

Health Care Authority

Addressing Social Determinants of Health

October 7, 2019

Objectives of this workshop:

- ▶ Brief overview/history of why WA pursued an 1115 Medicaid Transformation Demonstration Waiver
 - ▶ Data from people exiting SUD/MH facilities
- ▶ Four legs of the affordable housing stool – Housing 101
 - ▶ Tools in your toolbox to help individuals obtain housing/employment
- ▶ Efforts to prepare for implementation of new SH/SE services
- ▶ Overview of FCS – eligibility/services
- ▶ Efforts to help agencies implement fidelity

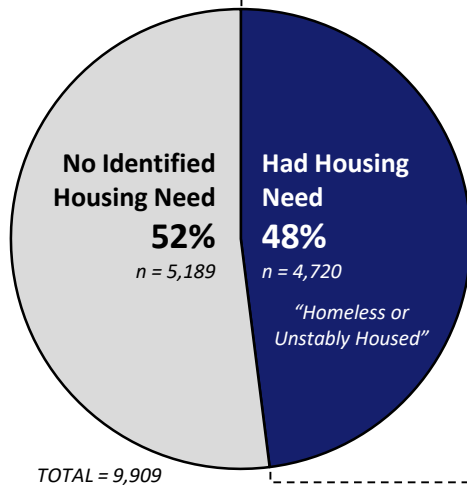
Building on Opportunities – Housing & Employment:

- Legislative direction to improve client outcomes (Employment and Housing) and use **Evidence-based, Research-based, and Promising Practices – SB5732-HB1519** (2013)
- Nationally Recognized Policy Academies (Housing 3000: Chronic Homeless Policy Academy & Olmstead Policy Academy)
- Supportive Housing and Supported Employment services authorized in SB 6312 (2014)
- Healthier Washington SIM Grant - CMMI

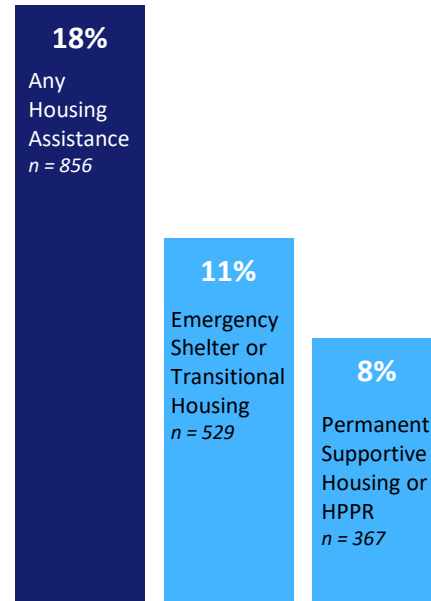
Clients discharged from residential chemical dependency treatment centers and state mental health hospitals in SFY 2010 had pronounced housing needs

Exiting a Residential Substance Use Disorder Treatment Center

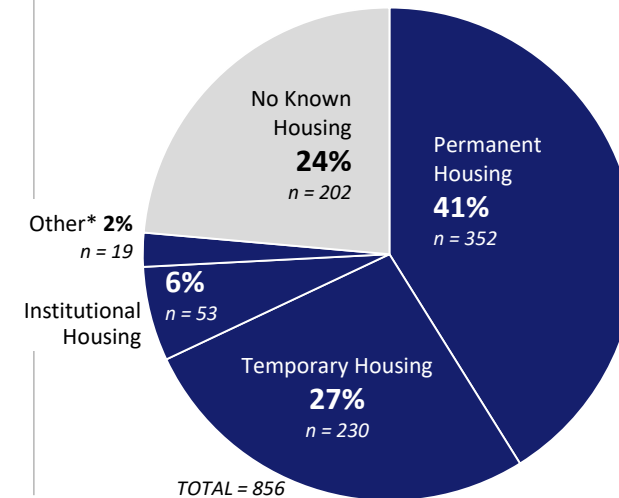
Housing Status in 12-Month Follow-up Period



Of those with housing need . . .



Destination following receipt of housing assistance . . .



*Other category includes those who died.

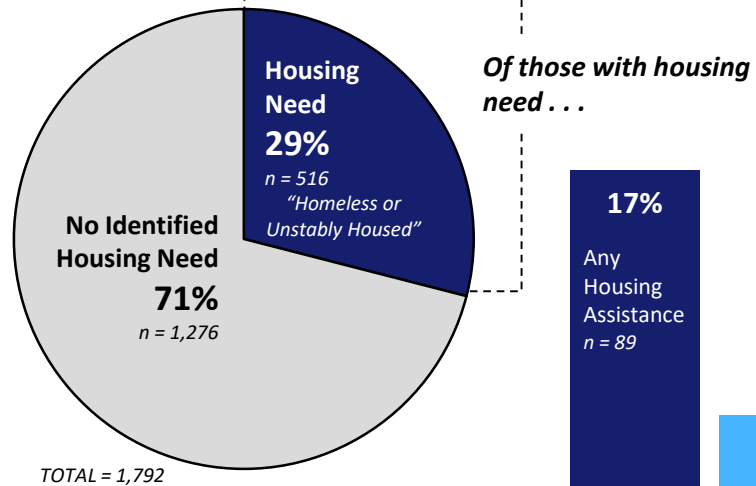
NOTE: Information on client housing needs was compiled from five different administrative sources (pie chart). Housing assistance detail is from the Homeless Management Information System (HMIS).

SOURCE: *The Housing Status of Individuals Discharged from Behavioral Health Treatment Facilities*, DSHS Research and Data Analysis Division, Ford Shah, Black, Felver, July 2012 <http://publications.rda.dshs.wa.gov/1460/>.

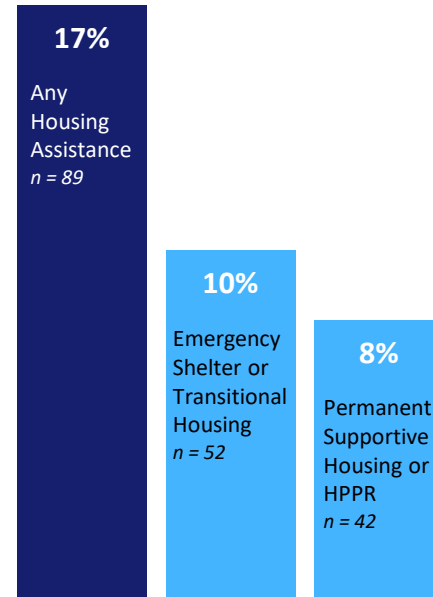
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Exiting a State Mental Health Hospital

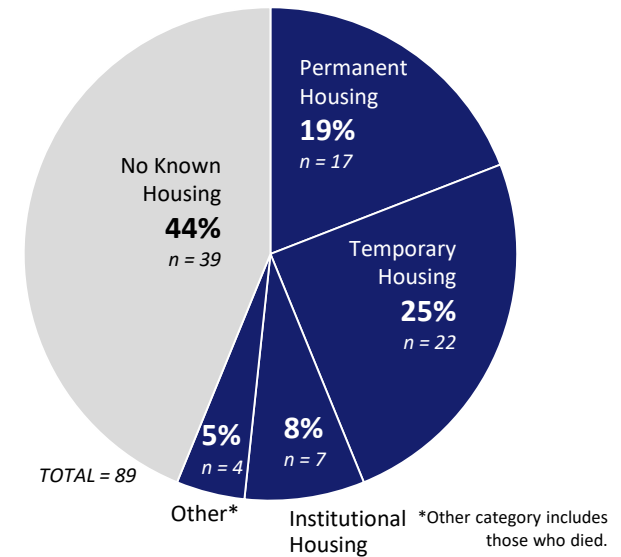
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Housing = Four legs of the stool

O&M:

Consolidated Homeless Grant

Subsidies:

HEN

Section 8 Vouchers

NED Vouchers

TBRA

HOME

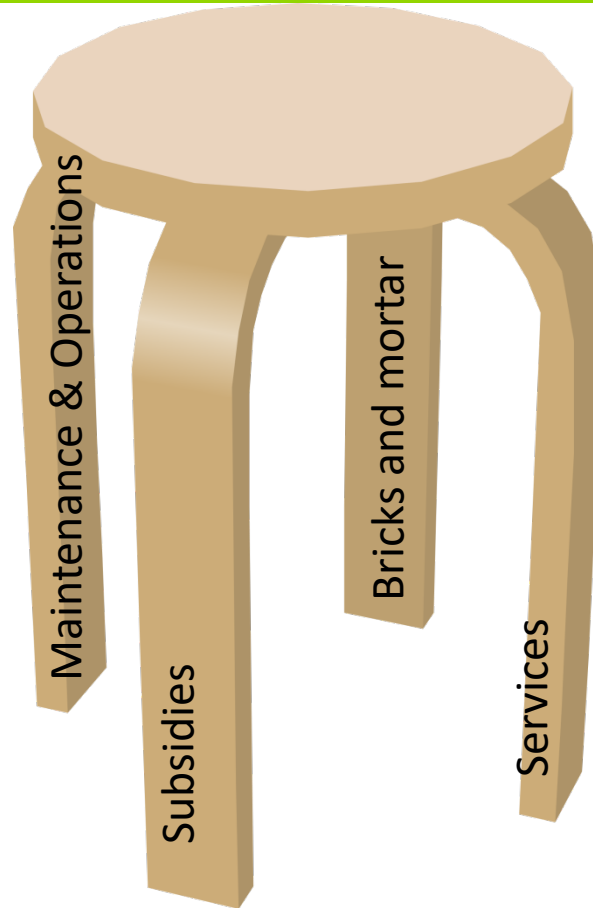
Consolidated Homeless Grant

HARPS

VASH Vouchers

Deed Recording Fees

1406 Local Tax



Bricks and mortar:

Housing Trust Fund

WA Youth & Families Fund

Tax Credits

PHAs

USDA rural development grants

Services:

