaman.traders](http://www.facebook.com/singingshaman.traders)

**Smokey Point Behavioral Hospital**

[smokeypointbehavioralhospital.com](http://smokeypointbehavioralhospital.com)

**Washington Recovery Alliance**

[washingtonrecoveryalliance.org](http://washingtonrecoveryalliance.org)

## Sign-In Requirements

Participants must sign in at the registration desk each morning in order to receive credit for attendance for the general conference.

## Conference Evaluations & Certificates

An email will be sent to all participants with a link to complete an on-line evaluation. Once the on-line evaluation is completed a digital certificate will be emailed for Continuing Education Hours (CEHs) to the same email address provided when registering.

## Continuing Education Hours (12 CEHs)

Participants can earn 12 Continuing Education Hours (CEHs) for the conference. In order to provide proof of attendance, participants must sign in at the registration desk each morning. Certificates will be adjusted for non-attendance. Continuing Education Hours (CEHs) have been approved for the National Association of Alcoholism and Drug Abuse Counselors (NAADAC, #165706). Participants may use the certificate to apply for CEHs from other certification/licensing boards.

Monday, October 16, 2017: 7.25 hours

Tuesday, October 17, 2017: 4.75 hours

## Yakima Convention Center

### Internet Access

The Yakima Convention Center offers complimentary wireless Internet. No password is required.

## Presentation Downloads

Participants may download presentation resources and handouts from the conference website. Downloads will be added, as presenters make them available.

[www.wacodtx.org/presentation-downloads](http://www.wacodtx.org/presentation-downloads)

## Interested in Sponsoring the 33rd Annual COD and Treatment Conference?

If you are interested in sponsoring the 33rd Annual Co-Occurring Disorders and Treatment Conference in 2018, please send a correspondence to:

[contactus@wacodtx.org](mailto:contactus@wacodtx.org)

# CONFERENCE SERVICES GROUP



The College of Business  
AT THE UNIVERSITY OF NEVADA, RENO

Conference services provided by the  
Conference Services Group at  
The College of Business, UNR.  
877-922-6635

# KEYNOTE SPEAKERS



**Monday, October 16**

**8:30 am - 9:30 am**

**BALLROOM CDE**

**Music from John Batdorf and Michael McLean –  
Recovery Artists and Lifetime Songwriters**

**Michael McLean and John Batdorf,  
Lifetime Songwriters, Composers, Authors**

The COD and Treatment Conference is pleased to open the conference with music from Michael McLean and John Batdorf, Soundtrax2Recovery.

## **ABOUT JOHN BATDORF AND MICHAEL MCLEAN**

John and Michael are singer/songwriters with a passion to let the power of music help people trying to change. They've been wearing out their lives the last forty plus years as professional songwriters hoping to make a difference. Although they understand they're not the only guys who have songs that could help, they want to get the ball rolling.



**Monday, October 16**

**9:45 am - 10:45 am**

**BALLROOM CDE**

**The Art and Soul of Trauma-Focused Care**

**Irene M. Rodriguez, LMHC, CAP, CCTP,  
Certified EMDR Therapist, Affiliate Trainer  
Institute for Creative Mindfulness**

While the concept of trauma-informed care has become more of a buzzword in the helping professions, many specialists in trauma are challenging the field to take it a step further. Participants are led through several exercises that will encourage them to examine the therapeutic relationship and empathy as part of a trauma-focused intervention plan. Orientations to several mindfulness-based strategies for healing trauma are provided, and the expressive arts as outlets for grounding and distress tolerance as companions to many well-established clinical interventions are explored.

## **ABOUT IRENE M. RODRIGUEZ**

Irene M. Rodríguez is the founder and director of Mindful Journey Center. She is a Licensed Mental Health Counselor, Certified Addictions Professional and Certified Clinical Trauma Professional with a Master of Science in Mental Health Counseling from Nova Southeastern University. She is certified EMDR Therapist and certified Traumatic Incident Reduction Facilitator and Trainer. Ms. Rodríguez has been trained in Trauma Focused- CBT, Life Stress Reduction (LSR) and is certified Dancing Mindfulness Facilitator and Trainer.

**Monday, October 16**  
**1:15 pm - 2:15 pm**

**BALLROOM CDE**



## **Jordan Hansen, MA, LADC**

### **ABOUT JORDAN HANSEN**

Jordan is an experienced clinician, consultant, writer and speaker focused on assisting communities and organizations adopted evidence-based practices for the treatment of Substance Use Disorders. He manages Hazelden Betty Ford's Comprehensive Opioid Response with the Twelve Steps training program, helping implement effective medication-assisted programming for the treatment of Opioid Use Disorder. Jordan's experience as a clinician within residential, long-term and outpatient levels of care informs all his work, aiming to combine cutting-edge, evidence-based treatment approaches with the wisdom found in peer-supported recovery.

