

Medicaid Transformation Project

Mid-Point Assessment of the IMD SUD Waiver

Center for Health Systems Effectiveness
October 7, 2019

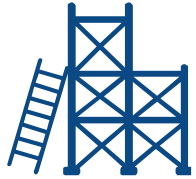




Who are we?



IMD SUD Waiver



About the Assessment



Discussion



Who are we?

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Center for Health Systems Effectiveness at
Oregon Health & Science University

- Policy research and evaluation focusing on Medicaid
- Independent external evaluator (IEE) of WA Medicaid Transformation Project (MTP)

www.ohsu.edu/chse



Assessment Team

Center for Health Systems Effectiveness (CHSE)

Director
Lead MTP Evaluator
Dr. John McConnell

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IMD Mid-Point Assessment
Team

Jenny Grunditz*

Ruth Rowland*

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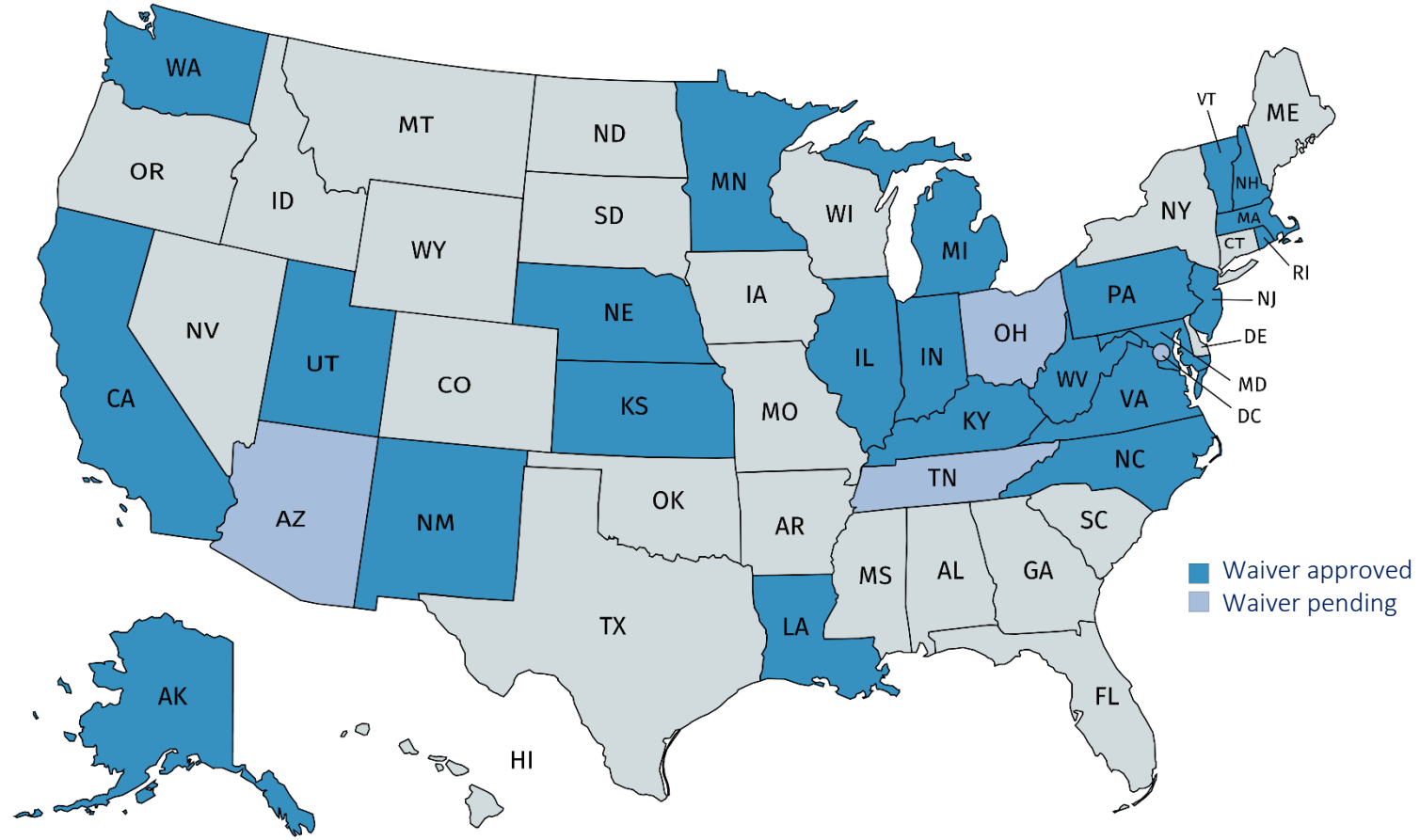