Shelter + Care

FCS – supportive housing services

Getting Ready for SH/SE services

- ▶ Chronic Homeless Policy Academy Strategic Plan & Olmstead Policy Academy Strategic Plan – many of these strategies are a result of the plans
- ▶ WLIHA Medicaid White Paper and Medicaid Academies - <http://wliha.org/conference/pre-conference-medicaid-training> and <http://wliha.org/medicaid-benefit-resources>
- ▶ WLIHA Decriminalizing homelessness toolkit - <http://wliha.org/toolkit>
- ▶ Changed the WACs to include SH & SE certification for both MH & CD licensed agencies - <http://apps.leg.wa.gov/WAC/default.aspx?cite=388-877A> and <http://apps.leg.wa.gov/WAC/default.aspx?cite=388-877B>

Getting Ready for SH/SE services

- ▶ Tiny Houses feasibility study – which prompted larger study (<http://www.commerce.wa.gov/wp-content/uploads/2017/12/hau-sach-tiny-shelters-report-12-14-2017.pdf>)
- ▶ Analysis of CE Assessment tools across the state
- ▶ Developed a Resource Guide on Housing replacing the archived PDF version - <http://supportedhousing.pbworks.com/w/file/115082530/Housing%20Resource%20Guide%209-30-16.xlsx>
- ▶ Discharge Planners Toolkit - Draft

Getting Ready for SH/SE services

- ▶ Pathways to Employment – Added modules/information - [https://fortress.wa.gov/dshs/pathways/\(S\(iwrxj1wq1budtgfh2el2ll5d\)\)/p2emain.aspx](https://fortress.wa.gov/dshs/pathways/(S(iwrxj1wq1budtgfh2el2ll5d))/p2emain.aspx)
- ▶ Pathways to Housing - [http://pathwaystohousing.wa.gov/\(S\(53o22vjdqvh3f1nyidxqfadv\)\)/P2HMain.aspx](http://pathwaystohousing.wa.gov/(S(53o22vjdqvh3f1nyidxqfadv))/P2HMain.aspx)
- ▶ SH Wiki - <http://supportedhousing.pbworks.com/w/page/64124434/FrontPage>
- ▶ SE Wiki - <http://mhempcon.pbworks.com/w/page/49334971/FrontPage>
- ▶ IPS International Learning Community – 2015 <https://ipsworks.org/index.php/ips-international-learning-community/>

Getting Ready for SH/SE services

- ▶ Guide for documenting SH/SE with a Medicaid lens
<https://www.hca.wa.gov/assets/billers-and-providers/medical-necessity-documentation-guide.pdf>
- ▶ Learning Community approach to continuous quality improvement
SH/SE fidelity – see Trainers for more information
- ▶ HARPS Subsidies for individuals exiting/at risk of entering inpatient BH settings
- ▶ Dept. of Commerce long-term subsidies for individuals exiting/at risk of entering inpatient BH settings

Getting Ready for SH/SE services

▶ Peer Workforce development:

- ▶ SH 4-part Continuing Education Curriculum - <https://bhwc-training-center.myshopify.com/collections/continuing-education/products/advanced-peer-training-permanent-supportive-housing>
- ▶ SE 5-part Continuing (2 modules completed thus far) [https://fortress.wa.gov/dshs/pathways/\(S\(iwrxj1wq1budtgfh2el2ll5d\)\)/p2eOEPC.aspx](https://fortress.wa.gov/dshs/pathways/(S(iwrxj1wq1budtgfh2el2ll5d))/p2eOEPC.aspx)

▶ Great Minds at Work – Anti-stigma Campaign directed towards Employers & Brochures for agencies: <https://greatmindsatwork.org/>

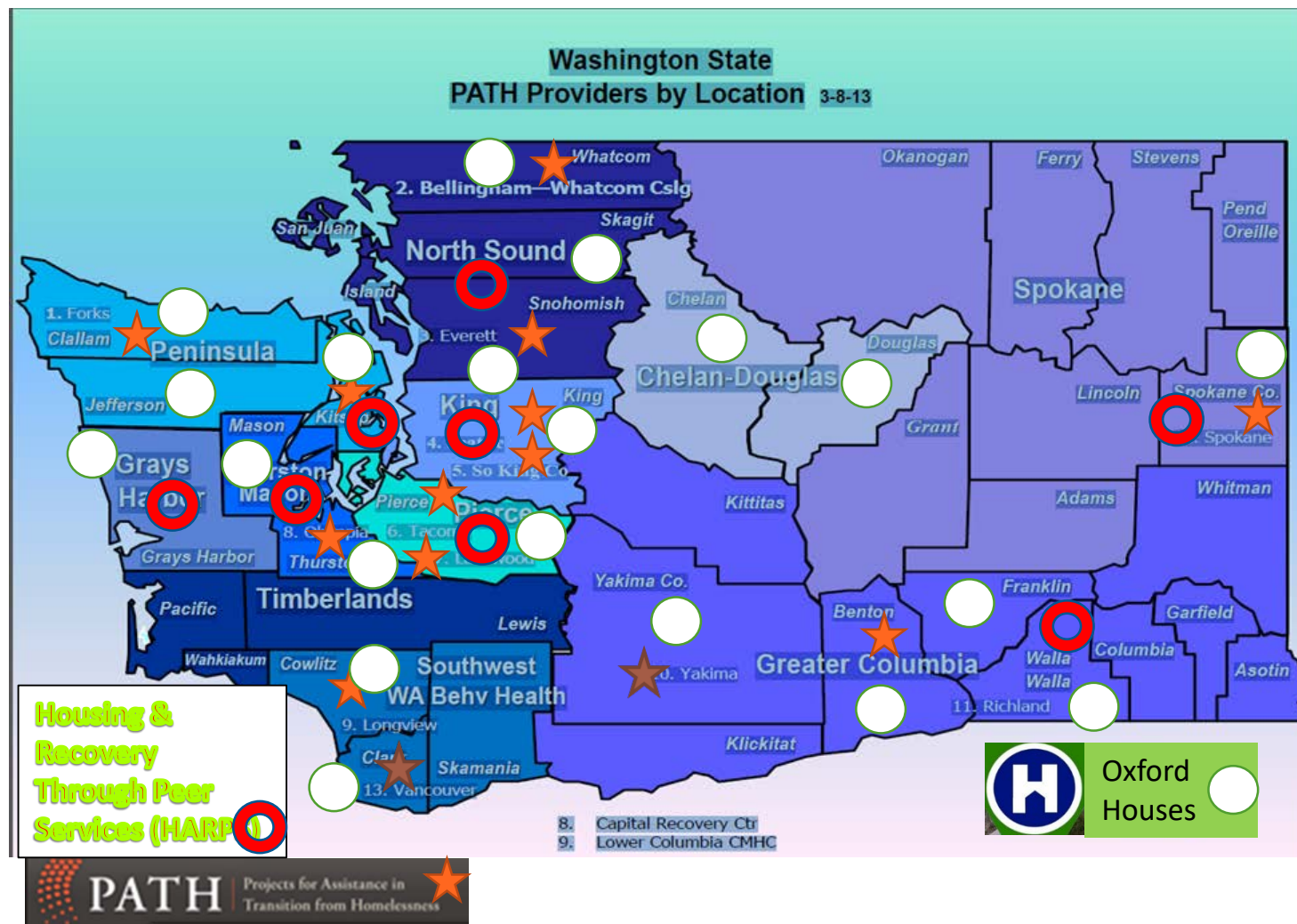
Getting Ready for SH/SE services

- ▶ Photovoice Housing: <http://wabridges.weebly.com/>
- ▶ BEST photovoice: <https://bestphotovoice.weebly.com/>
- ▶ 2016 & 2018 Great Minds at Work Employment Conference
- ▶ Monthly Housing webinars
- ▶ Monthly Employment webinars
- ▶ Monthly Job Development Learning Community
- ▶ Housing Specialist training

Getting Ready for SH/SE services

Coordination between projects:

- ▶ Housing and recovery through Peer Services (HARPS) - <https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Fact%20Sheets/HARPS.pdf> See matrix handout
- ▶ Peer Bridgers
- ▶ Projects to assist in the transition from homelessness (PATH)- <https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/Fact%20Sheets/PATH.pdf>
- ▶ State Targeted Response Grant Peer Pathfinders



Housing and Recovery through Peer Services (HARPS)



- ▶ Subsidies to obtain housing (security deposits, rent, background screenings, etc.)
 - ▶ Estimated \$500 per person for up to 3 months.
- ▶ Supportive Housing Services, including peer support, to maintain housing
 - ▶ Housing Transition Services i.e. Landlord outreach etc.
 - ▶ Individual Housing & Tenancy Sustain Services i.e. Being a good tenant
 - ▶ Housing Related Collaborative Activities i.e. Developing a stronger relationship with COC

Foundational Community Supports benefits

▶ Supported employment

- ▶ Employment assessments/planning
- ▶ Outreach to employers
- ▶ Connecting with community resources
- ▶ Assisting with job applications
- ▶ Education, training, and coaching

▶ Supportive housing

- ▶ Housing assessments and planning
- ▶ Outreach to landlords
- ▶ Connecting with community resources
- ▶ Assisting with housing applications
- ▶ Education, training, and coaching (resolve disputes, advocacy)

“Now that I have my living situation covered, I guess we’ll start working on other stuff like my health appointments and work.”

-BRIDGES Photovoice participant 2016

Principles of SH

- ▶ Choice in housing
- ▶ Flexible, voluntary supports
- ▶ Housing is safe and affordable
- ▶ Full rights of tenancy
- ▶ Housing is integrated in the community
- ▶ Functional separation of services and housing
- ▶ Access to Housing – Housing First

Principles of SE

- ▶ Preferences in employment
- ▶ Time-Unlimited supports
- ▶ Competitive Employment
- ▶ Benefits counseling
- ▶ Integrated with Treatment
- ▶ Rapid job search
- ▶ Systematic job development
- ▶ Zero Exclusion – Employment First

What are Foundational Community Supports (FCS)?