## **Stephen Delisi, MD, DABAM, FASAM**

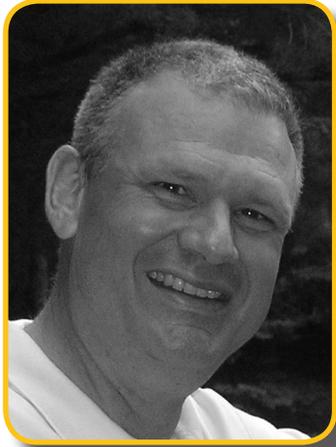
### **ABOUT STEPHEN DELISI**

Prior to joining the Hazelden Betty Ford Graduate School of Addiction Studies as the Assistant Dean, Dr. Delisi served as the Midwest Regional Medical Director for HBFF. Dr. Delisi graduated in 2001 from Rush University Medical Center in Chicago, Illinois. There he served as chief resident in the Psychiatric Residency Program. He also participated in a Neuroscience Research Fellowship from Loyola University, Chicago and was awarded a NARSAD Young Investigator Award. Dr. Delisi served as Director of Psychiatric Services at Rush Behavioral Health-DuPage, Associate Director of the Psychiatric Residency Program at Rush, and Associate Director of the Chicago Board Review Course. Dr. Delisi's fields of interest include psychopharmacology, assessment and treatment of co-occurring SUD and MH disorders, neurobiology of addiction, mindfulness-based cognitive therapy for depression and addiction, and adaptive leadership. He is also active in community support and public advocacy to improve care delivery for individuals struggling with addiction and mental illnesses. Dr. Delisi has co-authored 28 presentations and published abstracts, many of which focus on mindfulness-based treatment. He has also co-authored three publications, two of which are supported by the National Alliance for Research on Schizophrenia and Depression (NARSAD).

## **Keynote Presentation: COR-12: A Comprehensive Approach for Treating Opioid Use Disorder**

Implementation of integrated treatment for Opioid Use Disorder continues to suffer from siloed delivery systems, ideological divisions, and lack of use of medications to support recovery. Dr. Steve Delisi and Jordan Hansen Ma LADC share Hazelden Betty Ford's (HBFF) experience implementing medication-assisted therapy programs in a historically abstinence-based, Twelve Step steeped culture. The Comprehensive Opioid Response with the Twelve Steps (COR-12) approach demonstrates the potential of recovery-oriented practices to combine the use of essential medications like buprenorphine with the lived experience of individuals and families in peer-supported recovery. Focuses of this session include sharing of outcomes from preliminary, limited research on COR-12; an overview of HBFF's approach to co-occurring mental health conditions among this population; and insights gained through the implementation of this program.

# KEYNOTE SPEAKERS



**Tuesday, October 17**  
**8:00 am - 9:15 am**

**BALLROOM CDE**

## **Through Your Hands**

**Chris Heimerl, MSSW**

“We dream about the future and we scheme about the past when just a simple reaching out will build a bridge that lasts.” Chris draws inspiration from John Hiatt’s lyrics to remind us of what is truly essential if we choose to lead a life of service.

### **ABOUT CHRIS HEIMERL**

Chris draws inspiration from John Hiatt’s lyrics to guide us through turbulent times. What values and practices will we hold most dearly as we enter unprecedented uncertainty in our lives and our life’s work? Chris began his career addressing the fallout faced by countless individuals when mental health commitment laws discharged them into our communities without resources or support in the late 60’s. Since the early 70’s he has participated in a handful of states transition from reliance on institutional care to community support. From the emergence and decline of block grants to the dominance in the ID/DD world of Home and Community Based Waivers, there are threads that may sustain our efforts and create unforeseen opportunities. It will begin and end Through Our Hands.



**Tuesday, October 17**  
**9:30 am - 10:30 am**

**BALLROOM CDE**

## **The Health Effects of Cannabis and Cannabinoids**

**Margarita Alegría, Ph.D., Professor, Departments of Medicine & Psychiatry, Harvard Medical School**

Earlier this year, The National Academies of Sciences, Engineering, and Medicine released a comprehensive report highlighting the health effects of cannabis on a wide array of physical and psychological conditions. The workshop, led by two of the original

committee members, will provide an in-depth examination of the findings related to mental health and substance use disorders. Participants will engage in an open discussion on implications and future directions.