The IMD SUD Waiver

IMD SUD Waiver

- Section 1115 Waiver Amendment
- Use federal funds to pay for SUD treatment in an “Institution for Mental Disease” (IMD) regardless of length of stay
- Effective July 1, 2018 - December 31, 2021
- Intended to increase inpatient and residential bed capacity for SUD

IMD SUD Waivers



What is an IMD?

- “Institution for Mental Disease”
- Residential facility
- Provides services to individuals with mental diseases, including alcohol and drug use disorders
- More than 16 beds

The IMD Exclusion

- Est. 1965; prohibits states from obtaining federal match dollars to pay for IMD services for Medicaid beneficiaries
- Amended in 2017 to allow federal dollars for IMD stays of up to **15 days** per calendar month
- IMD SUD Waiver removes length of stay restriction for SUD services

What does the waiver cover?

- SUD services (not mental health)
- Outpatient services, residential treatment, medically supervised withdrawal management, Medication Assisted Treatment (MAT)
- Managed care and fee-for-service
- Public and private IMDs

Waiver Requirements (CMS)

Progress on Milestones

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Progress on Milestones

Metrics reporting

Waiver Requirements (CMS)

Progress on Milestones

Metrics reporting

Health IT, budget neutrality

Waiver Requirements (CMS)

Progress on Milestones

Metrics reporting

Health IT, budget neutrality

Independent Mid-Point Assessment

Milestones

Identified by Centers for Medicare and Medicaid Services (CMS)

Negotiated by Health Care Authority

See handout!

WA already on track to meet several of them

Milestone 1:

Access to critical levels of care for OUD and other SUDs



Milestone 2:

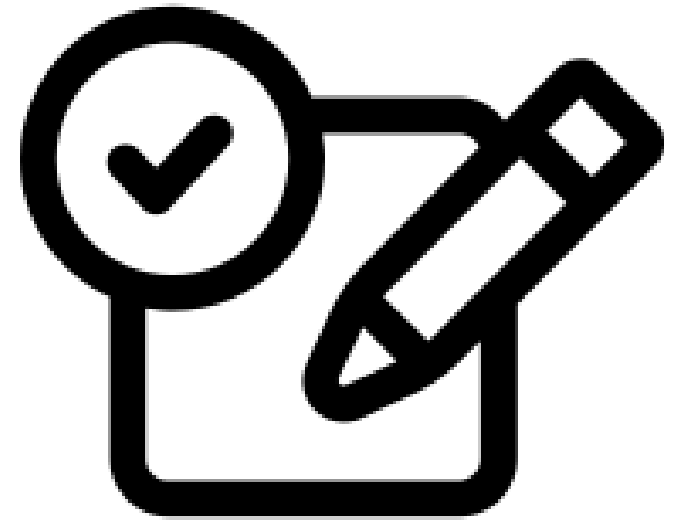
Widespread use of evidence-based, SUD-specific patient placement criteria



Milestone 2: WA Action

New requirement that fee-for-service SUD stays include an assessment for residential ASAM level of care prior to admit.

Assessment must be completed “independently” of the treating facility.