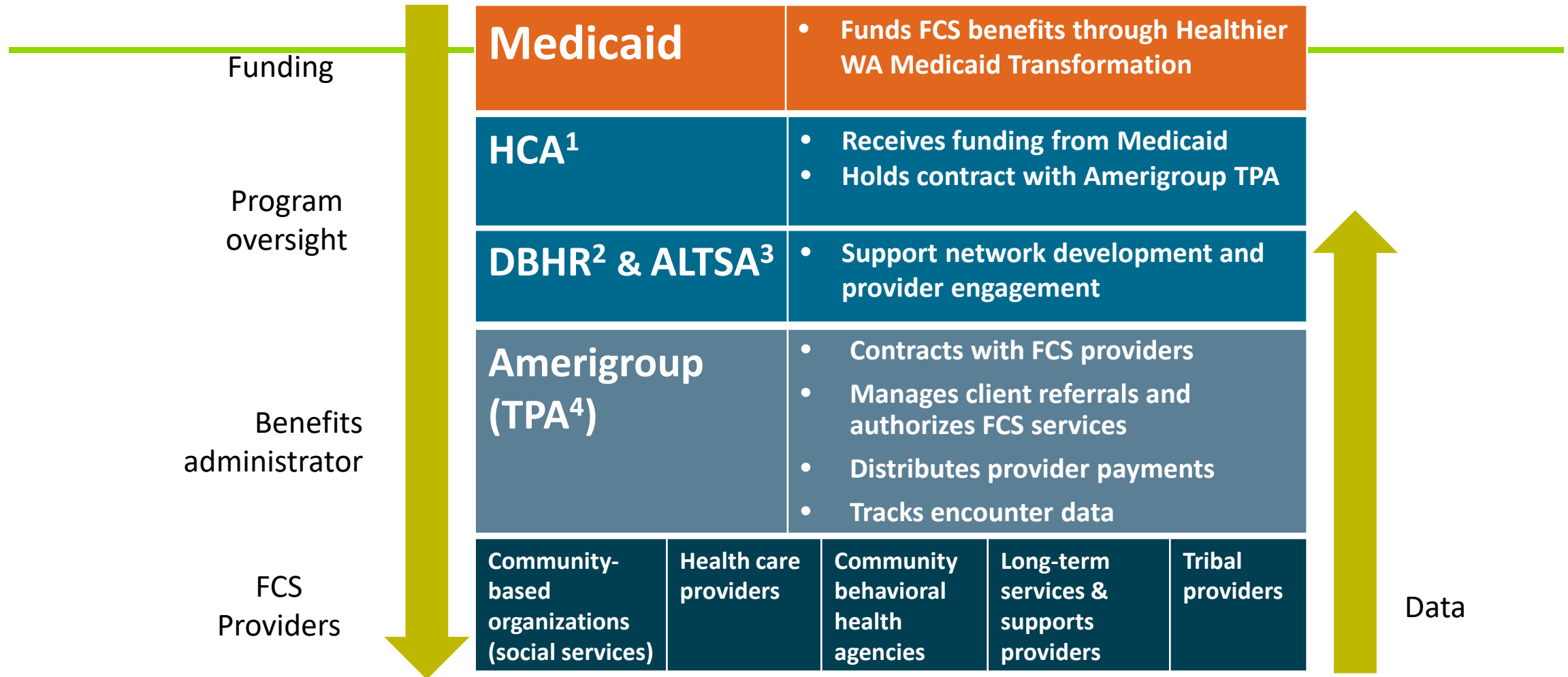
It is...

- Medicaid benefits for help finding **housing** and **jobs**:
 - Supportive Housing to find a home or stay in your home
 - Supported Employment to find the right job, right now

It isn't...

- Subsidy for wages or room & board
- For all Medicaid-eligible people

What is Foundational Community Supports (FCS)?



1. Health Care Authority – Policy Division
2. Health Care Authority - Division of Behavioral Health & Recovery
3. Department of Social & Health Services - Aging and Long-term Support Administration
4. Third Party Administrator

Who is eligible to receive FCS benefits?

FCS benefits are reserved for people with the greatest need. To qualify, you must:

- 1 Be enrolled in Medicaid
- 2 Be at least 18 years old (Supportive Housing) or 16 years old (Supported Employment)
- 3 Meet the requirements for **complex needs**
 - You have a **medical necessity** related to mental health, substance use disorder (SUD), activities of daily living, or complex physical health need(s) that prevents you from functioning successfully or living independently.
 - You meet specific **risk factors** that prevent you from finding or keeping a job or a safe home.



Who is eligible to receive FCS benefits?

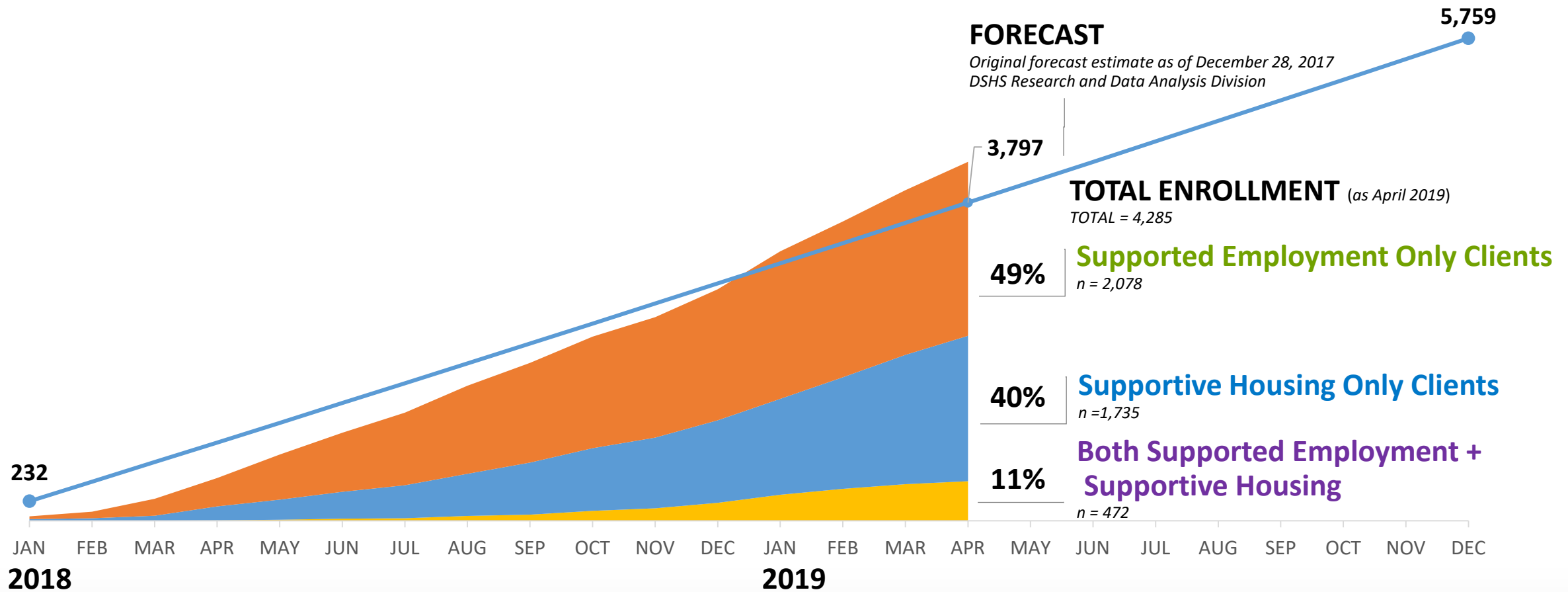


Supportive Housing risk factors <i>One or more</i>	Supported Employment risk factors <i>One or more</i>
<ul style="list-style-type: none">✓ Chronic homelessness✓ Frequent or lengthy stays in an institutional setting (e.g. skilled nursing, inpatient hospital, psychiatric institution, prison or jail)✓ Frequent stays in residential care settings✓ Frequent turnover of in-home caregivers✓ Predictive Risk Intelligence System (PRISM)¹ score of 1.5 or above	<ul style="list-style-type: none">✓ Housing & Essential Needs (HEN) and Aged Blind or Disabled (ABD) enrollees✓ Difficulty obtaining or maintaining employment due to age, physical or mental impairment, or traumatic brain injury✓ SUD with a history of multiple treatments✓ Serious Mental Illness (SMI) or co-occurring mental and substance use disorders