### **ABOUT MARGARITA ALEGRÍA**

Margarita Alegría, Ph.D., is the Chief of the Disparities Research Unit at Massachusetts General Hospital, and a Professor in the Departments of Medicine and Psychiatry at Harvard Medical School. Dr. Alegría is currently the PI of four National Institutes of Health (NIH)-funded research studies: International Latino Research Partnership; Effects of Social Context, Culture and Minority Status on Depression and Anxiety; Building Community Capacity for Disability Prevention for Minority Elders; and Mechanisms Underlying Racial/Ethnic Disparities in Mental Disorders. She is also the co-PI of a William T. Grant Foundation project, entitled Understanding the Experience of Majority and Minority Status through Photovoice. Dr. Alegría has published over 200 papers, editorials, intervention training manuals, and several book chapters, on topics such as improvement of health care services delivery for diverse racial and ethnic populations, conceptual and methodological issues with multicultural populations, and ways to bring the community’s perspective into the design and implementation of health services.

## NOTES

# Simplifying Complexity™

EHR technology and services keeping you ahead of the accelerating pace of change.

- ✓ CareLogic®
- ✓ CareLogic | MOBILE™
- ✓ CareLogic | IMPACT™
- ✓ Qualifacts | Integration Services
- ✓ Qualifacts | Reporting Services

Elevate the quality of care for every individual and community you serve.

866.386.6755 | [info@qualifacts.com](mailto:info@qualifacts.com) | [qualifacts.com](http://qualifacts.com)

**qualifacts**

# WORKSHOP SESSION I

MONDAY, OCTOBER 16, 2017 | 11:00 AM – 12:15 PM

## **A1: Addiction in the Digital Age: Preventing Problem Gambling Among Youth**

**SUITE 500**

Elizabeth Glavish, BA, Communications and Outreach Specialist

This session will highlight key issues surrounding youth problem gambling, focusing on emerging trends, the blurring line between gaming and gambling, and effective prevention tactics.

## **A2: Developing Opioid Addiction Treatment in the Mental Health Center**

**BALLROOM G**

Richard Ries, MD, FASAM, FAPA, Professor and Director Addiction Division

The opioid epidemic has also reached into mental health center patients, and clinicians there need to know what options and models for treatment are available to them, or can be developed. Harborview Mental Health Center has been utilizing medication assisted treatment for opioid addiction as well as co-managing patients on Methadone for many years. Dr. Ries will review these model by utilizing case examples.

## **A3: The Negative Impact of Long-Term Unemployment and Opportunities to Address It**

**SUITE 600**

Lisa Bennett-Perry, BA, Supported Employment Program Manager, Department of Social & Health Services Division of Behavioral Health & Recovery; Melodie Pazolt, Recovery Support Services Supervisor; Wanda Johns, BA, Housing & Recovery through Peer Services Program Manager, Department of Social & Health Services Division of Behavioral Health & Recovery

This workshop will provide information on delivering evidence-based practice supported employment services (also known as Individual Placement and Support) under the 1115 Medicaid Transformation Demonstration. These new Medicaid benefits will be provided to target populations under a contract with the third party administrator (Amerigroup). Learn about the new opportunities to provide these services, an overview of the evidence-based practice and how detrimental long-term unemployment is to a person's behavioral health.

## **A4: Community Support to People with Intellectual Disabilities and Challenging Behaviors**

**SUITE 400**

Paul White, MA, Licensed Professional Counselor – Wisconsin

Facilitating people with intellectual disabilities and challenging behaviors to leave restrictive settings and find meaningful and safe lifestyles in the community is an important and gratifying endeavor. Matching the needs of each individual with proper emotional support can be a challenge. Paul White has guided community support teams in successfully providing such support in Wisconsin for 35 years. He will offer a straightforward model that reflects this experience.

## **A5: Motivational Interviewing: Part 1**

**BALLROOM B**

Scott Boyles, Licensed Addiction Counselor, Senior National Training Director

The 5 session workshop will focus on the spirit and processes of Motivational Interviewing (MI) and MI skills. Sessions will include lecture, group activities and skill practice.

## A6: Clinical Documentation

**BALLROOM F**

Marc Bollinger, LICSW, Chief Executive Officer; Kathy Lee Robertson, MSW, Chief Clinical Officer; Crystal Didier, M.Ed, Clinical Quality Specialist; David Reed

Clinical documentation is the corner stone for delivering quality and competent services to individuals. This session will cover the essentials of quality documentation from timeliness of documentation to required content within the Assessment/Intake, Medical Necessity, Individual Service Plan and progress notes. The session will focus on Assessments and Progress Notes. Participants will have the opportunity to review progress notes and identify areas for improvement and strengths.