Milestone 3:

Use of nationally recognized, evidence-based SUD program standards to set residential treatment provider qualifications



Milestone 3: WA Action

New requirement that residential treatment facilities offer Medication Assisted Treatment (MAT) on-site or facilitate off-site access.



Milestone 4:

Sufficient provider capacity at each level of care, including Medication Assisted Treatment



Milestone 5:

Implementation of comprehensive treatment and prevention strategies to address opioid abuse and OUD



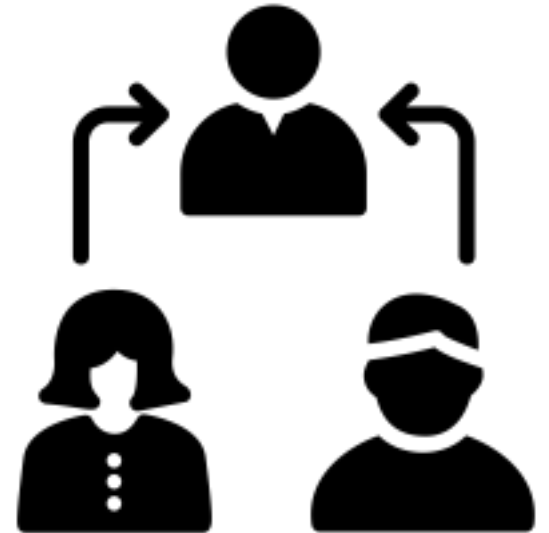
Milestone 6:

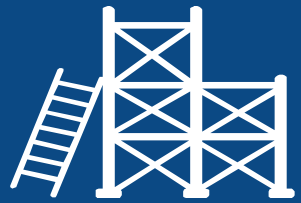
Improved care coordination and transitions between levels of care



Milestone 6: WA Action

New requirement that MCOs, residential treatment providers and outpatient providers work to enhance care coordination, including transitions between residential and outpatient treatment.





Mid-Point Assessment

Assessment Goals

Consult with stakeholders and key partners

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Assess progress toward milestones, measures

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Share recommendations (December 2020)

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Share recommendations (December 2020)

Consult with stakeholders & partners

Review milestones and methods

Get input on assessment design, priorities

Help understanding context

Identify key informants



Milestones & Measures

Policy document review

State report on provider/MAT availability

Analysis of SUD metrics data



SUD Metrics

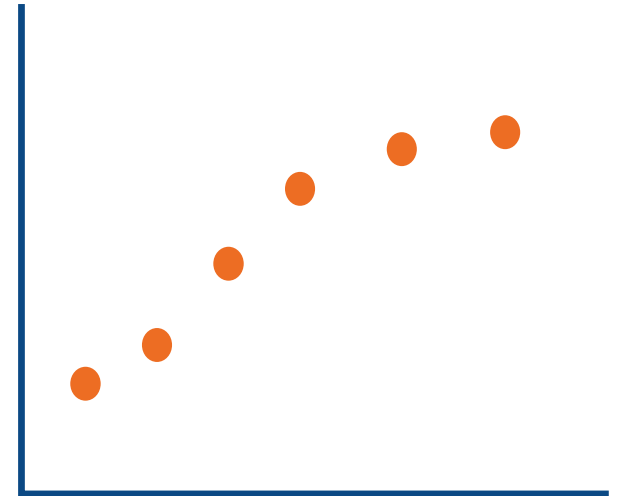
Relevant to milestone areas

See handout!

Increase/decrease vs. baseline

Baseline year: July 2017-June 2018

Our analysis: July 2018-December 2019



Interview key informants

Identified by state, stakeholders and partners

10-20 interviews

Understand factors affecting progress toward milestones and measures

Identify strategies to address performance gaps





Discussion

Small Group Discussion Topics

1. How will these changes affect your practice and/or the care individuals receive?
2. What are key measures to evaluate success?
3. What factors will aid or hinder changes?

15 minutes, then report back!

Thank you!

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