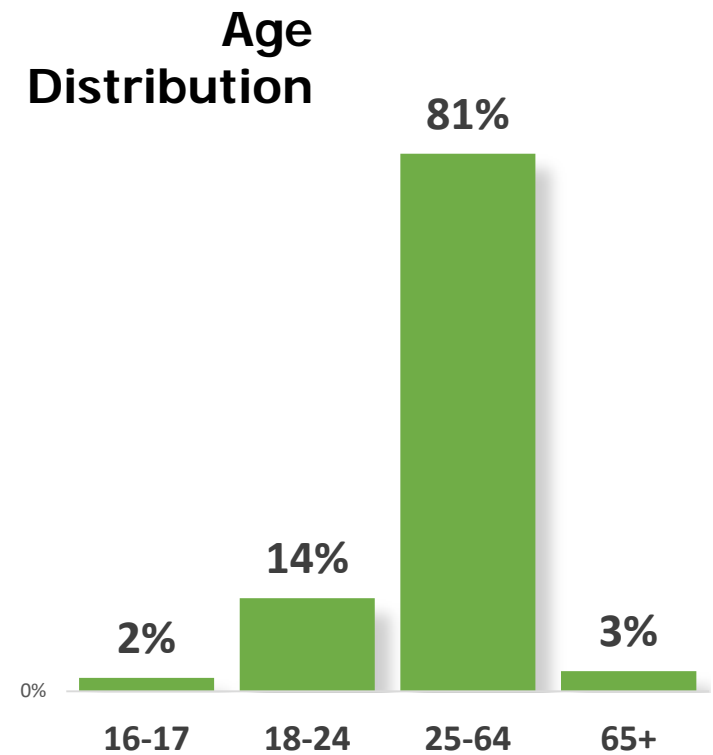
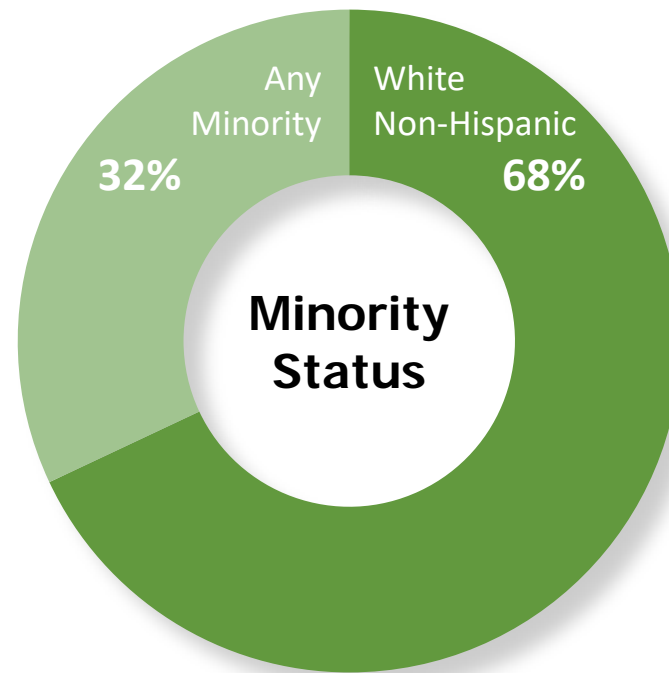
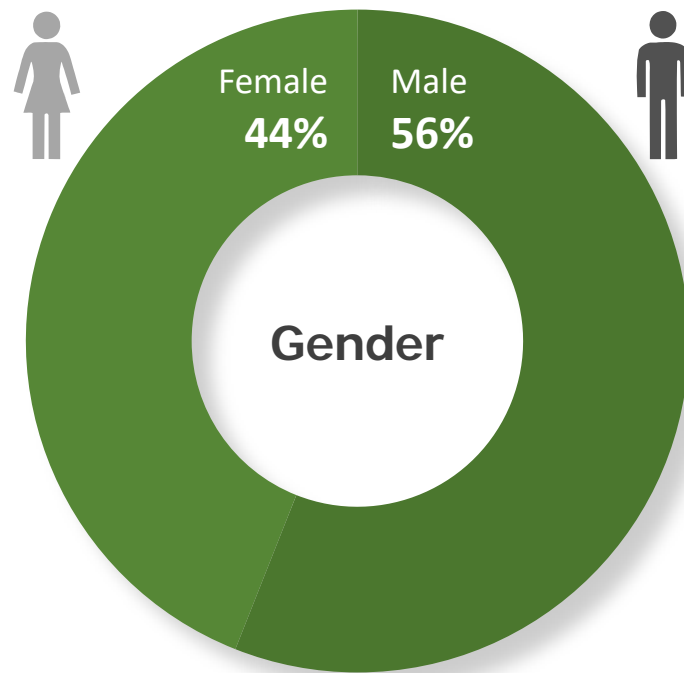
1. PRISM measures how much you use medical, social service, behavioral health and long-term care services.



Foundational Community Supports enrollment

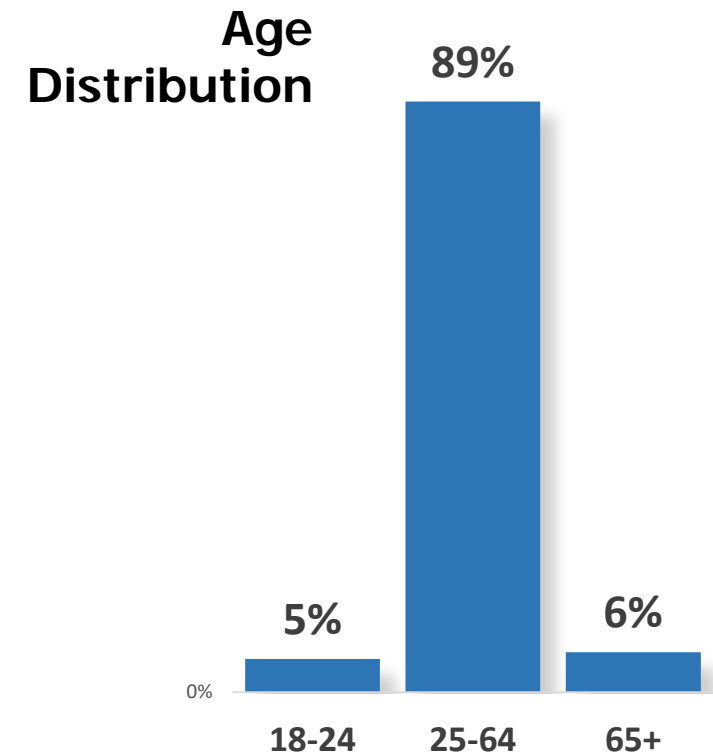
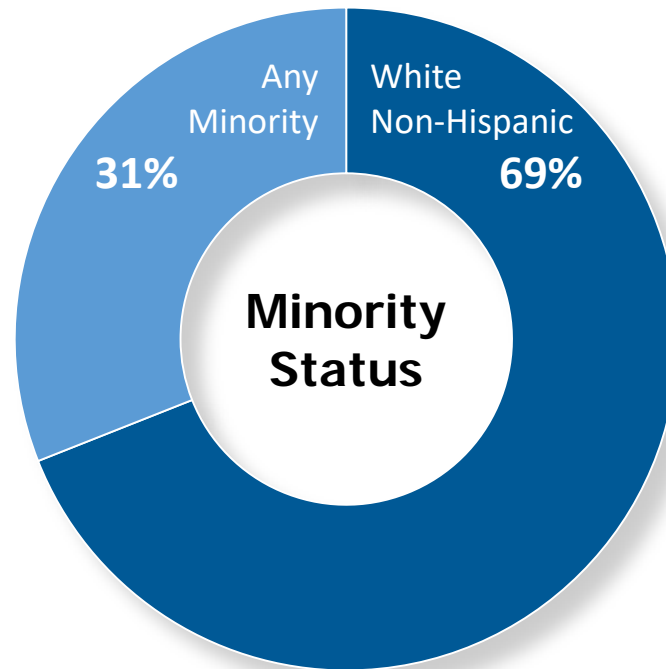
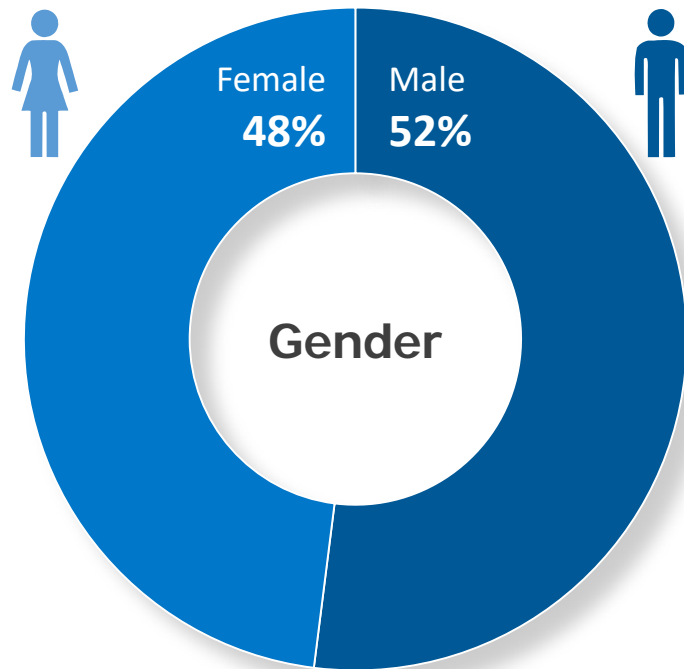


Foundational Community Supports: Supported Employment demographics (April 2019)