## A7: Dancing Mindfulness: An Expressive Arts Pathway to Healing and Transformation

**BALLROOM A**

Irene M. Rodriguez, LMHC, CAP, CCTP, Certified EMDR Therapist, Affiliate Trainer Institute for Creative Mindfulness

The Dancing Mindfulness approach to expressive arts therapy developed in 2012 as a trauma-informed approach for teaching mindfulness and recovery concepts. In this session, participants will have a chance to sample the practice and discuss implications for applying to clinical settings.

## A8: Integration: The Good, The Bad and The Ugly

**SUITE 300**

Michele Waltz, MA, LMHC, LPC, MAC, SAP, Owner

In this workshop we will discuss the challenges of SB6213—the law that requires the integration of mental health, SUD and primary care services. I will discuss the challenges integration presents, and examine the different philosophies and treatment approaches of each system; and how we can use this understanding to work better together.

## A9: The Seven Challenges for Adolescents and Young Adults

**BALLROOM H**

Robert Schwebel, Ph.D., Psychologist, Author and Program Developer

This will be an overview of The Seven Challenges®, a developmentally appropriate counseling program designed to help adolescents and young adults take power over their own lives, including their use of alcohol and other drugs. In The Seven Challenges, now widely used across the U.S., in Canada, and in Germany, clients with drug problems gain understanding and validation about why they use drugs, and then weigh the benefits against the harm from drugs as they make their own decisions about how to proceed. Those who want to change their drug use behavior get session-to-session “individualized support.” Clients also gain control of their lives (including co-occurring and situational problems) as they use mastery counseling to deal with their “issues;” i.e., things that are not going well or as well as they would like them to be going.

# WORKSHOP SESSION II

MONDAY, OCTOBER 16, 2017 | 2:30 PM – 3:45 PM

## **B1: Challenging Yourself: The Seven Challenges for Adults**

**BALLROOM H**

Robert Schwebel, Ph.D., Psychologist, Author and Program Developer

This will be the first public presentation about the new adult version of The Seven Challenges, called “Challenging Yourself™” and the new self-help book Leap of Power: Take Control of Alcohol, Drugs, and Your Life. Challenging Yourself has been piloted in Idaho and Alabama and now will be introduced across the country. Following the same principles of The Seven Challenges of empowering individuals to make their own decisions and take control of their own lives, the adult adaptation has a different voice, different points of emphasis, and introduces new ideas, such as a “Challenging Voice” and the KARMA acronym to support individuals in overcoming their drug use problems.

## **B2: Comprehensive Opioid Response with the 12-Steps: Implementing MAT in Abstinence-Based, 12-Step Settings**

**BALLROOM G**

Jordan Hansen, Ph.D., MBA; Stephen Delisi, MD, DABAM, FASAM

Implementation of integrated treatment for Opioid Use Disorder continues to suffer from siloed delivery systems, ideological divisions, and lack of use of medications to support recovery. Dr. Steve Delisi and Jordan Hansen Ma LADC share Hazelden Betty Ford’s (HBFF) experience implementing medication-assisted therapy programs in a historically abstinence-based, Twelve-Step steeped culture. The Comprehensive Opioid Response with the Twelve Steps (COR-12) approach demonstrates the potential of recovery-oriented practices combining the use of essential medications like buprenorphine with the lived experience of individuals and families in peer-supported recovery.

## **B3: Washington State Targeted Response (WA-Opioid STR) Grant**

**SUITE 400**

Thomas Fuchs, MD, M.Ed, Behavioral Health Treatment Manager

The Washington State Targeted Response (WA-Opioid STR) is a statewide effort to address the opioid epidemic through increased access to prevention, treatment, and recovery services. The plan builds on the state strategic plan, existing infrastructures and expanding implementation of proven programs and strategies to meet the needs of the state. This session will provide an overview of the 18 projects of WA-Opioid STR grant, involving multiple organizations working in collaboration to address the issues related to the opioid epidemic.

## **B4: Dementia and Beyond: Working with Intellectually Disabled Adults Meeting the Challenges of Aging**

**SUITE 500**

Evelyn Dreyer, MSN, MS Clinical Psychology, Nurse Practitioner

Review of the physical and cognitive changes associated with normal aging, as well as changes related to specific syndromes. Differences and similarities in aging in a intellectually disabled person, compared to someone who is typically developing. Recommendations for meeting the needs of aging individuals.