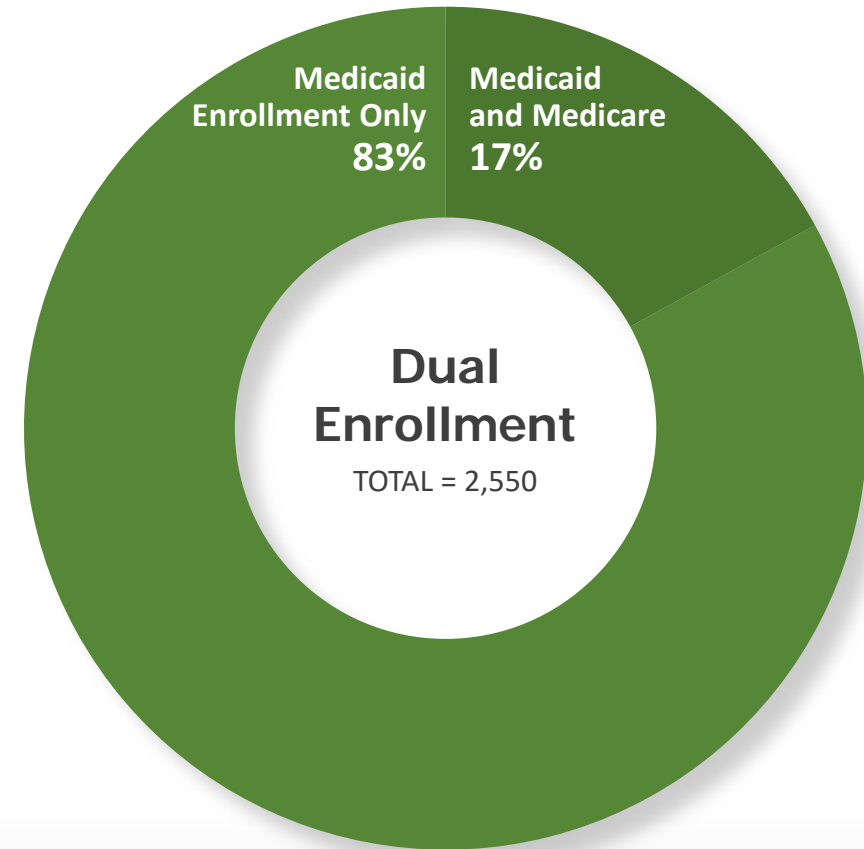
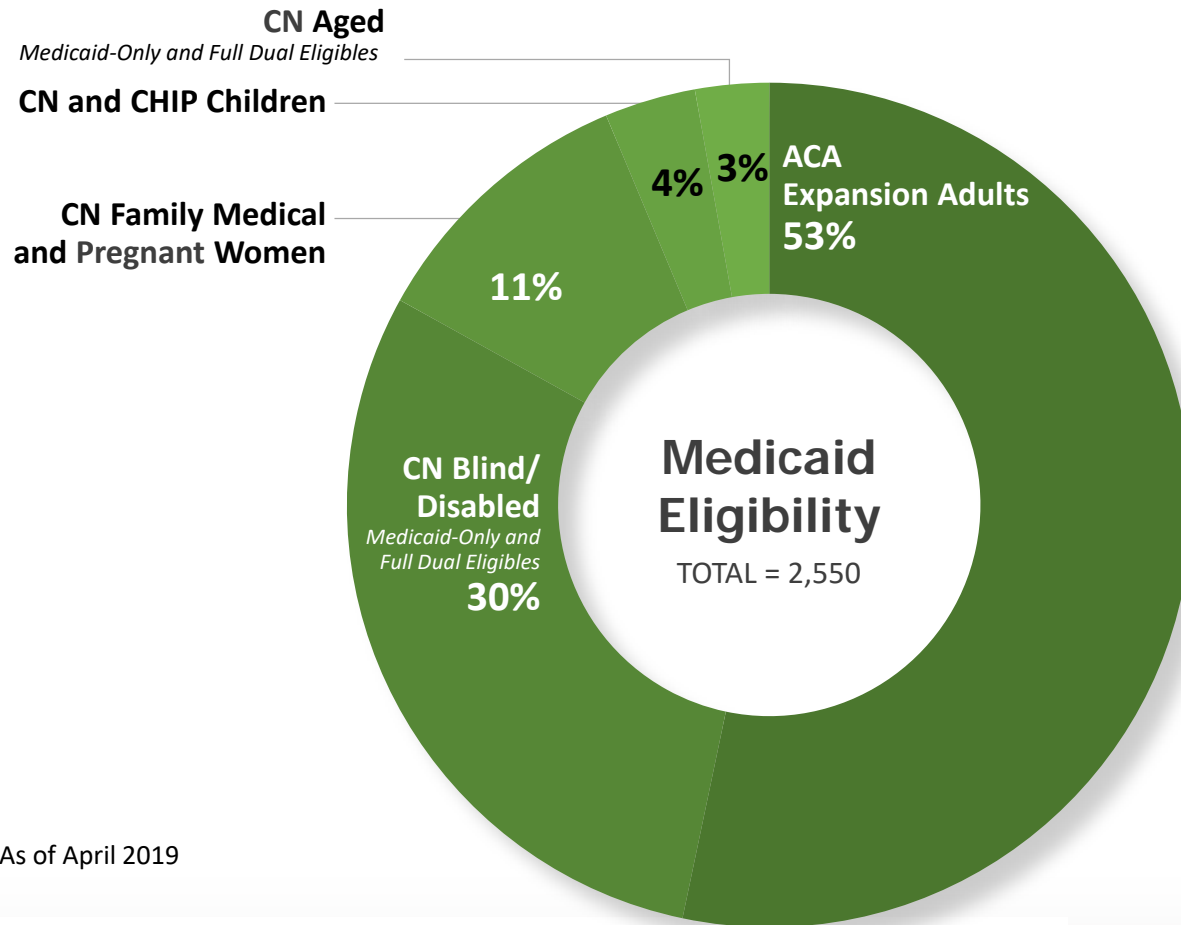
As of April 2019

Foundational Community Supports: **Supportive Housing** demographics (April 2019)



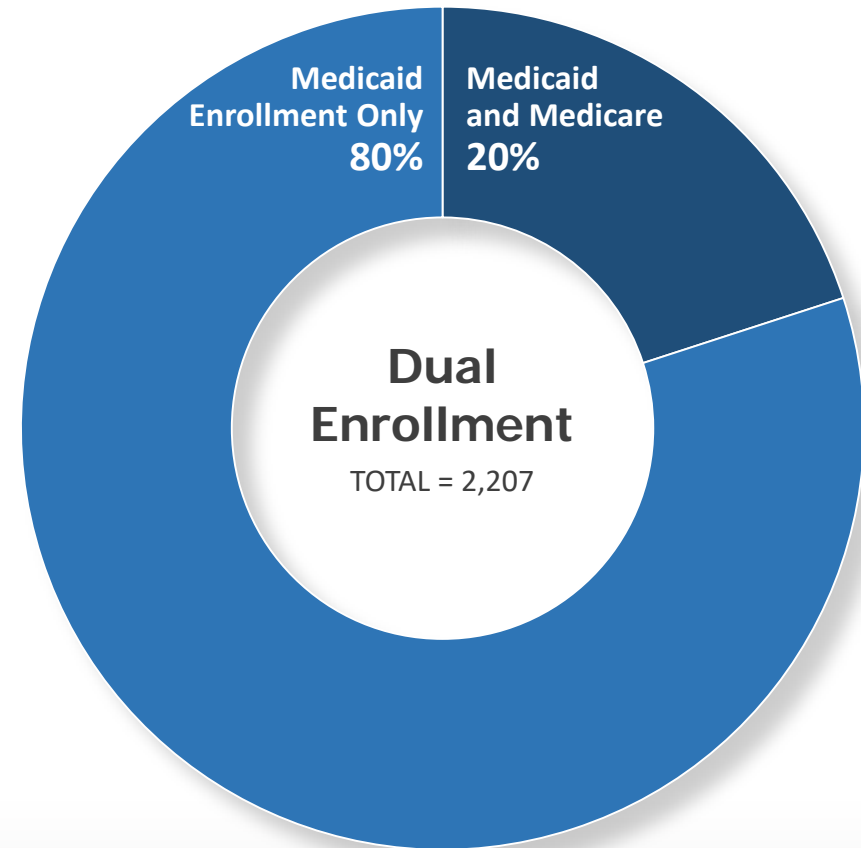
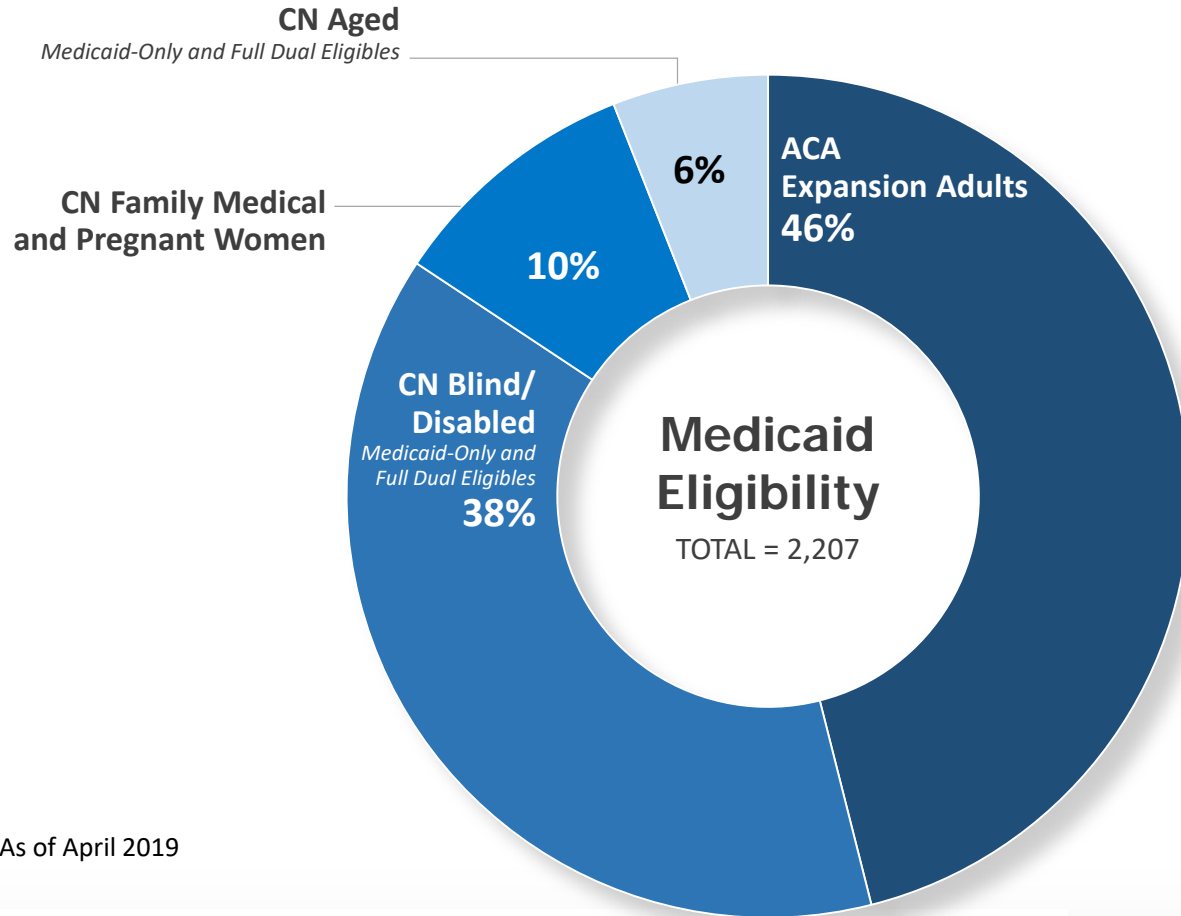
As of April 2019

Foundational Community Supports: Supported Employment clients (April 2019)



As of April 2019

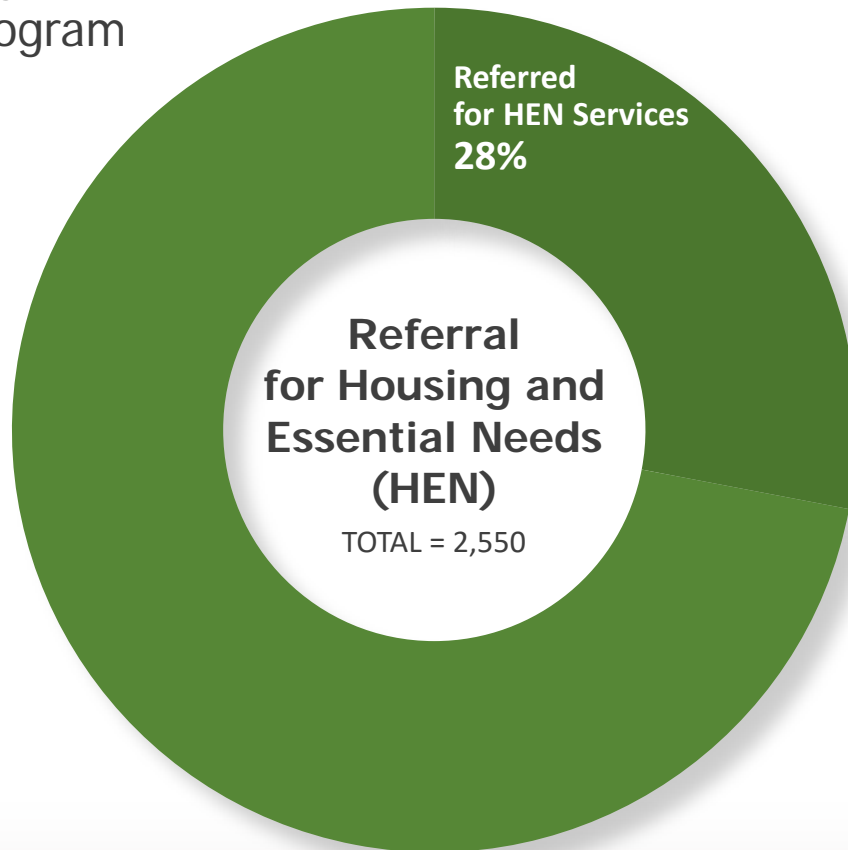
Foundational Community Supports: Supportive Housing clients (April 2019)



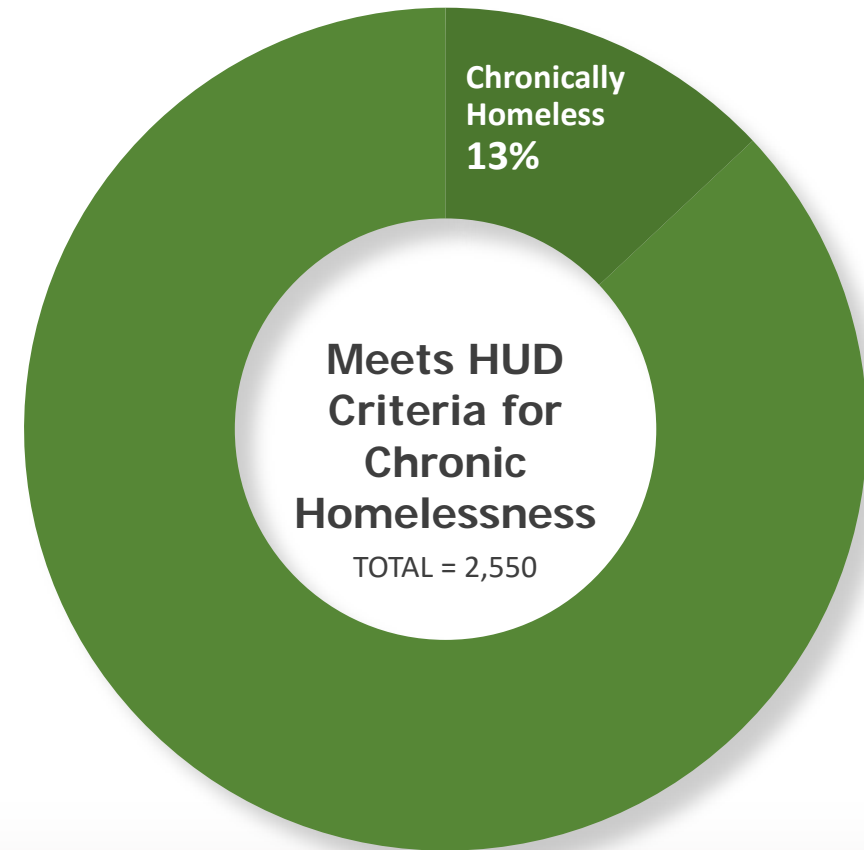
As of April 2019

Foundational Community Supports: **Supported** **Employment** clients (April 2019)

Other Housing
Assistance Program
Eligibility



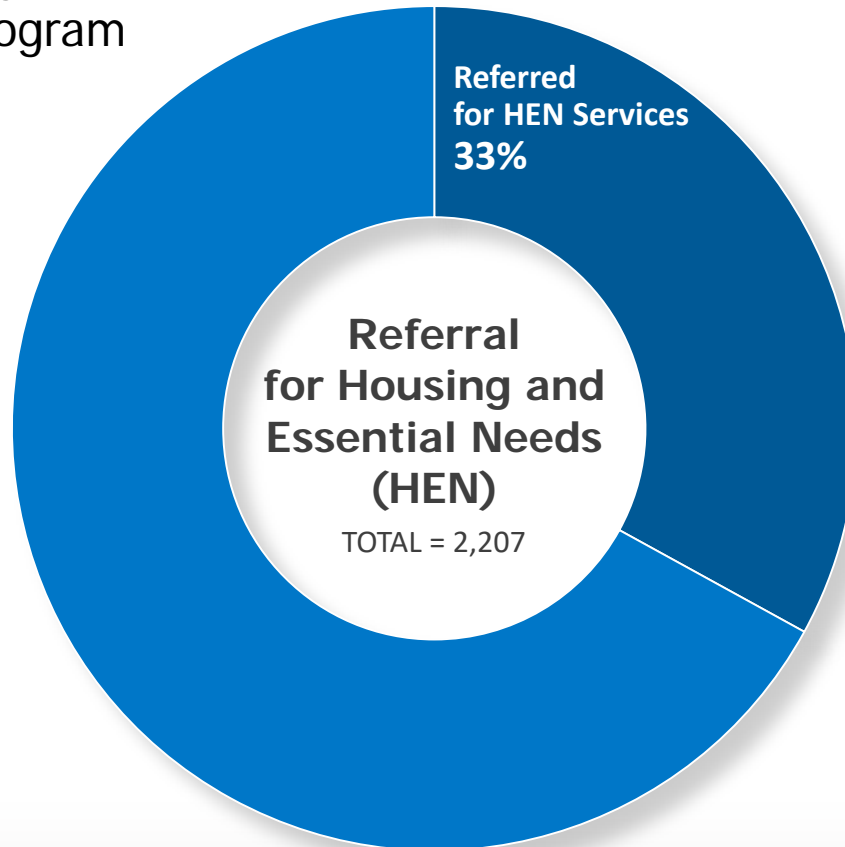
Chronic Homelessness



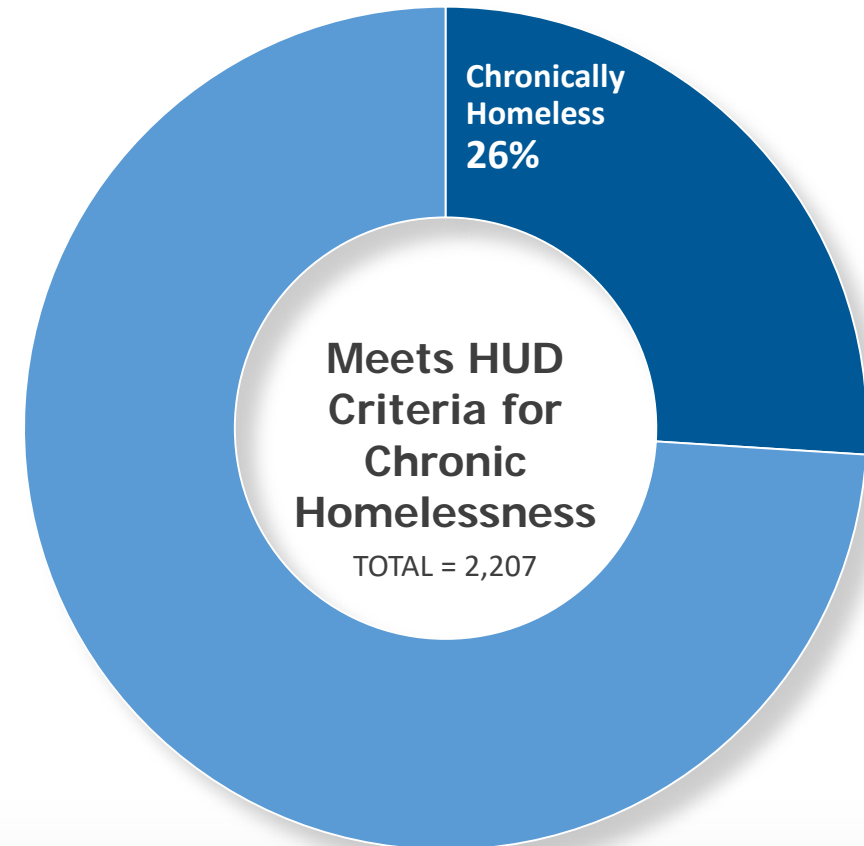
As of April 2019

Foundational Community Supports: Supportive Housing clients (April 2019)