## **B5: Motivational Interviewing: Part 2**

**BALLROOM B**

Scott Boyles, Licensed Addiction Counselor, Senior National Training Director

The 5 session workshop will focus on the spirit and processes of Motivational Interviewing (MI) and MI skills. Sessions will include lecture, group activities and skill practice.

## **B6: Treatment Planning**

**BALLROOM F**

Marc Bollinger, LICSW, Chief Executive Officer; Kathy Lee Robertson, MSW, Chief Clinical Officer; Crystal Didier, M.Ed, Clinical Quality Specialist; David Reed

The Treatment Planning session will connect the assessment and medical necessity to the individualized treatment planning process. The session will provide tools for creating individualized treatment plans with specific and measurable goals and/or objectives. An overview of Washington Administrative Codes regarding individual service plans (treatment plans) will be provided. The session will conclude with participants reviewing examples of treatment plans to identify areas for improvement and identification of areas of strengths.

## **B7: EMDR Therapy**

**BALLROOM A**

Irene M. Rodriguez, LMHC, CAP, CCTP, Certified EMDR Therapist, Affiliate Trainer Institute for Creative Mindfulness

Eye Movement Desensitization and Reprocessing (EMDR) is viable psychotherapy for the treatment of trauma and other trauma and stressor-related disorders. In recent years, several major organizations have endorsed EMDR therapy in practice guidelines as an efficacious treatment for Post Traumatic Stress Disorder (PTSD). This workshop is designed for those not presently trained in EMDR and wanting to receive an orientation about how the therapy works and how it can be used in various levels of the addiction treatment process. Common misconceptions about the therapeutic approach are also addressed. You will also receive more information to help you to decide if further training in EMDR therapy is for you. The EMDR approach to trauma is discussed in this course, which can help you to enrich your delivery of trauma-informed services whether or not you go on for further training in EMDR therapy. Several EMDR-related techniques using bilateral stimulation are also taught in this course, available for you to use in clinical settings.

## **B8: Bridge Building to Engage a Peer Support Workforce**

**SUITE 600**

Clifford Thurston, Founder and CEO of Worldbridgers; Victoria Roberts, Washington State Secretary of DSHS; Nancy Salovich, BS Behavioral Science, CPC Certified Peer Counselor, COO & VP Peer Integration

Worldbridgers community bridge building network gives a fresh and enriching workshop experience. Peer support an evidence-based practice is on the rise nationwide. Join us for peer system development updates and advances throughout numerous environments.

## **B9: Assessing and Treating Binge Eating Disorder using Enhanced Cognitive Behavioral Therapy (CBT-E)**

**SUITE 300**

Angela Celio Doyle, Ph.D., Licensed Psychologist, Co-Director, Eating Disorders Center of Seattle

Binge eating disorder (BED) is an eating disorder characterized by frequent overeating accompanied by a sense of loss of control and is more common than anorexia nervosa and bulimia nervosa combined. However, it is estimated that fewer than 30% of people with BED receive treatment for this disorder. Enhanced Cognitive Behavioral Therapy (CBT-E) is an evidence-based approach to treating BED. This workshop will provide the basics of assessing BED as well provide an orientation to treating BED using CBT-E.

# WORKSHOP SESSION III

MONDAY, OCTOBER 16, 2017 | 4:00 PM – 5:15 PM

## C1: Mastery Counseling

BALLROOM H

Robert Schwebel, Ph.D., Psychologist, Author and Program Developer

This session will introduce and discuss clinical skills in Mastery Counseling™, the core counseling process in The Seven Challenges; one that has trans-theoretical applications. It is a de-stigmatizing approach to counseling that matches what I call Mastery Living, in which people who want to take control of their lives pay attention to what is happening in their experiences; leaving alone what is going well and working to change what is not going well or as well as they would like it to be going (their issues). In Mastery Counseling, people work on their issues at every session and their lives get better.

## C2: Developing Opioid Addiction Treatment in the Mental Health Center

BALLROOM G

Richard Ries, MD, FASAM, FAPA, Professor and Director Addiction Division

The opioid epidemic has also reached into mental health center patients, and clinicians there need to know what options and models for treatment are available to them, or can be developed. Harborview Mental Health Center has been utilizing medication assisted treatment for opioid addiction as well as co-managing patients on Methadone for many years. Dr. Ries will review these model by utilizing case examples.