Other Housing Assistance Program Eligibility



Chronic Homelessness



As of February 27, 2019

Provider Network

A **FCS Provider Network** has been built across Washington state

Region	SE	SH	SE + SH	Total
Great Rivers	5	1	27	33
Greater Columbia	7	3	25	35
King	18	10	63	91
North Central			16	16
North Sound	14	3	24	41
Pierce	10	3	16	29
Salish	5		18	23
Southwest	2	1	9	12
Spokane	2	7	48	57
Thurston-Mason	4	1	13	18
Grand Total	67	29	259	355



Enrollee Count

We have **enrolled more than 8,600** people into FCS to date

Region	SE	SH	SE + SH	Total
Great Rivers	351	320	164	835
Greater Columbia	230	226	67	523
King	275	284	19	578
North Central	99	67	10	176
North Sound	320	180	29	529
Pierce	185	253	41	479
Salish	46	43	23	112
Southwest	122	81	7	210
Spokane	508	634	192	1334
Thurston-Mason	123	49	8	180
Grand Total	2,259	2,137	560	4,956



Learning Collaborative Fidelity Review Process

Foundational Community Supports - Provider Map



Select Service Region:

(All)

Select Service County:

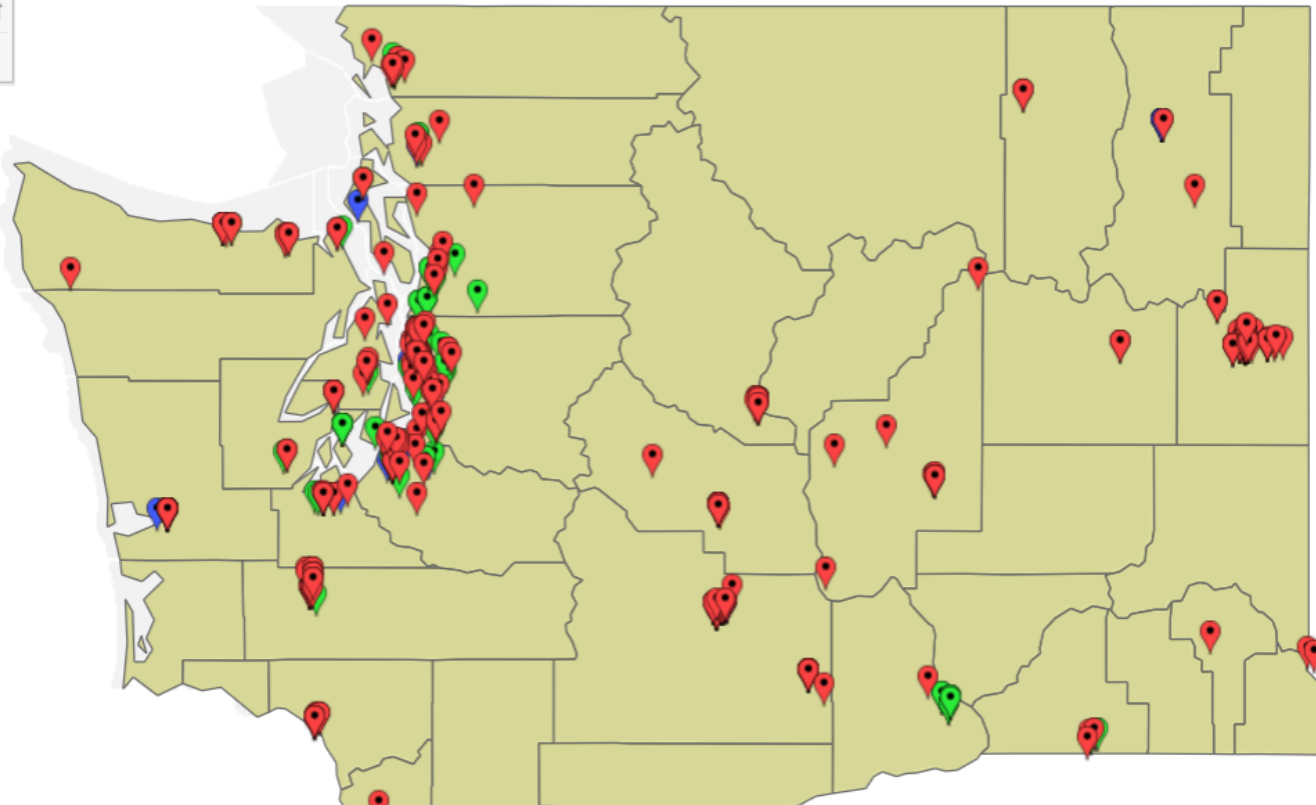
(All)

Select Provider Type:

(All)

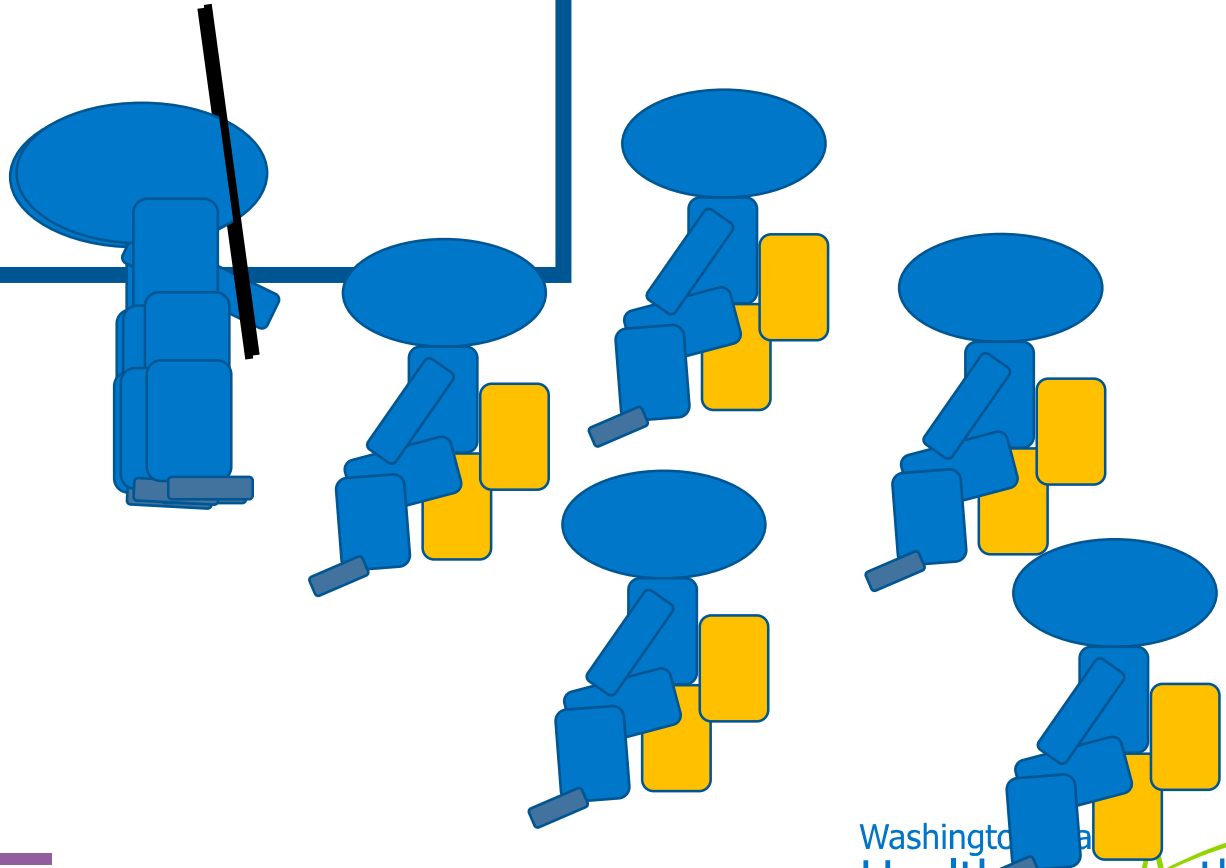
Accepting External Referral?

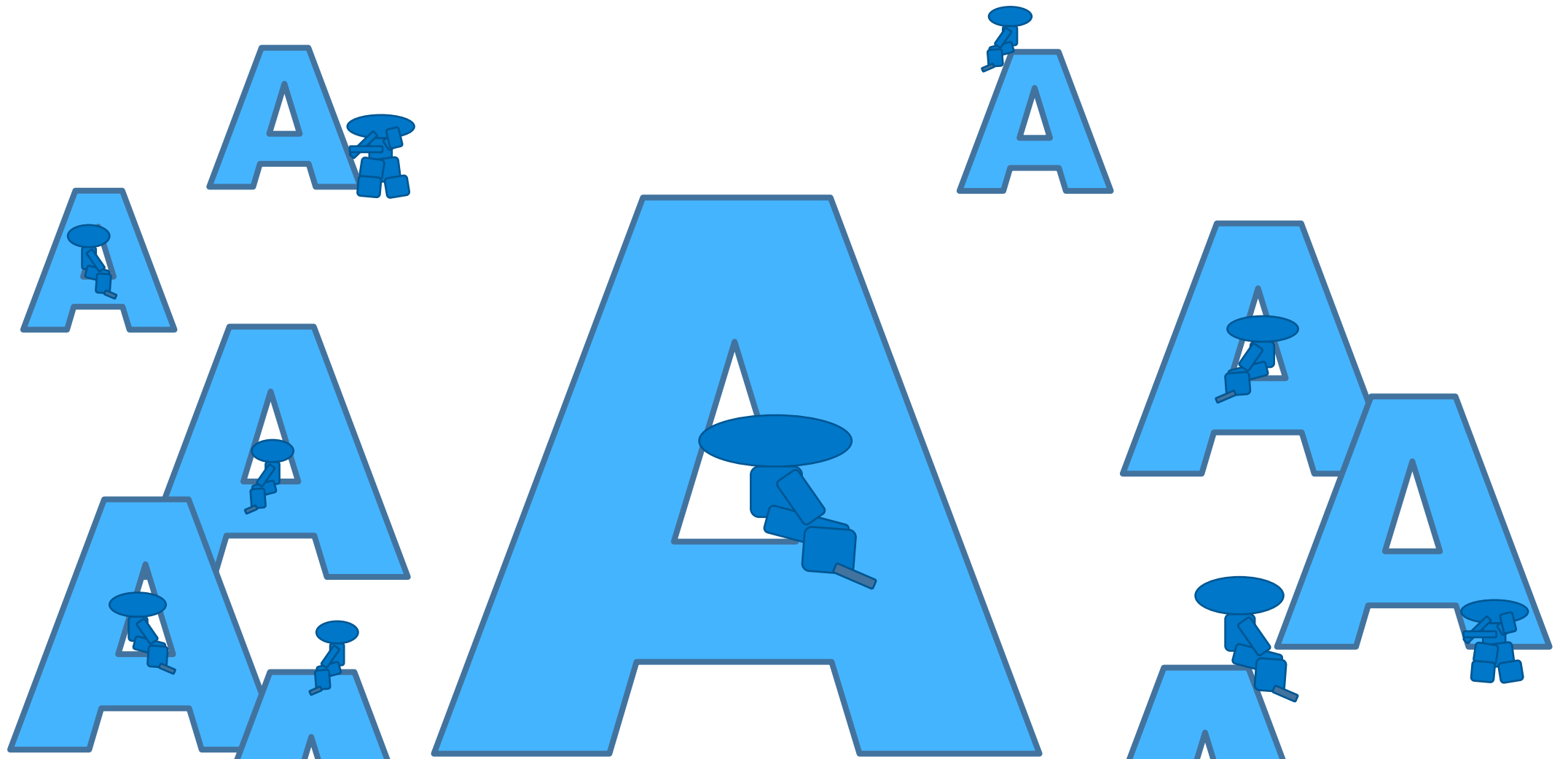
(All)



Service Location - Name & County		County Served	
Ability Employment Services Inc	Spokane	Ferry	
		Lincoln	
		Okanogan	
		Pend Oreille	
		Spokane	
	Stevens		
Aging and Long Term Care of Eastern..	Spokane	Spokane	
American Behavioral Health Systems ..	Lewis	Lewis	
American Behavioral Health Systems ..	Spokane	Spokane	
American Behavioral Health Systems ..	Spokane	Spokane	
American Behavioral Health Systems ..	Lewis	Lewis	
American Behavioral Health Systems ..	Snohomish	Snohomish	
American Behavioral Health Systems ..	Island	Island	
American Behavioral Health Systems ..	Snohomish	Snohomish	
American Behavioral Health Systems ..	Spokane	Spokane	
American Behavioral Health Systems ..	Lewis	Lewis	
American Behavioral Health Systems ..	Chelan	Chelan	
Asian Counseling & Referral Service -..	King	King	
Asian Counseling & Referral Service -..	King	King	
Asian Counseling & Referral Service -..	King	King	
Blue Mountain Industries	Walla Walla	Walla Walla	
Bridgeways	Snohomish	Skagit	
		Snohomish	
BRWE LLC	Pierce	Pierce	
Cares of Washington - 1	Pierce	Pierce	
Cares of Washington - 2	Kitsap	Kitsap	
Cares of Washington - 3	King	King	

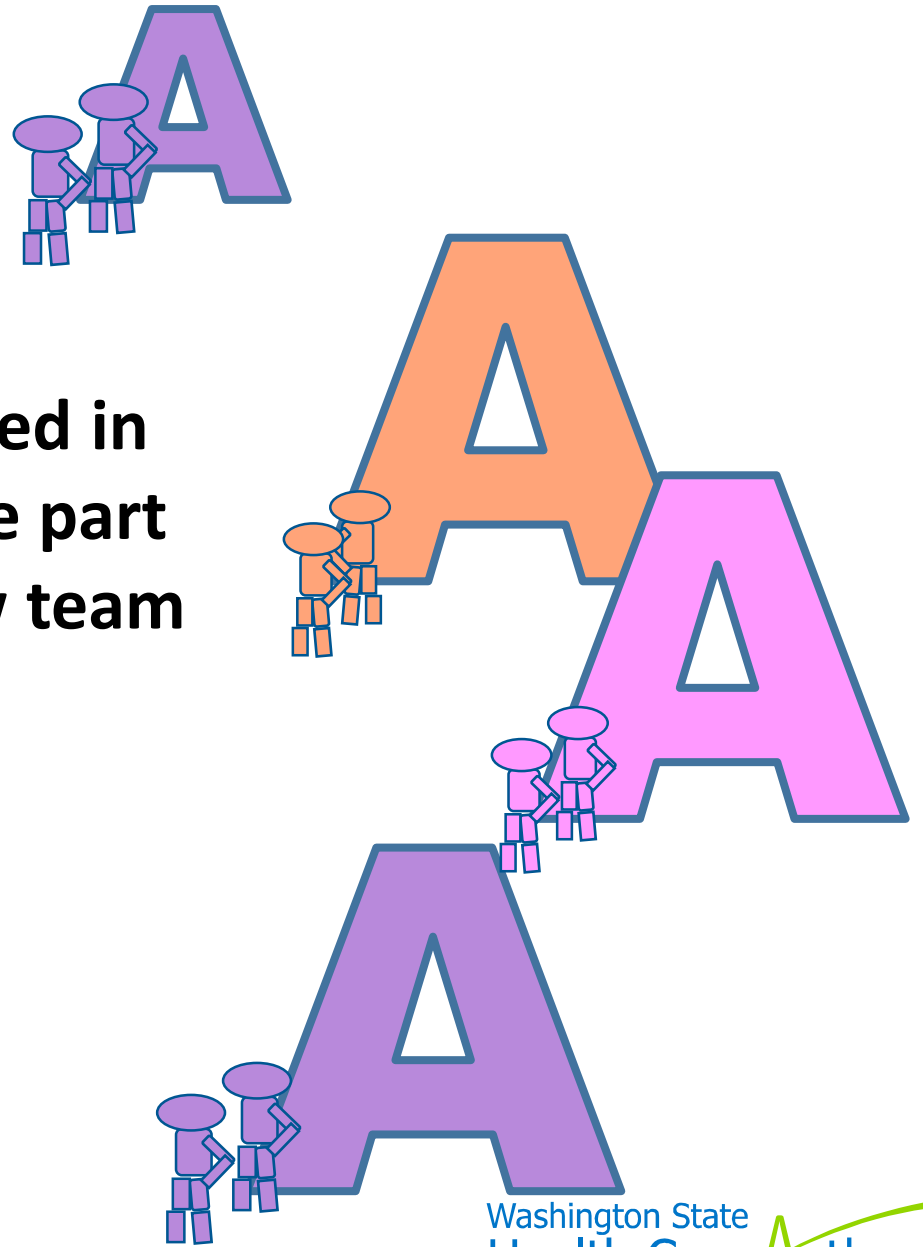
Fidelity Reviewer
Training

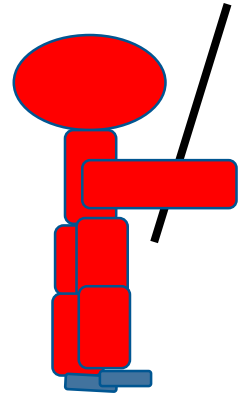




**Agencies interested in
having a baseline fidelity
review + Sending 1 person
on a Fidelity Review**

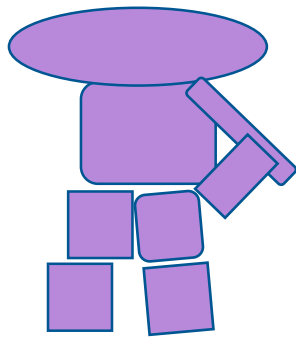
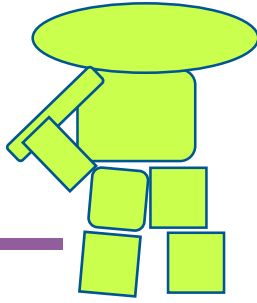
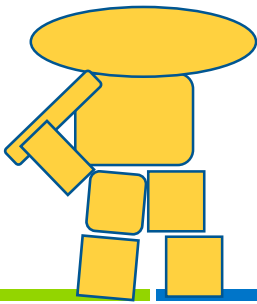
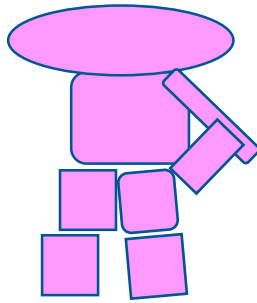
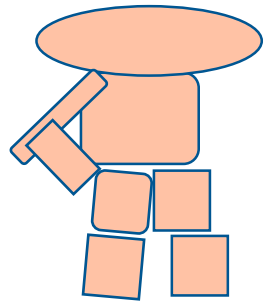
**Agencies interested in
sending staff to be part
of a fidelity review team**





SH/SE Trainer

HOST Agency



We're here for you

Amerigroup TPA

FCSTPA@Amerigroup.com

Phone: 844.451.2828

Fax: 844.470.8859

More information is available online:

Amerigroup FCS Provider site:

<https://providers.amerigroup.com/pages/wa-foundational-community-supports.aspx>

Amerigroup FCS Client Site:

<https://www.myamerigroup.com/washington-fcs/home.html>





Questions?

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