## C3: How the Chehalis Tribe established, and developed, an award winning Re-entry Program

SUITE 500

Charlene Abrahamson, BA, CDP, Director of Tsapowum Chehalis Tribal Behavioral Health; Sally Heath, MSW, LICSW, CDP, Offender Re-entry Provider

We will present on our grant through inception, collaborations and ongoing operation of our Re-entry Program at the Chehalis Tribal Jail. This will include what other Tribal Departments are involved, day-to-day operations and obstacles we face. Also, the evaluative process, needs assessment and effectively manage suicidal behaviors and other substance abuse and mental health disorders- which may have been the precursor to legal troubles.

## C4: Focusing on Strengths: Reframing work with individuals with cognitive disabilities

SUITE 300

David O'Neal, MS, Director – IDD Services

Strength based strategies enhance an individuals engagement in treatment. this technique and others that offer successful outcomes in working with individuals with IDD and SUD issues but also generalize well to every individual.

## C5: Motivational Interviewing: Part 3

BALLROOM B

Scott Boyles, Licensed Addiction Counselor, Senior National Training Director

The 5 session workshop will focus on the spirit and processes of Motivational Interviewing (MI) and MI skills. Sessions will include lecture, group activities and skill practice.

## C6: Auditing

**BALLROOM F**

Marc Bollinger, LICSW, Chief Executive Officer; Kathy Lee Robertson, MSW, Chief Clinical Officer; Crystal Didier, M.Ed, Clinical Quality Specialist; David Reed

Audits are conducted to ensure the validity and reliability of information; also to provide an assessment of an agency's or organizations strengths, risk and areas of improvement. This session will focus on auditing tools and the roles of Behavioral Health Agencies, Behavioral Health Organizations, State and Federal Oversight Agencies.

## C7: Problem Gambling and Therapeutic Justice

**SUITE 400**

James Leingang, BA CDP WSCGC II, Community Engagement and Advocacy Specialist

Stigma, misunderstandings about problem gambling treatment, and funding issues are some of the barriers that have kept therapeutic justice for problem gamblers on the judicial back burner. Despite these issues, there is a Problem Gambling Therapeutic Justice program, in Pierce County, WA. Pierce County Alliance is offering hope for Disordered Gamblers and their families. This session will explore the history of their program and how this program, and others like it across the nation, have used partnerships to overcome the barriers to their existence. Attendees will learn basic information on the signs and symptoms of Problem Gambling, vulnerable populations for developing issues related to gambling, common crimes related to Disordered Gambling, and how problem gambling therapeutic justice programs work, from screening and treatment to restitution and accountability.

## C8: Police/Transgender Relations

**BALLROOM A**

Jim Ritter, BA, Professional Training, Expert Witness, Developer of SPD SAFE PLACE Initiative, Police Officer-LGBTQ Liaison

This workshop will explain the vast progressions that are being made between the police and transgender community.

## C9: New Opportunities to Link Individuals with Behavioral Health Challenges with Housing

**SUITE 600**

Lisa Bennett-Perry, BA, Supported Employment Program Manager, Department of Social & Health Services Division of Behavioral Health & Recovery; Melodie Pazolt, Recovery Support Services Supervisor; Wanda Johns, BA, Housing & Recovery through Peer Services Program Manager, Department of Social & Health Services Division of Behavioral Health & Recovery

This workshop will highlight the partnership between DSHS, HCA and Amerigroup to launch a new supportive housing services benefit throughout Washington state for targeted Medicaid populations. In addition the Housing and Recovery through Peer Services (HARPS) projects have been piloting supportive housing services using the SAMHSA evidence-based practice model. Lessons learned and the resources associated with these pilots will be shared.

# WORKSHOP SESSION IV

TUESDAY, OCTOBER 17, 2017 | 10:45 AM – 12:00 PM

---

## D1: The Health Effects of Cannabis and Cannabinoids

**BALLROOM G**

Margarita Alegria, PhD, Professor; Sachin Patel, MD Ph.D., Associate Professor

Earlier this year, The National Academies of Sciences, Engineering, and Medicine released a comprehensive report highlighting the health effects of cannabis on a wide array of physical and psychological conditions. The workshop, led by two of the original committee members, will provide an in-depth examination of the findings related to mental health and substance use disorders. Participants will engage in an open discussion on implications and future directions.

---

## D2: Addiction IOP For Opioid Dependent Individuals on MAT

**BALLROOM H**

Asif Khan, MD, SAP, FASAM, FACP; Belinda Allen

No description was provided. We apologize for the inconvenience.

---

## D3: Motivational Interviewing: Part 4

**BALLROOM B**

Scott Boyles, Licensed Addiction Counselor, Senior National Training Director

The 5 session workshop will focus on the spirit and processes of Motivational Interviewing (MI) and MI skills. Sessions will include lecture, group activities and skill practice.

---

## D4: We Know This to be True

**BALLROOM A**

Chris Heimerl, MA

New Mexico intentionally pursued Positive Approaches and related Positive Behavior Support beginning in the mid-90's. We believed individuals thought to require secure facility based care due to behavioral concerns could thrive in community settings. We closed our two institutions 20 years ago. We have systematically studied what made the difference and have clear notions about what it takes to succeed. This session will look at the monitoring protocol used and outcomes discovered.

---

## D5: Positive Leadership Skill Building: Part 1

**SUITE 300**

Natalie Fryar, M.Ed., LMHC, MAC, CDP, MHP, Director of Clinical Operations

This workshop is designed for those in leadership roles. We will use a Leadership Curriculum that focuses on Positive Leadership using the tools of Authenticity, Purpose, Advocacy, Resilience, Community Building, Reason, & Gratitude.

## **D6: Golden Thread: How Medical Necessity, Assessments, Individual Service Plans, and Progress Notes Lead to Quality Care and Billable Services** **BALLROOM F**

Marc Bollinger, LICSW, Chief Executive Officer; Kathy Lee Robertson, MSW, Chief Clinical Officer; Crystal Didier, M.Ed, Clinical Quality Specialist; David Reed

Golden Thread is a common term used to identify the foundation of medical necessity, assessments, treatment plans and progress notes when it comes to the delivery of quality care and billable services. This session will focus on medical necessary aspects and touch on Assessment, treatment planning and progress note documentation requirements and common mistakes. The main theme is to assist participants meet requirements of the Washington Administrative Codes and good clinical documentation practices.

## **D7: Strengthen your Resilience & Communication Skills for a Better Workplace** **SUITE 600**

Fransing Daisy, Ph.D., Psychologist/Behavioral Health Educator; Elizabeth S. Gordon, Ph.D., JD, M.Div., Educator

This workshop focuses on developing internal and external resources and skills to improve work conditions for providers. These resources include cultivating resilience through evidence based practices and communication skills to move toward a healthier and more functional workplace. Using an interactive format, the presenters will help attendees identify clinical dynamics that contribute to conflict and burnout and how to intentionally develop holistic approaches to address individual and organizational stressors.

## **D8: Problem Gambling and the Continuum of Care in Washington State** **SUITE 400**

James Leingang, BA CDP WSCGC II, Community Engagement and Advocacy Specialist

The workshop will focus on developing a strong Continuum of Care for addressing issues related to Problem Gambling. Creating an effective Continuum of Care begins by examining the resources and services currently available. We will look at the work done by The Evergreen Council on Problem Gambling to address Prevention, Awareness, Education, Treatment and Aftercare. We will also look at the limits and gaps in services within our state and region. In addition, emerging services and support communities will be discussed (Recovery Café Model, Recovery Coach Academy, Peer to Peer Coaches, etc.)

## **D9: The Collaborative Effort of the Offender Reentry Community Safety Program for Transition** **SUITE 500**

Angela Clark, MS, LMHC, ORCS Program Administrator; Monica Reeves, M.Ed., LMHCA, Offender Reentry Community Safety Program Administrator

This presentation will provide an updated look at the Offender Reentry Community Safety (ORCS) program. The ORCS program (formerly known as the Dangerously Mentally Ill Offender program) is a legislatively mandated program that identifies and provides transition for incarcerated individuals who are dangerous and mentally ill. The program is designed as a collaboration between Department of Corrections and the Division of Behavioral Health and Recovery. Discussion will include statistics regarding the number of offenders designated into the program, recidivism and successes. The multi-system care planning team is an integral part of the transition process for the offender. This team works in collaboration with the offender to identify and develop a transition plan for successful community integration.

# WORKSHOP SESSION V

TUESDAY, OCTOBER 17, 2017 | 1:30 PM – 3:00PM

## **E1: Leave the Past Effects of Stigmas Behind & “Speak Up, Tell Your Story”**

**BALLROOM A**

Carol Gartin, AAS, CPC, Peer Case Manager

Peers as change agents have an opportunity to first build their own confidence and then to share their journeys. Learning to deal with stigmas that effect the “self” helps the to depersonalize the many voices that society, family and friends have contributed. I will use my personal journey to show what stigmas I encountered and how I am confronting and overcoming. This journey of awareness accomplishes the confidence to “Speak Up & Tell Our Stories”.

## **E2: Positive Leadership Skill Building: Part 2**

**SUITE 300**

Natalie Fryar, M.Ed., LMHC, MAC, CDP, MHP, Director of Clinical Operations

This workshop is designed for those in leadership roles. We will use a Leadership Curriculum that focuses on Positive Leadership using the tools of Authenticity, Purpose, Advocacy, Resilience, Community Building, Reason, & Gratitude.

## **E3: Motivational Interviewing: Part 5**

**BALLROOM B**

Scott Boyles, Licensed Addiction Counselor, Senior National Training Director

The 5 session workshop will focus on the spirit and processes of Motivational Interviewing (MI) and MI skills. Sessions will include lecture, group activities and skill practice.

## **E4: DDA’s new online training certificate in Positive Behavior Support**

**BALLROOM G**

Gene McConnachie, Ph.D., Region 2 Field Services Psychologist; Sandi Miller, BA Psychology, Residential Quality Assurance Program Manager; Phil Diaz, Ph.D., Clinical Team Lead

This workshop will provide an overview of DDA’s online training program designed to teach participants to conduct and write a Functional Behavioral Assessment and a Positive Behavior Support Plan for clients they support. Excerpts of Video and Slides from the online training will be shown. Outcome data showing improvements in trainee’s ability to write good FBA’s and PBSPs will be presented. Next steps in the development of this online resource will be discussed.

---

## **E5: The Veteran Client and TBI – What they want you to know to help them succeed**

**BALLROOM F**

Daniel Overton, MC, LMHC, MHP, CBIS, TBI Program Coordinator – Washington State Department of Veterans Affairs

Whether you know it or not, you are seeing veteran clients. Typically 10% of all clients are veterans. As many as 1 in 5 of these folks may have a TBI. If they do, the TBI may be the reason they are having so much trouble succeeding. Come learn how to recognize and treat the veteran client and TBI through experiential learning and how you can tap into free resources to help develop and deliver integrative treatment plans.

---

## **E6: Medication Assisted Treatment: Myths, Facts and the New Reality**

**BALLROOM H**

Asif Khan, MD, SAP, FASAM, FACP; & Tom Fuchs, M.Ed

Addiction and treatment are complicated issues, recovery is sometimes fleeting and elusive, yet millions of people find recovery and looks as different as the people who achieve it. This session will explore some characteristics (Myths, Facts and Reality) of Medication Assisted Treatment, why there is an increased utilization of MAT. The session will also explore how you can better understand and support people with Opioid Use Disorders and MAT. The training will address what has changed in our understanding the factors of how addiction starts, and why our developing understanding of brain chemistry is changing the tools we bring to recovery services.

# AGENDA AT A GLANCE

## Monday, October 16, 2017

7:30 – 8:00 am	Registration/Check-in
7:30 – 8:00 am	Continental Breakfast & Exhibitor Viewing
8:00 – 8:30 am	Division Welcome: Chris Imhoff, Director, DSHS/DBHR
8:30 – 9:30 am	Plenary Session: Michael McLean and John Batdorf, Lifetime Songwriters, Composers, Authors
9:30 – 9:45 am	Break & Exhibitor Viewing
9:45 – 10:45 am	Plenary Session: Irene M. Rodriguez, LMHC, CAP, CCTP, Certified EMDR Therapist
10:45 – 11:00 am	Break & Exhibitor Viewing
11:00 – 12:15 pm	Workshop Session I
12:15 – 1:15 pm	Lunch (Provided)
1:15 – 2:15 pm	Plenary Session: Jordan Hansen, Ph.D., MBA & Stephen Delisi, MD, DABAM, FASAM
2:15 – 2:30 pm	Break & Exhibitor Viewing
2:30 – 3:45 pm	Workshop Session II
3:45 – 4:00 pm	Break & Exhibitor Viewing
4:00 – 5:15 pm	Workshop Session III

## Tuesday, October 17, 2017

7:30 – 8:00 am	Registration/Check-in
7:30 – 8:00 am	Continental Breakfast & Exhibitor Viewing
8:00 – 9:15 am	Plenary Session: Chris Heimerl, MA
9:15 – 9:30 am	Break & Exhibitor Viewing
9:30 – 10:30 am	Plenary Session: Margarita Alegria, Ph.D.
10:30 – 10:45 am	Break & Exhibitor Viewing
10:45 – 12:00 pm	Workshop Session IV
12:00 – 1:15 pm	Lunch (Provided) and Awards Ceremony
1:15 – 1:30 pm	Break & Exhibitor Viewing
1:30 – 3:00 pm	Workshop Session V
3:00 pm	Conference Adjourns - Drive Home Safely!